

# MESSAGES FROM SERAPHIN 2013



**Through Rosie**

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Dear Readers: we continue towards the final sorting and learning period on this planet. It is more than time to get our spiritual houses in order and make our choices.

Just before Christmas 2012, Seraphin made this statement: You are now approaching the REAL CELEBRATION, which is the REAL TRIUMPH OF LOVE ON A PLANET WHICH HAS PERPETRATED THE EXACT OPPOSITE OF LOVE THROUGH DELIBERATE ACTS OF HATRED AS WELL AS TOLERANCE OF IMPERFECTION, REFUSAL TO DISCERN AND DESCENT INTO PASSIVITY. He ends with the words WE AWAIT YOUR DECISIONS.

As he states in the first message of 2013, YOU ARE NEXT.

Seraphin's great compassion for us is also evident in Message 125 called SERAPHIN'S SONG OF LOVE FOR YOU.

I thank you for joining us on this journey at this very acute period in earth's history. My deepest thanks go to Seraphin, to all translators who work on an entirely voluntary basis to disseminate this material in other languages, and to all others for their continual support.

In gratitude, Rosie, December 2013

For Seraphin Messages in other languages please consult [www.rosiejackson.de/Seraphin](http://www.rosiejackson.de/Seraphin) and [www.abundanthope.net](http://www.abundanthope.net)

## Message 123: YOU ARE NEXT

Seraphin through Rosie, 8<sup>th</sup> January 2012

R: Dearest Seraphin: in meditation I have just seen myself go through a cleansing procedure. I appeared as a life-sized white plaster statue standing in a large hall. All the furniture was covered in dust sheets for protection. It was as if the room had not been used in a very very long time. This was a historic building, it seemed. Suddenly servants arrived and started to roll off the sheets and fold them neatly. Ladies with feather dusters cleared cobwebs off the statue, and workmen with chisels started to tap the statue gently with their hammers. Bit by bit, the outer plaster casing fell off in small pieces, showing my soft pink skin underneath. In the end, I was fully exposed and completely revived, as if I had been a sort of Sleeping Beauty, awakened at exactly the right moment for a specific purpose ...

S: Yes, Dearest, awakened you shall be, and awakened SHALL YOU ALL BE. The scales shall be removed from your eyes, and you will see how your MOVEMENTS WHETHER PHYSICAL OR SUPPOSEDLY SPIRITUAL OR MENTAL, HAVE BEEN PLASTERED UP TO THE POINT WHERE YOU HAVE BECOME PARALYSED AND IMMOBILE.

In many cases, it will be very hard to remove the outer casing without hammers. In some cases, gentle taps will not do the job. Sledge hammers and chain saws will be necessary to remove the mental stagnation and the turgid structures which imprison your thoughts. We of the celestial hierarchy are here to FREE YOUR THINKING, and with many it will be like the STORMING OF THE BASTILLE – by which I mean that we will encounter great difficulty and resistance, in the face of great adversity, BUT WE SHALL TRIUMPH.

There is no way we can fail, in the end, to attract your attention. We have attempted, through many means and through many messengers, to capture your collective attention. So far, we have never PERVADED YOUR COLLECTIVE CONSCIOUSNESS, but you can rest assured that this is our ultimate aim which we work towards continuously.

The time will come, little one, when there will be no need to cast aspersions or wonder whether something is true or not, BECAUSE IT WILL BE PERFECTLY CLEAR TO EVERYONE. So at this penultimate stage, be open for wonder. Prepare yourselves inwardly so that when the plaster covering you is removed, however long that takes, you can instantly and with confidence step into your new roles.

The dust sheets are already being turned down and stacked away. We have no further use for these and all is now being revealed. YOU ARE NEXT, so attend to your inner life and ask yourselves if you are prepared to enter the public eye as your TRUE SELVES EXPRESSING YOUR TRUTH, working with us hand in hand.

Examine your doubts, your grey areas, your missions, and your capacity to work from and with the heart. If you are GROWING, the outer plaster shell WILL BE READY TO BURST, and the transition will be easy. If you do not wish to come out of your present shell, YOUR TRANSITION WILL BE DIFFICULT AND PAINFUL.

We alert you to the very serious developments already in progress on your planet, and we ask you whether you are aware of this, and in awareness of your positive contribution, or whether you are SHRINKING AWAY FROM RESPONSIBILITIES and returning into your shells. May the Divine Light inspire you to find your way, and may your connection to the Divine help you to penetrate the casings which have been erected to prevent its workings.

We love you, Seraphin

## Message 124: STRANGERS ARE A GIFT FROM GOD

Seraphin through Rosie, 15<sup>th</sup> January 2013

R: Dearest Seraphin: a friend recently received astonishing hospitality when stranded in the mountains of Morocco, in accordance with the Berber's conviction that STRANGERS ARE A GIFT FROM GOD. I am fascinated by this saying as it contains so much meaning in a few simple words. Strangers do not „happen“ to fall into our lives by pure chance. They have a message for us, as we do for them, if only we can hear. We gift each other with insight through our encounters. Strangers are kindred spirits who intrinsically wish us well and present us with opportunities for growth. We gift each other, and thereby gift ourselves, all being part of the same GOD MIND ...

S: Yes, Dearest: if you keep yourselves in a state of outward and inward purity and balance, then you can proceed along the path of life with your head clear and with upright posture, ready to engage with all „strangers“ along the way, stepping easily and eagerly with a sense of adventure and discovery (and if you are unbalanced, looking down in fear of stumbling, then you will miss them). In this state you will quickly learn to discern the message which is being brought to you by another, and you will recognise the lesson and the purpose even if the message comes in surprising forms: a perceived insult, or tragedy, or joyful announcement, or declaration of love. With all these expressions whether of gentle nuance or downright aggression, it

is left to you to DISTILL THE ESSENCE OF THE MESSAGE AFTERWARDS, IN SILENT CONTEMPLATION, and discover the meaning for you and for you alone.

Know that all these encounters are engineered to BRING YOU FORWARD ON THE SPIRITUAL PLANE. When the Berbers refer to strangers as a GIFT FROM GOD, they recognise this as an opportunity to LEARN and GIVE. This is a mutual pact, a mutual process, a subtle interweaving of consciousnesses which are OPEN TO DEVELOPMENT, which are PREPARED TO CHANGE DIRECTION IMMEDIATELY AS SOON AS A DROP OF INNATE WISDOM, HOWEVER SMALL, HAS DROPPED INTO THEIR CUP. For they are thirsty for knowledge and look upon all that is NEW WITH DELIGHT.

This will be the challenge, dear ones, in the time to come. Will you be able to look upon your crumbling world with these eyes? WILL YOU BE ABLE TO OFFER HOSPITALITY SPONTANEOUSLY TO ALL WHO KNOCK AT YOUR DOOR? WILL YOU FUNCTION AS AN ENDLESS WELL OF COMPASSION? Will you see the message the stranger brings or will you retire in fright? Will you respond to the wanderer's need when he is desperate, tired, in spiritual and physical deprivation, pushed to the very limits of his capabilities and emotions? Will you regard each stranger as a GIFT FROM GOD? For truly, you will be confronted with many strangers in the times to come. They are your intimate friends, your mirror, your chance to adjust, and your opportunity to gift yourself. We ask you to be aware of this in the tumultuous age to follow. We love you, Seraphin

## **Message 125: SERAPHIN'S SONG OF LOVE FOR YOU**

Seraphin through Rosie, 5<sup>th</sup> February 2013

R: I understand that you are going to write a love song. Am I right, dear Seraphin?

S: Dearest, the church bells are tolling in the distance as you take down this message. They often toll for births, deaths and marriages, and in this case they are actually tolling for ALL THREE TOGETHER, for never have all three been SO CLOSE TOGETHER. The incoming energies are strong agents of SEPARATION which shall increase the frequency of your "dimension", increase the potency and potential of all pending situations, and will thus cause all bells to toll more frequently. There will be more deaths, there will be spiritual rebirth, and there will be marriage to new values which shall change the face of the earth.

I am known from previous messages for my warnings and admonitions, for pointing my accusing finger – some would say with intolerance – at today's world and the misdemeanours of her inhabitants. What is not so known is my VERY GREAT LOVE FOR YOU. THIS EXTENDS SO FAR THAT I WILL RISK YOUR ANGER, YOUR DISBELIEF, YOUR UTTER REJECTION, YOUR DERISIVE SMILES, YOUR CONSTANT REBUTTAL OF ALL MY SUGGESTIONS AND CLARIFICATIONS, in order to warn you AGAIN AND AGAIN.

THIS IS MY COMPASSION FOR YOU, OUR CHARGES, WHO STRUGGLE HELPLESSLY IN THE DRAWN NETS WHICH CLOSE SWIFTLY UPON YOU, WHO LIVE IN THE INNOCENT BELIEF THAT THIS IS HOW LIFE IS, AND THAT THERE IS NO POSSIBILITY OR EVEN NEED TO CHANGE ANYTHING, WHO GUARD YOUR ADVANTAGES AND POSSESSIONS JEALOUSLY, WHO WILL SUFFER INORDINATELY WHEN FLEECEED OF ALL SUCH CERTAINTIES AND COMMODITIES.

You will succumb. You will fall from these heights. You will find fault with everything you have believed in so far. These warnings of mine have been my COMPASSION in an attempt to lessen the shock, to make you wary, to invite you to examine morsels of untruth one by one, taking your time, so that you can avoid being suddenly confronted by an avalanche.

And so, though it may look like a curse, I SING A LOVE SONG FOR YOU, ever wondering how I can reach you, ever hoping that you will stop in your tracks for one moment to listen, to read, to consider, to question, to discern, and to change. I continue, again and again, exhausting all possibilities, approaching from all angles, until the final moment of truth, WHEN ALL WARNINGS WILL BECOME REDUNDANT. Then my role will change to advisor and comforter. The strict tone will change to gentleness. I will embrace you, and I will again SING A SONG OF LOVE FOR YOU. Love Seraphin.

## **Message 126: THE BEAUTY OF STAGNANT WATERS**

Seraphin through Rosie, 21<sup>st</sup> February 2013

Imagine that you are surrounded by stagnant water, and that this does not flow due to YOUR BLOCKAGES. Imagine that everything you throw into it – your rubbish, your sewage, your dangerous waste – will stay exactly where you have thrown it. Imagine there are no tides or currents to sweep it away into oblivion, out of sight and out of mind.

So it is also in the mind. If you throw all your experiences away, hoping they will travel and disperse without the need to look at them again, you have lost a valuable gift and chance to learn. But eventually they will amass, and not even a tidal wave will

be able to displace them.

This is the beauty of stagnation. Discarded rubbish and discarded experiences start to PILE UP UNTIL THEY CANNOT BE OVERLOOKED, UNTIL YOU ARE FORCED TO CONTEMPLATE THEM. If you fail to do this, you will become SMOTHERED, unable to see your way, unable to breathe easily, unable to break free.

And so the time has come to STOP AND LOOK. Small children do this easily. They see a plastic cup rolling on the pavement, and they toddle towards it and investigate, BUT AS ADULTS, YOU HAVE GRAVELY NEGLECTED YOUR INVESTIGATIVE POWERS. YOU NO LONGER CONCENTRATE ON THE GROUND OR ON WHAT HAS BEEN THROWN AWAY, BUT ON THE NEXT GOAL, THE NEXT PURCHASE, THE NEXT PROMOTION, THE NEXT HOLIDAY, THE NEXT OPPORTUNITY TO OPEN THE WINE AND DROWN THE MORE NEGATIVE ASPECTS OF YOUR LIVES.

But if the waters are stagnant (AND THEY ARE) and if the residue is high, no amount of water or wine will FLUSH THESE NEGATIVE ASPECTS AWAY. You will be forced to turn your eyes towards the desecration of sea and soil, towards gross exploitation of human beings, towards the production and widespread usage of war toys which you have manufactured and permitted, and the destruction of ALL THINGS HOLY, INCLUDING YOURSELVES.

Are you skum floating helplessly on the tides, Beloveds? Do you have a choice in the way you live? Can you have an impact on your surroundings? Do you notice that your thoughts sometimes come true? Do you realise that the more intricately you plan, the more likely it is to manifest? Would you like to manifest PEACE AND HARMONY FOR ALL? It is, as always, YOUR CHOICE, dear children on earth. And it is our choice to again launch another warning in these late stages when the refuse is almost up to your necks. Love propels us to do this. We are greatly saddened to see you sink into your self-made dilemmas, and thus into despair. We love you, Seraphin.

## **Message 127: DISSOLVING THE HURDLES**

Seraphin through Rosie, 25<sup>th</sup> February 2012

The way through eternity is punctuated by hindrances. They cause you to stop and contemplate, unless your zeal and fixation on one course of action is so great that you hardly notice you have stumbled, that you hardly notice you have wounded yourself (and others) seriously, that you hardly notice you are nearly dead with fatigue. And so you PICK YOURSELF UP, taking pride in your ability to KEEP GOING AT ALL COSTS, PUTTING UP WITH ANYTHING, OVERCOMING ALL SETBACKS, BREAKING ALL BARRIERS WHICH PREVENT IMMEDIATE FORWARD PROPULSION.

Yet if you - the runners - stop and look back, you see a row of broken hurdles. If you look at your body, it is a mass of bruises and broken bones. But still you continue. Aided by CRUTCHES OF THE MIND, you walk slowly perhaps, with less elan perhaps, but you continue to move forward stating I WILL I WILL I WILL.

This is the time to examine whether YOUR WILL matches with the WILL OF THE ALL-KNOWING ALL-LOVING ALL-FORGIVING FATHER/MOTHER WILL OF CREATION which is ALWAYS encouraging new methods of reaching paradise. Maybe you will realise, one day, that the hurdles placed along your running track were EXACTLY THAT: WAYS OF GETTING TO PARADISE MORE QUICKLY. EACH HURDLE WAS A DOOR TO A NEW WAY OF THINKING AND A NEW PERSPECTIVE.

“Difficulties” do not simply arise from nothing, Beloveds: they all have a cause and a purpose, and they all spring from DIVINE INSPIRATION on DIVINE MANDATE. Each time you disregard such a hurdle, pushing it away or running round it or delegating it or postponing it – THEN YOU ARE MAKING YOUR PATH TO PARADISE, HAPPINESS AND THE SATISFACTION OF BEING OF SERVICE TO OTHERS LONGER.

Every time you pass up on these opportunities, which have been so carefully construed and arranged by your guides with love, we have to sit down again and reassess (INSTEAD OF YOU WHO SHOULD BE DOING THE REASSESSING), and we have to come up with some new hurdle which is capable of catching your attention for long enough to initiate a new learning process with the potential of taking you down the paradise path.

DO NOT HEISTATE, dear children, TO TALK TO US ABOUT THIS. Contact us through meditation or in intuitive and meditative moments, and this will ensure more understanding about WHERE YOU ARE AT, WHAT YOU ARE TO ADDRESS, WHAT YOU ARE AVOIDING AND WHAT IS YOUR TASK.

For if you continue to avoid, and continue to avoid contact with us, then we must CONTINUE TO ERECT THE HURDLES. And they will increase in size, Beloveds, because it is just SO DIFFICULT TO ATTRACT YOUR ATTENTION.

If you talk with us, many may call you fools, or “esoteric” believers, or sun-gazers, or dreamers. TRY TO ACT INDEPENDANTLY OF WHAT OTHERS THINK. Call us a part of yourselves, if you will, but communicate with us for the sake of your own well-being and that of your earth, before the hurdles are so high that many of you will give up completely. For this is what your “death” in part is - an inability to deal with LIFE’S CHALLENGES, a lack of self-reflection which prevents stagnation amassing, which prevents you from renewing yourself completely.

There are two ways which you often employ to “deal” with large hurdles (or “wake-up calls” as we prefer to call them). The first method is to ram your way through them, regarding them as something to be surmounted immediately – however destructive this may be for self and others – in order to hold the course which you have SAID YOU WILL FOLLOW AND WHICH WOULD CRUSH YOUR EGO IF YOU DO NOT. To those we say: please take your ego OUT OF THE EQUATION.

The second possible reaction to hurdles is stopping with dismay, swallowing hard and resigning yourselves to this “tragedy” or “rejection” or “failure”. This means you are RESIGNED TO YOUR FATE AND CONSIDER YOURSELF A VICTIM, unaware of yourselves as SOVERIGN AND POWERFUL REPRESENTATIVES OF THE DIVINE WHICH IS YOUR ROLE AND DESTINY.

We urge you to seek the third way: contemplate all the hurdles put before you, individually as well as collectively as global inhabitants, and FACE THEM HEAD ON, dismissing all thoughts of “Oh, I need peace and quiet” or “Oh, I hope it all turns out for the best” or “Oh, I cannot possibly admit to this” or “Oh, I don’t want to lose face”. FAILURE TO DO THIS MEANS ANOTHER STEP TOWARDS SELF-DESTRUCTION, with the danger of being put on “permanent pause” to prevent this.

Our actions as celestial beings are far and wide, unseen but on a huge scale which you are not party to. But know that we are acting in full capacity and that the option of “permanent” or “temporary” pause (each according to the seriousness of your situation) will be and already is in operation. We do this - and we come to tell you now of these things - out of love for you, Seraphin.

## **Message 128: THE DOOR TO FREEDOM IS OPEN**

Seraphin through Rosie, 5<sup>th</sup> March 2013

Dear Children on Earth: the most liberating conclusion you can come to, as you sit dismally in your cages, is that you yourselves have constructed your prison.

You have chosen the location. You have chosen the circumstances. You have aligned yourselves with certain individuals or groups (family, social, political, religious). You have chosen to keep to certain behaviours. You have chosen to succumb to certain structures, and so now you sit in a cage – a structure which is also of your choosing.

If you have also chosen to build an escape route, then your subconscious has always known that there may be a need for this, and that the things which surround you may well, in the end, prove to be suffocating. Others may not have included escape routes in their long-term plans, as they have always considered their judgement infallible.

These are the ones who determine their route on a superficial level, in the sense that their view does not extend beyond themselves. These are the ones who do not question “reality”, and who see their lives as a carefully constructed and secure building surrounded by barbed wire, equipped with fire alarms. They do not conceive of their lives as a unique and ever-evolving learning process, moving from one structure to the next.

The time will come when the fire alarms will sound continuously, indicating that the “outside word” is about to enter your comfort zones massively and indefinitely. It will be impossible and intolerable for you to remain inside the house. It will feel impossible and intolerable to step away from the alarm bells and out into the chaos and disarray outside of the house which has become your prison.

Will you take the step, Beloveds?  
The door to freedom is open.

## **Message 129: REMOVING THE BLINKERS BY FORCE**

Seraphin through Rosie, 11<sup>th</sup> March 2013

Dearest Children on Earth: we watch you as you suffer, as you stumble on blindly, not assessing your direction, but continuing as usual in a state of victimhood until you collapse in desperation. You “soldier on”, ignorant of the cause you are fighting, ignorant of the real scenarios you are taking part in. Your views are blinkered. Like horses with blinkers, you move

forwards, undistracted by what is happening SO NEAR TO YOU BUT SO FAR FROM YOUR AWARENESS.

These blinkers must now be removed by us BY FORCE, as you have been walking so long like this that you have forgotten you are wearing blinkers at all. It seems normal to you to have tunnel vision – to look forward but not to the sides. If you did so, you would be appalled at the sort of society you are upholding, at the sort of depravity which YOU, AS ITS UNQUESTIONING SPONSOR, ARE SUPPORTING WHOLEHEARTEDLY.

And still you follow the carrot held in front of you ... and we are so gravely distressed to see you do so. We have worked to try and penetrate your minds to provide you with visions, to give your direction through dreams, to synchronise events and save you from accidents SO THAT YOU CAN REALISE WITHOUT ANY SHADE OF DOUBT THAT THE HAND OF THE DIVINE (which we constitute) IS DIRECTLY AT WORK. But we have failed to raise you from the soporific cushions of inertia.

This is not a time for followers who move slowly forward in the hope of reaching the elusive carrot, urged on by the whip of an unseen master. This is a time for LEADERS, for if each man and woman became such, all would be equal, all would be responsible, and all would go into the positive action which is so desperately needed on this world.

So this our plea to you: DO NOT BE LED THROUGH SCENES OF ABSURDITY AND INSANITY. DO NOT FOLLOW BLINDLY WHILE THOSE AROUND YOU CAPILTULATE OR DIE OR LIVE LIKE SLAVES.

How often have you bit your lip, in self-preservation, when regarding the downfall of another? How often have you “kept the peace” because you are afraid of repercussions? How often have you swallowed hard and resigned yourself to “necessary evil”, to some unpleasant or immoral task to keep your job or your reputation?

All these suppressed emotions and hidden improprieties will now be released to the wind. IDENTIFY THEM AS YOUR OWN AND EMBRACE THEM AS A VALUABLE LESSON AND LEARN FROM THEM AND SWEAR TO YOURSELVES THAT YOU WILL STEP UP TO POSITIONS OF HONEST LEADERSHIP TO ENSURE THAT THIS WILL NEVER HAPPEN AGAIN ON THE FACE OF THIS EARTH.

As always, we will try to help you through this extremely acute testing period where EVERYTHING WILL COME TO A HALT SO THAT EVERYTHING CAN COME OUT INTO THE OPEN. This clarity will be devastating for you, but it is a necessary procedure as you enter the new age. We love you, Seraphin.

## **Message 130: RECEIVE THE LIGHT**

Seraphin through Rosie, 22<sup>nd</sup> March 2013

Dear Children on Earth who seek new paths and avenues of understanding:

Imagine you are a crocus bulb, seemingly forced into submission and inaction by the snow. In your distant memories lies the knowledge of warmth, of a gentle breeze moving through rustling trees, of the song of the birds as they greet each new morning with joy, aware of the potential it brings.

Imagine the moment when you poke your head into freedom above the surface of the soil FOR THE VERY FIRST TIME. You are overwhelmed by the expanse, by the light, by the profusion of colour, by the freedom to move, by the other beings in your vicinity of whom you were previously COMPLETELY UNAWARE. And ask yourself HOW WILL YOU GREET THIS NEW DAY.

Will you retire in fright at the openness and limitlessness of it all? Will you call out spontaneously to the “strangers” and join in with the bird-song? Or will you prefer to hang your head, lingering in the past where you were immobile, safe, secluded and unaware?

And we say; as each new day dawns, be this seed which awakens with uncontrollable joy and which stretches its face so automatically upwards to RECEIVE THE LIGHT. BE RECEPTIVE TO THE NEW, AND BE RECEPTACLES OF THE DIVINITY WHICH EMANATES FROM ALL OF NATURE’S MIRACLES, AND SEE YOURSELVES AS MIRACLES MOVING EVER CLOSER TO SACREDNESS WITHIN AND WITHOUT.

Let this be your morning ritual, dear children, even if your mornings be dark, for this will help you to master the changes to come. We love you, Seraphin

## **Message 131: RE-VISIT THE MUSEUMS OF YOUR MINDS**

Seraphin through Rosie, 12<sup>th</sup> April 2013

Dear Children on Earth who have not yet discovered that the roots of all problems lie within themselves.

Imagine that you carry a box in your forehead. The box is actually a room stuffed with everything you have stored away, putting it OUT OF SIGHT AND OUT OF MIND. Sometimes the room is full to bursting point, giving you a tremendous headache. This is a place which many of you do not enter regularly. Shut your eyes and enter it NOW.

First you must find the right key. The key has the shape of a heart, indicating that you will require COMPASSION FOR YOURSELF when you are presented with the results of your negligence. You turn the key in the lock and enter this mind-space, revisiting old suppressed memories, broken relationships, missed appointments, unopened and unanswered letters, missed opportunities to reconcile, missed opportunities to stand your ground, missed opportunities to protect yourself and others.

But when you first enter, you only see a room full of cobwebs. You are not even sure what lies beneath, and maybe there are many layers of crusted dirt and UNPLEASANTNESS which may deter you from thorough investigation. But we urge you to continue nevertheless to take a long deep look at the discoveries revealing themselves: the love-letters, the accusations, the times you turned your back, the times you smiled and acquiesced though you know you should have spoken up, the times your harboured curses under your breath instead of initiating dialogue.

All these thought patterns may stretch as cobwebs from wall to wall. They may stick and cling to you, but the more frequently you enter this room to cleanse it and to cleanse yourself of old residue, the less chance it will have to grow. And if you are vigilant you will not only clear the webs, but you will also discover the holes in the foundations WHICH LET THE SPIDERS IN.

And when you have TRULY SEEN AND REGISTERED THIS MUSEUM OF COLLECTED AND OBSOLETE BEHAVIOURS FROM YOUR PAST, THEN FORGIVE YOURSELVES AND RECTIFY ALL WRONGS AS YOU NOW PERCEIVE THEM. GIVE YOUR ALL. DO NOT LET ANYTHING PREVENT YOU FROM CLEARING ASSIDUOUSLY. AND WHEN THE ROOM IS CLEAR, TURN IT INTO A PLACE OF SACREDNESS, STORING ONLY THAT WHICH SERVES TO HELP YOURSELF AND OTHERS. MAKE THIS A FOUNT OF WISDOM TO WHICH YOU MAY ALWAYS HAVE ACCESS. THROW AWAY THE KEY. LET EVERYONE ENTER IN, FOR NOW THAT YOU ARE PURIFIED THERE IS NOTHING TO HIDE AND NOTHING TO LOCK AWAY.

And so we say: RE-VISIT THE MUSEUMS OF YOUR MINDS, dear children, that you may better adjust to the coming changes, that you may not be left behind in a well of unfinished business. That you may move forward unfettered in the service of humankind.

## **Message 132: WHEN IS YOUR RED LETTER DAY?**

Seraphin through Rosie 21<sup>st</sup> April 2013

Imagine that you live a life of ritual. Every day is pretty much like the next. This is a sort of humdrum existence which is not particularly exciting, but neither is it distracting or upsetting in any way. You are, in fact, a creature of habit who enjoys a certain amount of regularity and knows that nothing out of the ordinary is likely to disturb this routine. Beyond the perimeters of your resent view, there may be situations and issues yet to be explored, but these remain undiscovered and unvisited in a hazy distance on the horizon. Your only contact with the outside world is the letters which come into your home through the slit in the door.

These letters, also, are predictable. They refer and relate to your living conditions within the home, or are concerned with the work you have chosen. You sift through them daily – also part of a morning routine.

Imagine that one day, you pick up the pile of newspapers and letters off the doormat and discover a RED LETTER. This letter

stands out immediately, not only due to its colour but also due to its very strange properties. It is not made out of paper which has been folded into shape. It is made of an unknown impenetrable material WHICH HAS NO JOIN. There is no beginning and no end, and you wonder how it could have been produced.

The envelope may fill you with curiosity, but at the same time with fright. You are uncertain, even, whether the envelope was indeed meant for you, as it has no sender written on it, and is addressed to no-one. There is nothing which indicates its origins, or where it is destined to go. Strangely, it feels to you as if it has ALWAYS BEEN THERE. While it seems extremely odd, it also has a strange feeling of familiarity, as if it is DESTINED TO BE HERE AT THIS PRECISE TIME, IN THIS PRECISE PLACE, in order to carry out a certain task.

Yet still your apprehension wins. You put the red envelope on the mantelpiece and “leave it for later”. At this point we would like to say that this is a very significant stage: WHEN IS LATER? Different people make different decisions about this. Some deal with odd factors or issues immediately, to get them out of the way. Some may even have a complete lack of curiosity and throw the red letter into the rubbish bin immediately, because they are sure that this is some sort of joke or some sort of mistake which does not pertain to themselves. They are the ones who do not regard “mistakes” or “chance” as valuable pointers in their lives. This does not mean rushing like a whirlwind, following every tiny pointer and sign to the detriment of all else, and ending up in a sorry heap of exhaustion. This means taking time, remaining centred, and contemplating in a broader sense whatever comes your way.

Imagine then, that the red envelope remains on the mantelpiece as long as you decide it should stay there. As you pass it every day, in the course of your usual routine, it may cause worry, or excitement, or it may simply be forgotten. Time may pass, decorations or cards may be put up in front of it, obscuring it temporarily from view. Some may decide to try and open it immediately. Others may wait for what they think is “the right moment”. Yet others will wait until they MOVE HOUSE, when they are again faced with what to do with it.

Imagine the time has come to open the letter. As you approach, you may see that the letter is not a homogenous red, but that it is slightly lighter at the edges, as if something is gently glowing inside. It is at this point that you may realise that the envelope contains SOMETHING WHICH IS ALIVE, SOMETHING WITH GREAT POTENTIAL, SOMETHING WHICH COULD CHANGE YOUR LIFE FOREVER, SOMETHING WHICH GOES FAR BEYOND YOUR PRESENT CONCEPT OF WHAT IS POSSIBLE AND WHAT IS IMPOSSIBLE. Imagine that your intense curiosity now overpowers any possible fear you may have, and that you cut off a corner of the envelope.

Imagine, like the genie which emerges from the proverbial lamp, that a PHOENIX bursts out of the envelope in a huge cloud, and that you are simultaneously immersed in a great wave of love. You wonder at this incredible creature which has suddenly become part of your world, which beckons you on to explore new universes, which shows you scenes beyond your wildest imagination, which throws your life and your intentions into a completely different light, which introduces you to the depths and heights of emotion, which inspires you to go where you have not dared to tread before.

All this can be yours, dear children on earth, whenever you decide that it is your RED LETTER DAY. We love you, Seraphin

## **Message 133: WELCOME THE VOID REFILLED WITH TRUTH**

Seraphin through Rosie, 2<sup>nd</sup> May 2013

Dear Inhabitants of Planet Earth:

It is time to RETUNE your hearing, to adjust your antennae so that they point in the right direction, so that you may be all the better prepared for GALACTIC TRANSMISSION.

Unless you are perfectly attuned – and indeed, unless you are switched on at all - you will fail to receive the messages to come. You will not perceive them as a broadcast, and instead you will perceive them as GROSS INTERFERENCE ON THE RADIO WAVES. Transmissions are in readiness, information has been carefully selected and assembled in a way which can be best received by the human mind framework with its present capabilities. We now ask that you be RECEPTIVE to what we have so painstakingly prepared.

At first you will be overwhelmed by the complexity, the detail, the scope of all this new material, and a number of you will remain in shock or even reject it outright for a while. But this will and must subside. Decide to be receiving boards for the transmissions of new truths, new world-views, new universes. Allow the possibility of vast expansion – of your concepts, your potential and your inter-galactic connections. Allow for the possibility that the parameters which define your present world will EXPLODE WITH A BANG AND DISAPPEAR FOR EVER.

And we say WELCOME THE VOID, FOR TOGETHER WE WILL FILL IT WITH TRUTH WHICH SHALL ENDURE ALWAYS AND WHICH SHALL TRANSFORM YOUR DAMAGING ATTITUDES AND DREARY LIVES AND STAGNATING ENERGY INTO A CONTINUOUS STREAM OF LIGHT AND EUPHORIC DEVOTION IN LIVES LIVED IN GREAT PURPOSE AND IN DIVINE SERVICE.

Our messengers are on hand. We give you advance notice of their arrival.  
Seraphin.

## **Message 134: THE ESSENTIAL PATH OF SELF-REVIEW**

Seraphin through Rosie, 11<sup>th</sup> May 2013

How do you look at yourselves, inhabitants of earth? Are you a peace-loving people, intent on assisting your neighbours regardless of race, creed or colour? Do you rush to their aid in times of disaster or do you add to their chaos and exploit it for your own benefit? Do you produce INSTRUMENTS OF PEACE, and instruct in the art of conflict-solving, or do you teach competition and the importance of winning the game?

Are you individuals who stand up when you see others being mistreated unjustly? Do you rally to their side or do you turn away in fear or delegate to unseen others, or do you retreat complacently and obliterate the memory through self-gratification?

Are you upholders of truth and rightful ownership, or do you support systems of lies and the move to steal? Do you support your thoughts through action or do you prevaricate and live a life of good intentions where your plans never actually come to fruition?

Do you condemn without investigation? Do you retreat without explanation? Do you teach, do you serve, do you miss the point, do you play games? Do you self-appraise regularly or are you suddenly surprised by the lines on your face and the tracks you have left behind you when you look in the mirror?

To find the truth, regard others and see what criticisms arise in your mind. Consider them carefully, because that which you dislike are PARTS OF YOURSELF WHICH YOU RECOGNISE, WHICH STICK OUT LIKE A “SORE THUMB”, WHICH ARE TRYING TO TELL YOU THAT THERE ARE PERSONAL ISSUES STILL TO BE RESOLVED.

We say “STILL” though the dividing line is near. It will separate those who reflect upon themselves and those who live aimlessly within a circle in which THEY are the central pivot. They see only from their vantage point. They see only to their advantage to the detriment of all else. Such individual circles will soon be expanded BY FORCE so that THE WHOLE OF HUMANITY IS INCLUDED.

Those who are incapable of integrating this new expanded view into their limited perspective will CLOSE THEIR EYES and will be removed to an environment WHERE THEY ARE FEELING COMFORTABLE ENOUGH TO OPEN THEM AGAIN, AND THIS WILL BE IN AN ARENA OF COMPARATIVE LIMITATION, BUT ONE SUITED TO THEIR PRESENT NEEDS AND LEARNING POTENTIAL. They are not prepared to make the great mental leap necessary for the next great evolutionary step which approaches, while those with a clear 360% view in all directions, encompassing all depths, heights and horizons, will experience a new feeling of upliftment in the full and newly confirmed knowledge that they are an integral part of this universal whole with all its myriad possibilities and opportunities.

As always, we await your choices, love Seraphin.

## **Seraphin Message 135: POUR A RIVER OF TENDERNESS**

Through Rosie, 16<sup>th</sup> May 2013

To those who know:

You will be faced with people who are in despair, who cry without end, who see only the tragedy, who see only loss. They will be inconsolable. They will not understand that they are on the brink of A NEW WORLD WITH MAGNIFICENT POTENTIAL WHERE THEY CAN LIVE AS FREE CITIZENS. They do not know what FREE REALLY MEANS, for they have been living in cages and are lamenting the removal of the prison walls.

When the view of a free horizon hits them, they will fall down AGAIN, this time in grief over their previous blinkered view, their unquestioning behaviour, their personal contribution to their own enslavement, the way they built their own prisons over centuries, BRICK BY BRICK.

When you, who know, are faced with these people in varying stages of awakening, ask yourselves the following:

HAVE YOU STOOD IN THEIR SHOES?

HAVE YOU EVER BEEN DISTRACTED FROM THE PATH OF TRUTH?

HAVE YOU EVER WITHHELD INFORMATION IN ORDER TO "PROTECT" ANOTHER?

HAVE YOU EVER AVOIDED ANSWERING QUESTIONS BECAUSE THE IDEA OF PLACING THE WHOLE TRUTH AND NOTHING BUT THE TRUTH IN THE OPEN IS AN UNPLEASANT PROPOSITION FOR YOUR EGO?

HAVE YOU EVER EXPRESSED LOVE BUT CONTINUED TO OVERLOOK WHAT THIS REALLY MEANS WHEN IT COMES TO TAKING CONCRETE STEPS OR GOING INTO ACTION?

HAVE YOU EVER ISSUED PLEASANTERIES OR SHUT THE DOOR WHEN THERE WERE MORE IMPORTANT THINGS TO DISCUSS?

So before you judge those who wail and lament, remember that you too were once unknowing. Remember that you too have indulged in behaviour which is negligible.

Let these memories FIRE YOUR COMPASSION FOR THOSE WHO WILL BE SUFFERING PAIN. LET WORDS OF TENDERNESS POUR OUT OF YOUR MOUTHS LIKE A RIVER, WITH NO RESTRAINT. LET YOUR LOVE FOR YOUR FELLOW HUMANS ON THIS PATH RISE ABOVE ALL ELSE, AND LET THERE BE ABUNDANT COMMUNICATION AND DEMONSTRATION OF THE SAME. EXPRESS YOURSELVES WITH PASSION. THROW OFF THE CAUTIOUS CONDITIONING WHICH ERECTS BARRIERS BETWEEN YOU.

And then, holding hands, walk together into the NEW DAY.

We love you, Seraphin

## **Message 136: TIME IS RUNNING OUT**

Through Rosie 19<sup>th</sup> May 2013

Dear Children on Earth: you are our children in the fullest sense of the word. We of the celestial hierarchy in its very fullness and completeness and oneness compositely form the FATHER who looks after and encourages you to go into action and carry out your choices, and simultaneously we form the body of the MOTHER in the sense that we nurture you and further

your intuition. Eternal and unconditional love is what we have to offer you. We follow you with an observing and unjudging eye from your first inception to your first breath to your first steps to your first teenage dilemmas to your development into adulthood and beyond, until your task on this planet is complete. And then we prepare you for the next.

For some, this is an arduous journey (for we are not heard or recognised) which exhausts you mentally and thus physically at every turn. For others, it is a constant adventure which is created by their every thought, word, visualisation and acts. The latter is how YOU will review this life (as every life) when you have arrived at the final destination. You will see that you were the cause of ALL EFFECT.

When you are in infancy, crying whenever confronted with discomfort, then your view is still limited to physical sensation. Those who have got BEYOND the physical and have started to use their minds to question and to search for the true roots of happiness, the journey becomes more exciting. Those who travel further on will realise that THEIR CONCEPT OF HAPPINESS CHANGES UNTIL IT CULMINATES IN THE WORD "SERVICE", no longer lying in the clothes they wear, the perfumes they possess, the riches they hoard, the servants they hire, the possessions they acquire and the level of power or reputation they have achieved. They will realise that THEIR HAPPINESS IS DEPENDENT ON THE HAPPINESS OF OTHERS BECAUSE THEY ARE ONE AND THE SAME, AFFECTING ONE AND THE SAME, CHOOSING TO UPLIFT ONE AND THE SAME OR ALLOWING ONE AND THE SAME TO DEGENERATE THROUGH NEGATIVE THOUGHTS AND ACTIONS.

The result of your collective choices lies all around you: broken homes, diseased trees, adulterated skies, poisoned food and poisoned minds, and violence in all its forms. And it is not possible to sit passively and patiently and resigned in your chair, pretending that your needs are met, congratulating yourself on your endeavours, as YOU ARE NOT YOU as an individual; YOU ARE PART OF ALL THAT IT AND AFFECTED ON ALL LEVELS AS SUCH.

On this journey we watch you: the way you wait, the way you fall back, the way you tremble, the way you look away, the way you cry in private desperation, the way you condemn others (who mirror yourself) for their wayward actions. It is not enough that you put your mental and physical rubbish in the bins provided, because the presence of the bins and of the cleaning personnel reinforce your habits of throwing away, of lack of awareness, of leaving messes behind you. We say, STAND UP AND LOOK BEHIND YOU.

It is not enough to smile sweetly or parade bombastically through the streets of cheering onlookers, for you conceal your violence, and your onlookers conceal the dullness and the drudgery of their lives. It is not enough to play the role of king or pauper, any more than it is not enough to continue in the role of small child. See that your internal growth is parallel to your physical progress. Adulthood is not a physical state, but true sovereignty in sincere service.

You will notice that we have said all this before. This is, actually, what we (your unseen guides) are whispering to you CONTINUOUSLY. We never cease to try. We are eternal and will spend eternity in an attempt to reach you. There is, in fact, no way that you can avoid our ceaseless offers of help. Also these messages are merely a momentary fleeting physical imprint of the wave of thought-forms we continuously place within your conscience for contemplation and review.

Again we say STAND UP AND LOOK BEHIND YOU. SEE WHAT DAMAGE YOU LEAVE IN YOUR WAKE, WHAT HELP YOU HAVE PROVIDED AND WHAT HAPPINESS YOU HAVE BESTOWED, BECAUSE THESE ARE THE ESSENTIAL ELEMENTS WHICH WILL BE PUT FORWARD FOR YOUR REVIEW AT THE END OF THIS STAGE OF YOUR LIFE. THEN YOU WILL RECOGNISE ALL, INCLUDING THE MAJESTY AND THE FRIGHTENING POWER OF YOUR FOOTPRINT.

Time is running out, dear children. Those who never look behind, who never reflect, who never call their own behaviour into question, who refuse to learn (on this which is primarily a learning journey, with the additional task of teaching others) will not be able to continue here.

May you tread in awareness and love, Seraphin

## **Message 138: LIFE IN THE UNIVERSE APPROACHES**

Seraphin through Rosie, 15<sup>th</sup> June 2013

Dear Inhabitants of Earth: at this time you are in a film called SEEING IS NOT BELIEVING. When you watch a film, you may experience great depths of emotion due to tragic or ecstatic events, and when the film is over you exit in a state of shock or ecstasy. The illusion is broken, and you are back in expected and familiar parameters, BUT THE EMOTIONS AND THE EXPERIENCE REMAIN.

Imagine stepping out of the film called LIFE ON EARTH, taking all your emotional experiences and learning processes with you, and stepping into a reality called LIFE IN THE UNIVERSE. Your first challenge will be to crowd out the "memories" and

the “context” and the “matrix” of the film (the constant noise and action, the concepts of right and wrong, the directives, the straightjackets which you thought were clothes, the aggression which you thought was justified, the news you thought was true, the history books you thought were knowledgeable).

You will realise that you have been under constant bombardment, that war has been made against you on all fronts, that you have been willing participants or complacent observers of a gross concoction which – so far – has been regarded as “reality”. So now you will emerge into a larger reality which relegates all else into another perspective: what was black may now be white, and vice-versa. What seemed insignificant may now be critical, and vice-versa. What seemed true may now be false, and vice-versa.

HOW WILL YOU EMERGE FROM THIS FILM, BELOVEDS? Will you scream and fight to get back into the cinema? Will you curse the filmmakers and those who advertised and financed the film? Will you lynch the man in the box office for selling tickets? Will you apologise to the man you belittled for saying that the film was no good? Will you realise that it was YOUR OWN DECISION TO SPEND YOUR EVENING / LIFE / INCARNATION ON THIS EARTH THIS WAY? Will you realise that others chose to spend their evening elsewhere and did not enter the cinema at all?

As always, when you find yourself in a state of shock, investigate your own participation. Investigate how it was possible not to see. Ask yourself at what point you allowed events to go ahead which were at odds with SINCERITY, RESPONSIBILITY AND LOVE.

So here you stand in shock, realising that this was just a film, reading the credits on the screen. You see who was actually responsible. YOU SEE YOUR OWN NAME as contributor. Will you face your responsibilities now? Will you help to rebuild the new earth? Only if you are capable of recognising and ferreting out the roots of destruction will you be able to reconstruct. We are not into temporary cosmetic repairs. We are into building eternal paradise.

Instead of your humdrum existence, you will experience the DEPTHS OF DESPAIR and the HEIGHTS OF JOY. You will laugh and cry and fall into each other’s arms continuously. You will create a new world assiduously until the old film is but a wisp of smoke on the horizon. Thus, out of love, we warn you of the crises and delights to come, Seraphin.

## **Message 139: PRUNE YOURSELVES – A CALL TO WORKERS OF LIGHT**

Rosie through Seraphin, 25<sup>th</sup> June 2013

Imagine that there has been a great flood. It recedes to show the survivors grouped together in front of a very high wall which is impossible to climb. They are in danger of starvation and scour the remaining countryside for food. Some ask themselves what lies behind the wall, as they sense that the answer will uplift their spirits, but most are too involved in their primary quest for survival, and their fear leads to disagreement, division and secret hoarding.

On the other side of the wall is an apple tree and a plum tree. They are tended by a man who knows nothing but love in his heart. His presence is unknown to the majority. He speaks to the trees, urging them to produce fruit for the hungry masses on the other side of the wall. The plum tree faithfully follows its DIVINE AGENDA and designated growing pattern, and it is well on the way to producing an abundant harvest. Yet the apple tree is less concerned with producing fruit. It prefers to stretch all its fragile leafy fingers continuously towards the sun, putting all its energy into this upward movement.

The man sees and recognises this enthusiasm for the light, but he reminds the tree gently of its commitment to bring forth fruit and spread seeds so that others can benefit, and so that new apple trees can grow. When the tree continues to disregard this directive, the man is forced to take the decision to PRUNE THE TREE IN ORDER TO CHANGE ITS DIRECTION, IN ORDER TO CONCENTRATE ITS ENERGY INTO THE DEVELOPMENT OF A FEW STURDY BOUGHS INSTEAD OF MANY LENGTHY SPINDLY BRANCHES, BECAUSE SUCH BRANCHES ARE NOT CAPABLE OF BEARING THE WEIGHT OF FRUIT, AND SUCH BRANCHES CANNOT WITHSTAND STORMS. INSTEAD, THEY WILL BREAK AND THE TREE WILL SUFFER SEVERE PERSONAL SETBACK.

And so I ask you – all those who conceive of themselves as WORKERS OF LIGHT: are you like the plum tree or the apple tree? Are you keeping to your DIVINE PLAN OF DISSEMINATING APPROPRIATE SEEDS, FOR THE TIME WHEN THE WALL FALLS? Or will you be found to be WANTING and in a weakened state of unreadiness?

We ask you to PRUNE EVERYTHING which distracts you unnecessarily from your goal. EVERYTHING which wastes your time and your strength. GROW IN WAYS WHICH WILL ULTIMATELY BENEFIT YOURSELVES AND ALL. This we urge at this critical time as the wall starts to crumble.

We love you, Seraphin.

# **Seraphin Message 140: RECOGNISE HELL: RECREATE HEAVEN**

Through Rosie, 2<sup>nd</sup> July 2013

Dear inhabitants of planet earth: we greet you with an invitation. The gates are still open and there is still time to shed the scales over your eyes, to melt the ice in your hearts, to discern the flaws in your collective behaviour, and to step out from the ranks to cross the threshold BEFORE THE DRAWBRIDGE CLOSES and session begins.

Our angelic agents are – as we speak – gently ushering those who request an escort across, for these people fear what is to come. Other angelic agents are placing “sign-posts” towards the castle, smoothing the path and clearing the space of debris and undergrowth so that its luminosity can be seen by all. Yet others are masquerading as unpleasant personalities, attempting to make you look up and react.

In the end, success will be ours, however long it takes to draw you over the bridge into the kingdom of the one you call the “Father”. For you will always be children in the sense that your learning capacity will always be required and addressed. Yet it is your degree of “adult” or mature understanding and awareness which will lead you to assume responsibility for your own footsteps.

WHERE WILL THEY LEAD YOU, DEAR CHILDREN? To the depths of the forest where no-one can touch you, until the logs are cut for firewood or paper? To the underground caverns with blocked entrances, until you starve from lack of food? To the open sea, until you are overturned by the storms of Gaia’s rebalancing? To the vaults of gold, until you realise that gold has no eternal value and can never replace the bounteous gifts of the heart? No one can live without LOVE without crippling the soul.

So look towards the horizon, and see the flicker of light which beckons you. Regard the never-changing filth and carnage and manipulation and pollution and desecration and abuse which SURROUNDS YOU CONSTANTLY DESPITE YOUR ATTEMPTS TO FLEE TO SECURE ZONES, AND RECOGNISE IT FOR WHAT IT IS: THE HELL YOU HAVE COLLECTIVELY CREATED ON EARTH. How are you going to re-create HEAVEN, dear children?

We plead with you to make a sacred vow to change this IN EVERY SMALL AND IN EVERY BIG WAY, and step towards the light, for the drawbridge is about to close. We state this with urgency because we love you, Seraphin.

## **Message 141: YOUR POISON: THE TOLERANCE OF IMPERFECTION**

Seraphin through Rosie, 9<sup>th</sup> July 2013

What is IMPERFECTION in your eyes, Beloveds?

Is it something to be endured and overlooked? Do you enjoy being surrounded by symbols of depravity, cruelty and neglect? Do you turn away to views of supposed perfection – a thin glossy surface covering a pit of gross debris? Or do you turn to methods of memory suppression, delving into drugs of all natures and developing addictions on all levels – be it food, films, games or gurus – to avoid the pain of realisation and keep yourselves on superficial “highs” so that you never come down to land in “reality”?

RECOGNISE THAT YOUR WORLD IS IMPERFECT AND THAT YOUR TOLERANCE OF THIS IMPERFECTION EXTENDS ITS LONGEVITY.

It is so easy, is it not, to turn away from a piece of newspaper lying on the street. It is so easy to ignore distressed faces in public places and return to cosy homes. It is so easy to congratulate oneself on one’s own “successes” and overlook that these may rest on the exploitation, exclusion and work of others.

The recognition of IMPERFECTION is not a negative trait to be remonstrated with accusations of “breaking the peace” or of failing to address matters “positively”. Recognition of imperfection has MAJOR MOTIVATION POTENTIAL for moving forward, for improving, for bringing about change, in alignment with the ever-existing DIVINE PLAN.

And this is the real question in all of this: DO YOU REALLY WANT CHANGE and DO YOU WANT REAL CHANGE? Are you genuinely happy with EVERYTHING you see around you? Are you at ease to fully dedicate yourself to a worthy occupation which brings 100% satisfaction, which fills you with absolute joy when you open your eyes on each and every morning, which exhilarates you and all those you encounter and who benefit from it equally? Or are you content to lead monotonous meaningless lives of useless and unappreciated drudgery?

IT IS YOUR CHOICE, Beloveds, just as EVERYTHING is your choice. Know that things can change in an instant, and know what a difference a minute, an hour or a day of CHANGED THOUGHT PATTERNS and thus CHANGED ACTIONS LEADING TO CHANGED SITUATIONS can make. Instead of a population of selfish and individual stragglers, intent on blazing their own narrow path of gold to the prize, leaving destruction and IMPERFECTION as a consequence to others in their wake, DETERMINE TO SPREAD FIELDS OF GOLD IN ALL DIRECTIONS WHEREVER YOU TREAD, HOLDING HANDS WITH ALL YOU MEET, JOINTLY CREATING AND STRIVING FOR PERFECTION.

For this is your divine destiny: CONTINUALLY STRIVING FOR PERFECTION and using your surroundings as a barometer to judge your progress so far. And by “surroundings” we do not mean your personal home or place of work. As you progress spiritually, you will extend your area of responsibility and conceive your surroundings to be your village, then your town, then your country, then your planet, then your universe, until you see yourselves as ALL and ALL AS YOURSELVES.

Let it be known that your TOLERANCE HAS POISONED YOU. Again, we are the unloved bringers of “bad tidings”. It will be in your present nature, for some, to feel insulted and turn away from messages such as this, as they make you feel very uncomfortable. THIS IS OUR AIM, TO WAKE YOU UP, and we will continue up to the very last possible minute, for your learning programme and journey towards perfection is so close to our hearts that we will gladly risk your anger and your disbelief and your rejection.

REJECT US NOT, citizens of earth, for we are here to work WITH YOU, not against you, aspiring to the highest level of love and light on this hallowed sphere which you have ALL BUT DESTROYED and which you call your HOME. We plead with you, as always, to heed our words. Seraphin.

## **Seraphin Message 142: TO THOSE CARRYING THE BURDEN**

Through Rosie, 11<sup>th</sup> July 2013

If you take a square piece of cloth and pull it stringently at two diametrically opposed corners, the material will stretch in the extreme and become a taut, elongated narrow shape. This is how your thoughts have become. Your mental landscape is narrow and taut under the tug of diverse and also opposing influences. You stand under enormous pressure, acknowledging this, including that, making allowances here and there, seeking to value and please everyone, wishing to disappoint no one, incorporating ALL into your vision.

This can feel as if you are carrying a major burden, trying to reconcile all opposites, attempting to understand all opinions, tolerating all behaviours. In the end, you are a mere scrap of extremely frayed and fragile and weakened material in danger of snapping in two, in danger of losing your mind.

The burden here is INDECISION: failure to point out abuse, failure to commit, failure to criticise, failure to stand up and express your own opinions out of exaggerated respect for others, failure to act despite the objections of others. You may have integrated all opinions, BUT YOU HAVE LOST YOURSELVES. You are moving slowly as a shadow instead of cutting a sharp silhouette in front of the light.

To stand IN THE LIGHT is no mean feat. It may reap unpleasant consequences. You may feel fear. You may wish to take small steps. But you will be also filled with relief, with the knowledge that you have undergone a test and emerged with renewed strength to fight for your own values and indeed FOR CONTINUED LIFE ON THIS PLANET where constant obedience and compliance to the machinations and structures of the dark is still the norm.

Do not allow yourselves to be stretched to breaking point, dear ones. Break out before you are broken. Reclaim the air and space and freedom which have been siphoned off, ever so slowly, without you realising. Throw off the burden and state your mind, declare your own manifesto to benefit humanity and step forward gloriously to inspire the others who lurk fearfully in the shadows, waiting to see what happens next. Sound your warnings incessantly, for even blocked or unreceptive ears will register the vibrations of the new tone: not as the constant droning which crowds out all independent thought, but as gentle chimes which usher in a new state of awareness.

Make it so inviting, so gentle, so peaceful and confident a tone that it will eventually become irresistible to all. Sing it to them, Beloveds, to those who hear or not, who live in misery and dejection, who have lost all hope, who squander in selfishness and lose themselves in planes of superficiality. Let it be known that the bells are ringing which will bring Christ Consciousness back to earth. Like bees they will follow the sweet nectar of your words, like helpless children they will respond to your love. Throw off your burdens of complicity so that you can help them from their knees and rise with you to create a brighter future. We say this to you in love, Seraphin

# **Seraphin Message 143: PLEASE STOP**

Through Rosie, 15th July 2013

Dear Inhabitants of Earth: PLEASE STOP IN YOUR TRACKS IMMEDIATELY, whether you are walking, running, on time, or late; whether you are working, relaxing, enjoying, struggling, living or dying; whether you are happy, uncertain, fearful, despondent or suicidal; whether you are peasant, pauper, citizen, refugee or king.

This message is FOR ALL OF YOU, WHEREVER YOU ARE, WHATEVER YOU ARE DOING, AND WHATEVER YOU ARE PLANNING TO DO NEXT, FOR YOUR PLANS ARE GOING TO BE DISRUPTED AND THE DIVINE PLAN WILL TAKE OVER.

This may start by planning to have a cup of coffee and finding that there is no more coffee in the shops. This may continue by expecting your rubbish to be picked up by the weekly waste disposal truck, but they do not come. These abnormalities in food supplies and interrupted services are only the beginning. This will spread to limited cash flow and media confusion. Gradually, the lies will be exposed and the truth will emerge.

Even if you are good at adapting to new situations, it will be difficult for even the most adept of you to keep up with these wild fluctuations in circumstances and to continue with confidence and trust through the following devastating changes which will assuredly reveal in all their dreadful detail the extent to which you have collectively allowed your life on earth to degenerate into a demoralised, power hungry, ruthless, inhumane community where killing is the daily "norm". You have injured your environment to such a degree that parts of it resemble a giant cess pit full of your own physical and mental WASTE.

No one is going to come and clean up this mess for you so that it miraculously disappears overnight without you noticing. You are going to have to look at it FULL ON. You are going to have to face EVERY LAST DETAIL OF IT SO THAT YOU UNDERSTAND WHEN AND WHERE YOU WENT WRONG. You will be presented with the full facts, for example the number of children routinely abducted, tortured and killed, and by whom – people who have enjoyed your allegiance, devotion and admiration. You will not be able to brush off those large-scale revelations as unconnected to yourselves. You will see your terrible blunders in many areas and will be devastated in turn.

What you thought was your kindness, your generosity, your attempt to put things right or to support good causes, were actually well-placed strategies to support satanic circuits and reduce opposition to their activities. You will see that your attitudes of tolerance were condoning further atrocities. You will be forced to see the damage done to YOURSELVES BY YOURSELVES on a material, genetic and health level, and also the damage done to your planet through deforestation, nuclear testing in air soil and sea, pollution of the waterways by sewage and chemicals, to name but a few. You will see the number of holes drilled into your earth's body, AND FEEL THAT PAIN, as a contrast to your present mild observance of scars on her skin.

Even as I describe what you will be facing, we are deeply saddened for you, but this is unavoidable as we reach the end of this cycle where your new position in the universe and its relation to CENTRAL SOURCE makes masking of the truth and low vibrations IMPOSSIBLE.

We beg you to STOP AND LOOK, as you did so often as children, learning to cross the road, AS THE ROAD IS NO LONGER SAFE. The sooner you begin to realise what is really occurring here, and the sooner you take note of the warning bells which are ringing very intensely NOW, the easier your adaptation to the ensuing chaos will be. Know that we of the spiritual hierarchy are always with you, especially when this path of SEPARATION into those who act WITH a conscience and those who CARRY ON WITHOUT A CARE begins in earnest. Changes are coming with every breath. The fact that we have repeated our warnings so often does not make them less true. On the contrary, it is a sign of our love for you.

So we ask you STOP YOUR USUAL ROUTINE: INVESTIGATE ALL AND EVERYTHING WHICH SHOWS UP FLAWS. EXAMINE YOUR BEHAVIOUR AND HOW YOU CONTRIBUTED TO CONTINUED INHUMANITY. LOOK IN PARTICULAR HOW "HISTORY" IS PORTRAYED AND HOW YOUR MEDIA PRESENTS CONTEMPORARY "EVENTS". QUESTION EVERYTHING. LEAVE NOTHING OUT. LEAVE NO STONE UNTURNED UNTIL PEACE AND HARMONY REIGN WORLDWIDE.

We beseech you to react. Seraphin and the Legion of Light

## **Message 144: ESCAPING FROM THE TUNNEL OF TEMPTATION AND RULES**

Seraphin through Rosie, 25<sup>th</sup> July 2013

To all Earth Inhabitants:

You progress fearfully down the dark tunnel of your lives. Ever so often, lights flash, attempting to get your attention. In fact, they compete with each other in their dancing neon colours, their brightness, their intricate flashing patterns and their audacious slogans. They are trying mostly to sell you something – subtly using SEX to do so – or they are warning you – the traffic - to STAY IN LINE.

Your senses are continuously bombarded with these suggestions and admonitions - these alluring offers which satisfy the senses alone and which keep you hungering for more, combined with the huge billboards and advertisements which enforce upon you the trademarks of those firms and establishments which HOLD YOU IN THEIR POWER. THEY ARE HOUSEHOLD NAMES – the names of your banks, supermarkets and insurances. They have built up their own reputation by continuously exhibiting their logos and advertising their products until the familiarity overrides all else, lulling the populace into feelings of false security that diversity and democracy really prevail, but we ask you to research behind the names and the facades to discover the relations and powerful networks.

As you pass through the tunnel of life, your eyes have become accustomed to the dark and they automatically search out the lights. Your eyes and ears are open to ALL THIS. In addition, you will see RULES IN PLACE, INTENDED TO GUIDE YOUR EVERY STEP, AND IF YOU STEP OUT OF LINE, YOU WILL FEEL THE CONSEQUENCES. But you have been subtly trained to think you are free and IN THE RIGHT. A system has been introduced and tolerated by you collectively which appears to support your RIGHT OF WAY, irrespective of the needs or desires of others.

Let me explain. This is typified by your traffic systems and lights showing RED or GREEN. It is constant stop and go. It means constant frustration alternating with constant exhilaration. It is the opposite of gentle flow with attentive care to all. Thus, on a more expansive level, you are encouraged to supposedly ENJOY YOURSELVES AND LET IT ALL HANG LOOSE while simultaneously experiencing CLAMPING DOWN ON FREEDOM AND PERSONAL INITIATIVE.

Is this the life you wish to lead? You move joltingly through the tunnel which has been constructed so carefully to contain you, so that your view is restricted, and so that you travel in only one direction.

If you attempt to sound out the walls, you will see that they are thin and worn. They will not hold out much longer, but still you do not raise your hands and pull them apart. There are chinks in the panels, but still you do not dare to gaze at the beautiful expanse beyond.

Know, as always, that you are the actors on this stage, and know, as always, that our intention is to deliver you, by your own decision, into a better world. Seraphin

## **Message 146: THE GREAT DEPROGRAMMING OF YOURSELVES**

Seraphin through Rosie, 16<sup>th</sup> August 2013

Have you ever wondered, Beloveds, why some plants grow twigs which spread and divide in sideways growth, whereas others stretch uncompromisingly high in vertical mode? Why some leaves are round and others spiky? They are simply following DIVINE PROGRAMMING. Watch the spider attentively: he spins his web with great dedication, care and precision, and his life and growth depends upon it. Did he spend hours at his school desk, chewing his pencil, straining to digest streams of information, attempting to assimilate all facts presented to him on a convenient plate so that in the end he might receive full marks in an examination called HOW TO SURVIVE AND THRIVE? Did he apply for planning permission or pay fees or take out credit before building his home?

You are similarly programmed, inhabitants of earth. It is your INNER NATURE and also of your DIVINE NATURE that you follow this programming, for to deviate from it and act as chaotic particles on collision and independent course is to end in chaos, misery and destruction. Your concept of being “programmed” is often seen in a negative way, and indeed your DIVINE PROGRAMME has been under virulent and constant attack and often superseded by devious means in the form of PROGRAMMES WHICH HARM. Yet the programme we speak of is the programme which HEALS and which LIGHTENS YOUR LOAD, which puts a spring into your step, which fills you with eternal optimism, which floods you with joy.

How can you rediscover this? How can you return to this original purpose, this state of purity, this absolute clarity of your chosen path? And yes, the programme is chosen BY YOU AND WITH YOU AND WITH YOUR TOTAL CONSENT AND IT IS

SEALED WITH A KISS. It means that you will return to the arms of your creator WHATEVER IT TAKES AND HOWEVER LONG IT TAKES, being a divine expression of creation on the way.

How long will your travelling time be? Some people travel with many suitcases. Some travel with just a toothbrush. But these are just physical accoutrements. We are talking here about mental luggage. Some of you have accumulated layers and layers of alternative programming whose SOLE PURPOSE IS TO SLOW DOWN YOUR JOURNEY AND DISTRACT YOU FROM YOUR PURPOSE, TO LEAD YOU INTO DEGENERACY, TO PLUNGE YOU INTO FEAR AND TO SOIL YOUR JOY.

Just as we asked you to “let go” in the previous message, we now ask you to STRIP OFF THE PROGRAMMING. Cast off all unnaturalness. Return to your original state of childlike wonder. Treat every plant and seed as holy. Watch them grow. Watch yourselves return to a place of silence where you can perceive what your divine wiring is very gently ushering you to do next. Clear your outward and inward spaces and stretch intuitively in the direction which is the most beneficial for you.

Do not try to grow into a tall waving reed if you are destined to become an apple tree. Do not attempt to bring forth beans if your divine programming encourages you to bring forth potatoes in abundance. You are part of the living world, integral to nature, and the same rules apply. May you quieten the noise of your surroundings and follow the quiet loving voice of CREATION so that you live your potential abundantly, and so that you can discern between divine programming and harmful programming.

Some of you reading this may be confused: What exactly is this programming of which I speak? I will elucidate in great detail:

YOU HAVE BEEN PROGRAMMED TO THINK that you will only survive if you earn lots of money.

YOU HAVE BEEN PROGRAMMED TO THINK that if you consume just a little bit of poison, or cheat just a little bit, or lie just a little bit, it will not matter. But everything matters to and is part of universal consciousness INCLUDING YOU and thus will return to you in some form.

YOU HAVE BEEN PROGRAMMED TO THINK that if you are on good terms with everyone, and if you are “politically correct”, you will be acceptable and will make headway.

YOU HAVE BEEN PROGRAMMED TO THINK that the more independent you are, the less likely you are to suffer downfalls.

YOU HAVE BEEN PROGRAMMED TO THINK that if you make a fortune, you are invincible.

YOU HAVE BEEN PROGRAMMED TO THINK that if you keep your thoughts to yourself, no one can take advantage of you.

YOU HAVE BEEN PROGRAMMED TO THINK that if you believe in nothing, you are free and untouchable and cannot be manipulated.

YOU HAVE BEEN PROGRAMMED TO THINK that if you are ill, medicine will cure you.

YOU HAVE BEEN PROGRAMMED TO THINK that “entertainment” will cure “boredom” and that your “leisure time” should be occupied to the full.

YOU HAVE BEEN PROGRAMMED TO THINK that if you become destitute, “welfare” of a kind chosen by another will provide.

YOU HAVE BEEN PROGRAMMED TO THINK that the more material possessions you own, the more secure you will feel.

YOU HAVE BEEN PROGRAMMED TO THINK that amassed material possessions will stave of the fear of dying, but you will “die”, Beloveds. You will drop this body and MOVE ON, taking only your learning experiences with you.

YOU HAVE BEEN PROGRAMMED TO THINK that if your body looks perfect, you will find the perfect mate.

YOU HAVE BEEN PROGRAMMED TO THINK that it is open-minded to tolerate excesses – that everyone should express their opinions and exercise their “rights” even if these border on militarism, violence, manipulation and abuse of the rights of others.

YOU HAVE BEEN PROGRAMMED TO THINK that you must keep up with others, otherwise you will be left behind.

YOU HAVE BEEN PROGRAMMED TO THINK that competition is essential to survival.

YOU HAVE BEEN PROGRAMMED TO THINK that sacredness is “uncool”

YOU HAVE BEEN PROGRAMMED TO THINK that social mores, dress and music go in and out of “fashion”, which is to be followed at all costs.

YOU HAVE BEEN PROGRAMMED TO THINK that the condition of your skin depends upon the quality and expense of product put upon it.

YOU HAVE BEEN PROGRAMMED TO THINK that the level of “education” determines the quality and success rate of an individual.

YOU HAVE BEEN PROGRAMMED TO THINK that living “happily ever after” involves no work on oneself.

YOU HAVE BEEN PROGRAMMED TO THINK that the information in main street media always represents the “truth”.

YOU HAVE BEEN PROGRAMMED TO THINK that you are victims of fateful events and natural catastrophes.

YOU HAVE BEEN PROGRAMMED TO THINK that you are alone in the universe, and that you are the only civilisation who has populated this planet.

As an individual facing politicians and “national interests”, you may feel powerless, yet YOU HAVE BEEN PROGRAMMED TO THINK the comforting thought that you have “the vote” and live in “democracies”.

YOU HAVE BEEN PROGRAMMED TO THINK that war is a necessary defence mechanism.

YOU HAVE BEEN PROGRAMMED TO THINK that killing others and killing animals to eat is not really killing.

YOU HAVE BEEN PROGRAMMED TO THINK that the earth is an inanimate rock hanging in a black void.

YOU HAVE BEEN PROGRAMMED TO THINK that the traditional “family” and marriage are old-fashioned and obsolete institutions, thus encroaching on all children’s emotional stability and security.

YOU HAVE BEEN PROGRAMMED TO THINK that your lives are limited to that which you experience through the five senses.

YOU HAVE BEEN PROGRAMMED TO THINK that what is “right” and “wrong” must always be determined, as opposed to seeing life as a learning experience with ever increasing perspectives.

YOU HAVE BEEN PROGRAMMED TO THINK that nothing is holy.

YOU HAVE BEEN PROGRAMMED TO THINK that sex is casual entertainment.

YOU HAVE BEEN PROGRAMMED TO THINK that it is “cool” to be “bad ass”

YOU HAVE BEEN PROGRAMMED TO THINK that all demonstrations are spontaneous and genuine outbursts of justified outrage whereas many are purposely funded and instigated on both sides.

YOU HAVE BEEN PROGRAMMED TO THINK that your “government” is doing “all it can” to protect you.

YOU HAVE BEEN PROGRAMMED TO THINK that the present human condition represents the very apex of development, whereas it is actually in a trough of quagmire.

YOU HAVE BEEN PROGRAMMED TO THINK that there are “good” schools / products / services / programmes as opposed to “bad” schools /products / services / programmes, when in fact most schools teach faulty and incomplete curriculum in fragmented way, whereas many products and services are superfluous because they pander to the ego. You also buy many products unnecessarily because YOU HAVE BEEN PROGRAMMED TO THINK that ownership is safer than sharing.

YOU HAVE BEEN PROGRAMMED TO THINK that you should “live it up” so that you will regret nothing when you “die”. YOU HAVE BEEN PROGRAMMED TO THINK that “death” is unavoidable and constitutes THE END and is thus to be greatly feared.

YOU HAVE BEEN PROGRAMMED TO THINK that your attempts at recycling somehow obliterate and make good the

squandering of earth's resources to make products.

YOU HAVE BEEN PROGRAMMED TO THINK that no one is actually evil or acting with bad intent. You believe it is simply a case of some people not caring enough. You are trained to think that everyone actually "means well".

YOU HAVE BEEN PROGRAMMED TO THINK that anyone who questions what you have been trained to believe is a "conspiracy theorist" which YOU HAVE BEEN PROGRAMMED TO THINK is a very negative thing to be.

YOU HAVE BEEN PROGRAMMED TO THINK that it is normal to run to psychologists when you suffer conflict in yourselves, yet you have been trained to be tolerant and intolerant AT THE SAME TIME, and you have been trained to be dependant and independent AT THE SAME TIME, and you have been deliberately cut off from your sacred roots through suggestions that "God" is somewhere outside of yourselves, and this results in lack of direction and internal turmoil. Through all manner of rules /restrictions / religions you are trained to "hold back", while simultaneously being encouraged to indulge in excesses. Thus you are trained out of your own sovereignty and away from your divine programming.

YOU HAVE BEEN PROGRAMMED TO THINK that it is best to be polite and smiling instead of authentic, direct and original. You have been trained to be obedient, docile, patient, passive and unquestioning. You have been trained to say "I hope everything will be for the best" rather than "WHAT IS REALLY GOING ON HERE?" You have been trained to decrease your natural curiosity and turn to saturation of the senses. You have been taught to crawl instead of fly. The rising revolutionary has been trained OUT of you. Instead, you have been trained to titillate yourselves with sensationalism. You have been programmed to seek short-term thrills (sugar, alcohol, drugs) rather than long-term joy. You have been trained to hold yourselves in a place of continuous FEAR through constant bombardment with "bad news".

YOU HAVE BEEN TRAINED to fight for individual rights rather than fight for the collective good of humanity.

YOU HAVE BEEN TRAINED to stem your horror and indignation of killing and murder by the screening of so many deaths in films that it has become "normality". You have been trained to think that it is all right to construct instruments of war if this feeds the mouths of your family.

YOU HAVE BEEN TRAINED to protest only in ways which are limited and inconsequential and which do not threaten the "status quo".

YOU HAVE BEEN TRAINED to believe that your courts seek faithful representation and inquiry into the truth.

YOU HAVE BEEN TRAINED into fierce nationalism by the erecting of boundaries.

YOU HAVE BEEN TRAINED to overlook infestations of parasites.

YOU HAVE BEEN TRAINED to relegate the "angelic realms", peopled with a vast array of celestial beings of various degrees and capacities, to the realms of fantasy and make-believe. Whether off or on planet, whether seen or unseen, they are derided. Those who perceive them are made a laughing stock. They are condemned as those with a "very fertile imagination" talking to "imaginary friends" or simply to oneself. Your contact to these beings and worlds is possible and also desirable for your best possible spiritual growth, and as this scribe can testify through myself, as I Seraphin guide her pen, WE ARE FOR REAL. We can help you, guide you, prevent you from falling into real difficulties if only you will REALISE OUR PRESENCE AND OUR GOOD INTENTIONS AND ASK FOR OUR GUIDANCE.

In short, YOU HAVE BEEN TRAINED NOT TO THINK.

Has this programming worked on you, Beloveds? Look at your world and see the answer. Have you resisted this programming or have you worked towards its perpetuation? You have been so thoroughly throttled that you can no longer sing your holy song. You have been kept in place by the spreading of illusions and dissemination of stories.

May you all become aware of this massive attempt to manipulate you. May the scales fall from your eyes. May you perceive clearly that THIS IS THE PROGRAMMING WHICH HAS MADE FOOLS OUT OF GODS. REMOVE ALL ADVERSE PROGRAMMING. BARE YOURSELVES TO THE VERY CORE AND SEE THAT WHAT REMAINS IS SACRED.

We send this message to you out of love, Seraphin

## **Seraphin Message 147: THE CASE FOR CLARITY**

Through Rosie, 22<sup>nd</sup> August 2013

R: Dearest Seraphin; I am writing this in full sun in a Mediterranean country. The shadows it throws are so clear – as if someone has taken a pair of scissors with a very sharp cutting edge and has created a silhouette out of black paper. It occurs to me that the more I look into the light, the more everything else falls into dark relief. The colours in the light are enhanced and shine with brilliance, while exactly the same colours in the shadows are dull and lustreless. There's an analogy in there somewhere!

S: Indeed my child: you are all jewels who will shine brilliantly in the light, the more determinedly you stand in her rays, and the more you emerge from the shadows. The “light”, which is the great and glorious and creative UNIVERSAL CONSCIOUSNESS SMILING UPON YOU, can show you your path WITH GREAT CLARITY. And it is your clear decision to dedicate your lives to SHINING which will lead you to joy and fulfilment, ever closer to the SOURCE OF LIGHT which created you.

Note that the dark shadows of others can obstruct your own view, or can make the outline and purpose of YOU much less clear for others who are watching out for LIGHTS TO LEAD THEM or LIGHTS TO CO-CREATE WITH. Therefore be vigilant. Regard carefully that which approaches you, lest your purpose be sullied and your beacon diminished. Do not let others encroach, as does the ivy or other parasites which grow up a tree trunk, for then you will be obscured and choked. Do not dally on instable bridges or step into debris on the road which muddies your boots. Do not leave the path of light for too long, lest your memory of it and its promises fade.

We sense the gratitude of this scribe for the sun and all its bountiful blessings, as a provider of nourishment, warmth and growth. You may bathe in this light for recuperation, as a physical outward manifestation which supports the INNER LIGHT WITHIN YOURSELVES.

If you are crawling, raise your heads towards the light and speak your gratitude. If hands clasp at you, slowing down your pace towards the light, gently offer your hand to take them with you, or if refused, gently remove them from your body. Graciously accept all help which brings you out of the shadows, if this is where you should find yourselves. Hold the divine light in your hearts always, and send it in all directions, and then you will travel easily, be recognised easily, and by being CLEAR yourselves you will perceive everything you meet with ULTIMATE CLARITY, stating clear intent and forging clear bonds which lead to clear results.

REMEMBER: even if the sun sets behind the hills, IT IS STILL THERE. Similarly, if others do not see your light (because they have a different focus or are looking in a different direction), IT IS STILL THERE. And if you grow weary and take a rest in the shadows, hiding on the sidelines, know there will always be a helping hand and a NEW DAY to lure you out into the light of knowledge of your own impeccable brilliance as an agent of DIVINITY, as a PURE JEWEL IN THE SACRED CROWN.

## **Message 148: A SINGLE THOUGHT CAN CHANGE EVERYTHING**

Seraphin through Rosie, 26<sup>th</sup> August 2013

R: Dearest Seraphin: I have just been struck by the immense significance of this sentence: “IN PRECARIOUS TIMES, A SINGLE THOUGHT CAN CHANGE EVERYTHING” (quoted from Christ's Letters from Christ's Way). We surely live in precarious times, with power players threatening war with nuclear arsenals at their finger-tips, with mounting fiscal scandals and debt, with increasing surveillance and rise of crime, with health risks due to pollution, and with increased tectonic activity, to name but a few. This we can call PRECARIOUS, like walking on the edge of a precipice and praying that we will not collectively stumble .... I feel you wish to comment on this ...

S: Yes, you are, as a global population, veritably on the edge of a precipice, yet few actually realise that this is so. It is part of my task to try and ALERT YOU TO THIS. One false step and you crash onto the rocks below. ON THE OTHER HAND, ONE POSITIVE UPLIFTING SACRED AND LOVING THOUGHT CAN TIP THE SCALES IN THE OPPOSITE DIRECTION AT THE VERY LAST MOMENT. ONE CHANGE OF DECISION, ONE GESTURE OF PEACE, ONE CHANGE OF HEART CAN LIFT YOU AWAY FROM CALAMITY.

I hear you little ones who read this (OR WHO SHOULD BE READING THIS) say “Oh no, not me. No thought I could ever think could have such a monumental effect”. But I say YES, IT COULD. And I say IF EVERYONE RECOILED IN FRIGHT AS YOU DO, THERE WOULD BE NO HOPE. And that is actually where many of you who have a glimpse of what is really going on, find yourselves – in a place of hopelessness and powerlessness, in the knowledge that you are walking on the edge of a cliff. Is this CREATION’S GIFT TO YOU – A LIFE OF FEAR AND BONDAGE? NO. You have been given the power to create your lives.

We urge you yet again to consider the POWER of your thoughts (which further translate into words and actions), not in a vague and abstract way, but in an extremely thorough and concrete moment-to-moment way. EVERY WORD COUNTS. EVERY WORD CARRIES NUANCE, SUGGESTION, COLOUR, ASSOCIATION, VIBRATION AND EXPRESSION. BE CAREFUL IN YOUR CHOOSING, AND KNOW THAT EVERY SYLLABLE YOU UTTER IS EITHER A SILVER PEARL WHICH DROPS FROM YOUR LIPS, OR A POEM, OR A SUPERFLUITY, OR A CURSE. Whatever comes out, IT IS A PROPHECY OF WHAT IS TO COME, AND IT FLIES TOWARDS THE OBEJCT OR PERSON OR SITUATION OF YOUR CONSIDERATION ON WINGS OF LOVE, CONDEMNATION OR HATE. IT FASTENS ONTO THEM AND AFFECTS THEM ACCORDINGLY.

We must also remind you that THOUGHTS OF A FEATHER FLOCK TOGETHER, though this is a dimension not commonly visible to human eye. They cumulate and become clouds of LOVE or clouds of HATE, and - if they are sufficiently intense - THEY WILL MATERILAISE (as all strong ideas and intentions materialise) AS LOVING OR VIOLENT SITUATIONS in which you will FIND YOURSELVES. Thus do you build your world with the power of your thoughts. EVERYTHING around you is a result of this process, and REALISING THIS means that you have grasped the possibility of exercising this power and of REVERSING THE PROCESS.

Some of you may look at me sheepishly and ask SO WHAT SHOULD I THINK TO SAVE THE WORLD? WHICH THOUGHT CAN TIP THE BALANCE? As so often, love is the answer, and gratitude and humility are helpful stances to adopt in EVERY DIFFICULT SITUATION. But first you need to scrutinise your thoughts for signs of “negativity”. By this, we do not mean floating around on a wave of “positive thinking” which ignores the fruits of your collective negative thoughts and actions. What I mean is EXAMINING HOW YOUR PARTICULAR THOUGHTS HAVE GOT YOU INTO THIS UNPLEASANT SITUATION. Sometimes these are thoughts like “I am unworthy, small, uneducated, less important, cannot make a difference”. Sometimes these thoughts are “I had better knuckle down, respond quickly, be obedient to authority”. Sometimes these thoughts are “I don’t care, I can’t be bothered, it’s got nothing to do with me”. Sometimes these thoughts are “Nobody takes me seriously, let’s hope that everything turns out for the best, I am not responsible for this, this problem is way too big for me to tackle”.

Or you may make fatal statements which emphasise and bring about the FINALITY of a situation and which DO NOT LEAVE THE DOOR TO CHANGE OPEN (for example I AM ILL, HE IS ALWAYS UNPLEASANT, I HATE ARGUMENTS, SHE NEVER SPEAKS TO ME). Some of these statements are based on PAST EXPERIENCE, but it is time, Beloveds, to GET BEYOND PAST EXPERIENCES and to STOP USING THEM AS A BREEDING GROUND FOR ASSUMPTIONS ABOUT THE PRESENT AND THE FUTURE.

What sort of a future would you wish for? Investigate the quality of your thoughts and you will SEE and be able to prophecy THE QUALITY OF THE FUTURE. We hope to have brought to your attention the very powerful tools which can effect positive change. Your thoughts / words WILL COME TRUE. In this you can become TRULY CREATIVE, children on earth. REBUILD YOUR PLANET, CARRYING VISIONS OF PARADISE IN YOUR THOUGHTS, AND IMPLEMENT THOSE THOUGHTS SO THAT THEY TURN INTO ACTION. Truly, you are capable of tipping the balance with OUR HELP. Go within, seek out your guides and request and receive DIVINE INSPIRATION WHICH IS NOT BASED ON AND WHICH IS FAR GREATER THAN YOUR OWN PAST EXPERIENCE. Thus will we all progress together, hand in hand, and it shall be as if you are living in a new harmonious land.

We love you, Seraphin

## **Message 149: THREE VOICES SINGING TO YOU, REQUESTING YOUR VOICE**

Christ Michael, Seraphin and Nebadonia through Rosie

CM: Many souls may be touched by rare melodies, yet it is the timbre and emotion of the human singing voice which can uplift and enrapture. Embellished with great enthusiasm and INTENSITY, a song may pierce the facades and evoke true emotion in others where they thought they were UNTOUCHABLE. A song may reach those who need it DESPERATELY. Real emotion no longer exists in the majority of films and songs. They plunge ahead, leaving sensitivity behind them. They centre on the brutal and violent, in word and deed.

You collectively need a RETURN TO TRUE AND SPONTANEOUS EMOTIONS IN EVERYDAY SITUATIONS as opposed to HIGH GLOSS PRE-CHEWED CANNY ROMANCES AND MYSTERIES INVOLVING MULTIPLE MURDER AND UNSPEAKABLE ATROCITIES IN RAPID SUCCESSION SO THAT THE MIND HAS NO TIME TO DIGEST (Perhaps Seraphin would like to do a text on "NO TIME TO DIGEST"). Slow songs leave space for the imagination and are simple in meaning and sensitive in quality. They can bring consolation in the cruel times which are now fully in swing and RAPIDLY ON THE INCREASE DUE TO IMMINENT WAR.

S: Dear ones on earth: what music is capable of doing is DRAWING OUT emotions and memories of painful or beautiful past experiences, touching CHORDS IN THE SOUL WHICH HAVE LONG NOT BEEN PLAYED, but which are nevertheless part of its make-up and experience. The longer your own personal song of love, service and gratitude has been resting in the backrooms of your minds, the more painful will be their rediscovery, the deeper will be your regret at losing your way, the greater must be your courage to SOUND THEM AGAIN. These may also be sad songs of past grievances, of stances of resignation. They may be joyful overtures of anticipation. They may be wondrous pieces SMOTHERED AND CLUTTERED by daily routine and the ditties and harsh jingles and computerised commercial concoctions which presently occupy the term MUSIC in your society.

And so we ask you: WHERE IS YOUR SONG? WHERE IS YOUR VERY OWN PERSONAL EXPRESSION OF YOUR STRONGEST AND HIDDEN EMOTIONS, OF YOUR GREATEST YEARNINGS AND STRIVINGS, for it is so important FOR YOU to express these, and it is so important FOR OTHERS TO HEAR THE INTENSITY OF YOUR DESIRES, YOUR JOYS, YOUR PRAYER. Can your voice, as a single note of purity, as a unique expression of ideals, be heard amongst the noise pollution of your daily lives? You are throttled with the sound of "NEWS" relating distressing incidents continuously in the background. In large cities, you are surrounded by the continuous noise of traffic passing. Your voice cannot be heard because you are one of crowds of people in enclosed spaces. You are bombarded with an overkill of popular songs, popular "culture", popular fashions, popular films, popular personalities, all of which constitute a STEAMROLLER KILLING THE INDIVIDUAL SONG.

In the face of all this, your voice diminishes. It is considered "in" to know "what is going on" or "what is in fashion" or "what people are talking about", RATHER THAN WHAT YOU YOURSELF AS A UNIQUE AND DIVINE BEING COULD BE TALKING ABOUT. Do not give up, for you will rise above the turmoil like swans, singing your songs of SWEET SIMPLICITY AND CARING SENSITIVITY which will penetrate the hearts of those who suffer when the ERONEOUS AND DESTRUCTIVE WALLS OF NOISE AND DISTRACTION FALL AWAY FOREVER. And when the many lost and doubting souls stand naked before you, devastated by the falling away of familiarity, scared of the as yet unrevealed future, YOU WILL SING YOUR SONGS TO THEM, filling them with hope and comfort, allowing them to SLOWLY DIGEST THE MONUMENTAL DECEPTIONS THEY HAVE SWALLOWED, allowing them to SLOWLY DEVELOP THEIR VISIONS OF A GOLDEN AGE and, above all, REMINDING THEM OF THEIR OWN UNIQUE AND INDIVIDUAL VOICE WHICH HAS BEEN LOST AND REFOUND, IN ORDER TO BE RE-GIFTED TO HUMANITY FOR ITS FURTHER UPLIFTMENT INTO HEAVENLY SPHERES WHERE ALL SING INDIVIDUALLY IN HARMONIOUS UNISON.

N: Be still Oh my children and cease to ride the roller coaster and bullet trains which by their very speed and name draw you into a sphere of helplessness where you have LOST YOUR BREATH AND LOST YOUR POWER AND LOST YOUR CLEAR VISION. To travel like a bullet means to pierce many layers while perceiving none. So rest with me in the moment of NO MOMENTUM. Allow your rocking and plummeting and soaring and swaying to peter out into a moment of stillness and silence where the immediate scenario with all its details comes into EXACT FOCUS.

Thus do endless expanses of green become finely chiselled blades of delicate grass populated with myriad wildlife. Thus do shapeless areas of fleeting grey become factories of ever-belching smoke. Thus do stretches of yellow become vast areas of desert scattered with bones. Thus do the movements of your fingers and toes become mechanisms of wonder. Thus do steady hums become a cacophony of dissenters, a company of mourners, hymn-singers of gratitude, the clatter of heavy-duty traffic, or constant screams for help. Put yourselves in this place of non-motion, Beloveds, and I will teach you what to listen for. For to stop is to hear, and the noise on your earth has reached explosion point. Still yourselves and react acutely to all you see and hear with the love you can infuse with my help. Break down the barrier of sound and speed, enter the silence and sing your own gentle tune for all to hear.

## **Message 150: WHAT IS PEACE?**

Seraphin through Rosie, 9<sup>th</sup> September 2013

What is peace, beloved children on earth? It is not simply the end of a war which leaves thousands if not millions of casualties and deep emotional trauma in its wake. Neither is it an uneasy cease-fire where both sides are ordered to hold back their aggression, for this aggression still exists and will unfold in other avenues and forms of destructive expression. Neither is it a quiet hiatus between conflicts. **REAL PEACE EXISTS ONLY IN YOUR HEARTS AND ACTIONS AND BEHAVIOUR, and REAL PEACE WOULD MAKE "WAR" AN OBSOLETE WORD AND AN OBSOLETE CONCEPT. AGGRESSION OF THIS DEGREE WOULD NEVER ARISE.**

There may well be disagreement or differing opinions of how to reach certain goals, but **AS THE GOALS WOULD BE COMMON TO ALL, THIS WOULD OVERRIDE ALL AND THERE WOULD BE NO ROOM FOR ANYTHING WHICH IS NOT SACRED AND HARMONIOUS. NOT EVEN A BLINK OF THE EYE WOULD BE PERMITTED IF THIS ONE SECOND ALLOWED DEVIATION FROM THE WILL OF CREATION WHICH IS TO PROVIDE ALL WITH JOY AND PROSPERITY.**

Can you imagine such a world, Beloveds, where **FEAR DOES NOT LIVE, WHERE THREATS ARE NEVER MADE AND WHERE LOSS DOES NOT OCCUR, WHERE ALL MOVEMENT AND DEVELOPMENT MOVES BY GENERAL CONSENSUS TOWARDS THE ONE, TOWARDS THE GOOD OF ALL WHICH FORM THE ONE?**

Your stance here is **NOT** to stand on the edges of "war", fearing the worst, hoping you will not feel the effects, praying that everything will turn towards peace, **BECAUSE THE WHOLE PROCESS IS LINKED INEXTRICABLY TO YOU. YOU ARE THE PRIME MOVERS WHO CREATE PEACE, AND THIS YOU CAN START AT ANY MOMENT IN THE DAY. GROUP YOURSELVES WITH THOSE WHO WISH TO CREATE PEACE ALSO, WITH THOSE WHO LONG FOR UNITY, WHO ARE PREPARED TO REFLECT UPON THEIR OWN BEHAVIOUR, WHO WISH TO ACT AS CATALYSTS AND EXAMPLES FOR THOSE WHO WILL FOLLOW. MEET FREQUENTLY. SUPPORT EACH OTHER THROUGH COMFORT, AND SUPPORT EACH OTHER BY POINTING OUT EACH OTHER'S WEAKNESSES. DISCUSS YOUR DIFFICULTIES. WORK ON YOUR PRECONCEPTIONS AND CELEBRATE YOUR EPIPHANIES TOGETHER. EXAMINE THE WAY YOU REACT TO OTHERS WITH JOY OR APATHY OR RETICENCE OR DISTASTE AND DISCOVER WHY. RECOGNISE HOW LITTLE IT TAKES TO UNBALANCE YOU, TO MAKE YOU TURN AWAY IN ANGER OR FEAR OR SORROW. SEE HOW EASILY YOU FEEL INSULTED, AND HOW EASILY YOUR STEPS BECOME SHAKY. STAND YOUR GROUND AND MOVE WITH EVER INCREASING DETERMINATION IN THE DIRECTION OF PEACE. BE PEACE WITH EVERY BREATH. BREATHE IT INTO ALL YOUR ENCOUNTERS, AND THUS YOUR LIVES WILL BE PERMEATED WITH JOY**

## **Message 151: RELEASE, RE-FOCUS AND FUSE**

Seraphin through Rosie, 17<sup>th</sup> September 2013

Dearest Seraphin: I recently had a wonderful experience regarding **RELEASE**. I had composed two songs. My singing instructor advised that I combine them, putting the words of one to the music of the other. This put me in a temporary state of shock, as I considered both songs as "unique" and "finished". After a while I was able to release these thoughts and try out the combination. The result was a high quality song which was even more "unique". You have given the title **RELEASE, RE-FOCUS AND FUSE**, so I suppose you want to say more about this process ...

S: Yes. Imagine that you have written two stories (You are in fact always writing many different versions of your lives simultaneously for others). For person number one you may be vivacious and outgoing. For person number two you may seem introverted or lethargic. Imagine that these two people meet. Both of them may be forced to **REVIEW THEIR VIEW OF YOU**, should they decide to spend time discussing your characteristics. They may come to the conclusion that they were partly mistaken, and then they will **RELEASE THAT THOUGHT FORM**, or person number one may **CLING STUBBORNLY TO HIS OWN PERSONAL CONVICTIONS** and treat person number two like a small child, indicating that they are inexperienced or intolerant or biased. Thus person number one may take a stance of arrogance and pronounce person number two **WRONG**. Or vice-versa.

However, if it is possible for them both to **RELEASE THEIR OWN CONVICTIONS**, then co-creation can result – a composite picture of yourself, formed by two agreeing parties. But what if they then **ENTER YOUR PRESENCE** and tell you their conclusions, telling you their impressions of your character and behaviour? What is your reaction? You may laugh or cry or stamp your foot in anger or simply nod in a bemused fashion or reject it outright. If **YOU** give expression to **YOUR** true feelings, then **PERSONS ONE AND TWO WILL AGAIN BE FORCED TO REASSESS THEIR PERSPECTIVES**.

What we are trying to say here is that **GETTING CLOSE AND CLOSER TO THE TRUTH INVOLVES RELEASE AND RE-**

FOCUSSING AND THE ABILITY TO INTEGRATE NEW INFORMATION, FUSING IT WITH OTHER INCOMING "TRUTHS" THROUGH ENCOUNTERS WITH OTHERS.

Your world at present is a trough of lies, yet many are convinced of the opposite. Know that the stream of "whistleblowers" will increase rapidly and SHATTER YOUR VERSION OF TRUTH WHICH YOU HOLD SO DEAR. This does not mean that you should crawl into holes. This is not a tragedy. This is the very opposite of LOSING FACE, SINCE THIS IS GAINING INTEGRITY AND DISCERNMENT SKILLS, SHOULD YOU BE ABLE TO LAUNCH INTO OPEN ENQUIRY. Prepare yourselves to FORGET AND RELEASE the foundations on which your particular "world" and experiences rest, for these foundations are about to crumble.

You will feel as if you have been hit over the head. You will feel disorientated and dismayed. You will cry. You may revile yourself. But if you are capable of RE-FOCUSSING, then you will simultaneously feel an inner SURGE OF EXCITEMENT because you sense that things are changing for the better HOWEVER PAINFUL THE TRANSITION.

We would like to ask you: how long is your RE-FOCUSSING PERIOD? Will you wallow in pain, Beloveds? Will you lament the old life where all was familiar and comfortable, or will you recognise STAGNATION, CORRUPTION, INEQUALITY AND POLLUTION OF MINDS AND THE ENVIRONMENT FOR WHAT IT IS?

Following the refocusing period, and being open to new streams of thought and information during which you listen with the ears of a child, and when you look with the eyes of a child, you will gain access to new "truths", and will be capable of FUSING WITH OTHERS to form the BEST POSSIBLE PLANS. These plans will not be orders issued by authorities on high. THEY WILL BE COMPOSITE PLANS CREATED BY ALL FOR THE BENEFIT OF ALL.

So take heart, dear ones, as you enter the PERIOD OF GREAT REVELATION. Be prepared to drop ALL PRE-CONCEPTIONS, even if these have formed the very basis of your activities or professional occupations, for the carpet will be pulled out from under you feet. We encourage you to stand up again as soon as possible with humble determination to enquire and determine WHA IT HAD TO COME TO THIS, and ENSURE THAT THE DEPRAVITY RIDE ON THIS PLANET WILL NEVER GROW AGAIN.

We love you, Seraphin

## **Message 152: LOST IN TRANSLATION**

Seraphin through Rosie, 27<sup>th</sup> September 2013

So many aspects of your world are "lost in translation". In many ways your planet is just a poor demonstration – a faulty carbon copy of what it REALLY COULD BE. It is the inhabitants – in short YOURSELVES – who are lost and floundering, and this (contrary to the confident upward surge of growth and improvement reported in your history books) has been the state for thousands of years.

Please open your eyes to the fact that much has been given in the way of messengers bearing truth and wisdom for the benefit of ALL, and that much of this has been lost, distorted and manipulated by those attempting to wield power.

It is now time to REMOVE YOU FROM THAT DETRIMENTAL INFLUENCE and make you stand on your own feet and look through your own eyes. And part of this process involves ISOLATING YOU IN AN IVORY TOWER OF NO CONTACT, NO NOISE AND NO DISTURBANCES TO DISTRACT YOU FROM THE ESSENCE OF THAT WHICH YOU MUST LEARN AT THIS STAGE.

In the silence, every syllable uttered takes on a new profound meaning and has unimagined impact. Every nuance or suggestion can be heard minutely as a clear bell sounding throughout eternity. In a way, this is a MASS EXPOSURE OF YOUR THOUGHTS TO YOURSELF. The quality, or lack of quality thereof, will be so clear to you as they ring out in the silence.

How can you change the sorry carbon copy, the paper-cut of your existence into the bounteous joy and abundance which everyone – from the beginnings of your planetary existence – has been INTENDED TO ENJOY? In this silence you will rediscover your sensitivity. You will know that each word you choose can be polished like a jewel and sent into earth's field like a dove distributing love. You will realise the sad shallowness of your hastily scribbled notes written in moments of stress of frustration. Awkward and lame communicators may transform into poets if open to this new stream of energy.

You will contemplate how you wish to proceed in future so that you embellish and uplift others rather than cut people short

and disappoint. The full array of emotions and ways of expressing these will return to your fingertips and you will discover the joy which ensues if you use them. You will forge deeper bonds than you could have thought possible and will feel fulfilled to overflowing. If you continue this, like a river, moving on with ease despite stones and stumbling blocks which present themselves to you fleetingly, but which are easily left behind, then your joint energies can fuse to form a powerful and unstoppable force.

Therefore, Beloveds, if you find yourselves stuck in difficult situations, remember that this is only skeletal structure which can be fleshed out through communication and strong desire for a full-bodied and full-blooded experience. Do not get caught up in trivialities like “he said this” or “you said that”, for the dimensions available to you stretch into infinity. Do not interpret “tragedies” or “drastic comments” or “disparaging remarks” or “strong condemnations” as final and irreparable, for to do so would be giving them a power which prevents further insight and progress.

Your world is literally STUCK IN A GREAT RUT and there WILL be a great jerk forward which will expand your awareness like never before, rendering previous structures, conversations, convictions and beliefs as incomplete and hollow. They will appear to you as a burnt out building, with only couple of walls intact, roofless and fully exposed to the elements. You will pick up the pieces and you will be forced to look at them long and hard. You will discard much rubble, and during this new search, you will retrieve THE CORE, A SACRED MOMENT OR INSIGHT, which is the point of the exercise. And having retrieved that, you will see that all else was on the periphery. It will be easier then to see what you have personally “lost in translation” and how your lives have been a POOR TRANSLATION OF THIS CORE TRUTH.

SO WHAT WILL WE DISCOVER, I hear you cry. While this will vary from person to person, the main discovery will be YOUR OWN GODLINESS. You will discover that this divine aspect of yourselves has been BURIED UNDERNEATH THE RUBBLE. You will finally come into the realisation that YOU ARE THE TRANSLATORS OF DIVINE WILL.

## **Message 153: CELESTIAL DRUMS AND END OF TRANSMISSION**

Seraphin through Rosie, 3<sup>rd</sup> October 2013

The drums are rolling, dear inhabitants of earth. Not constantly, but now and again, audible for those who listen, inaudible for those who sleep or whose lives are crammed with constant “events” and distractions which cancel out celestial noise. By celestial noise we mean the sound of DIVINE TRUTH as it travels on paths winding and unexpected, managing to pierce the veil of your presently heavily encumbered “reality”. This will increase and accelerate. The rhythm of the celestial drums is varying: it comes in many surprising guises and melodies which may catch you off guard. It may also stop completely for a time allowing for PERIODS OF SILENCE, contemplation and reorientation. It may come suddenly – a single boom – or it may trickle like a tiny silver river.

In the end, it will flood everything. It is at this point that we would like to refer you back to a previous message concerning FLOODGATES (Message 97: OPENING THE FLOOD-GATES OF TRUTH, see below). Take this one to heart now, because when the floodgates open, nothing can stop the water. There can be no resistance. You will either swim with the flow or drown if you struggle against it.

To the dark brothers: your previous stronghold, your grip on the media, is slipping, and your faulty and deceptive and selective transmissions will end, leaving a huge INTERMISSION BREAK which will leave many people without their trusted references and their context for living, showing up their excuses for not going into action. They will no longer be presented with “news”. They will be presented with THEMSELVES. They will be forced to investigate their own dependency on others and will be forced to develop ideas for survival. They will be forced to adapt to what is possible and available. They will have to improvise and continue without “luxury items” and paid services. They will learn to become autonomous.

Presented with horrors, they will have to choose between flying to the rescue, or sending compassion from afar, or make choices concerning self-preservation, to varying degrees. What will win, Beloveds? Will you run and hide? Will you confide in your fellows? Will you collapse in a heap? Will you lament endlessly? And most importantly, WILL YOU HELP TO RECTIFY? WILL YOU SHARE? WILL YOU ASK WHY THIS HAS HAPPENED? WILL YOU DISCOVER WHAT ROLE YOU HAVE PLAYED IN IT? Will you crawl with closed vision along dark familiar corridors of behaviour, or will you welcome the opportunity to STEP INTO THE LIGHT? Will you bear the torch for others in one hand, and offer your other hand to those in despair? Will you be able to separate yourselves instantly from the clothes or shoes or food which will save or comfort another?

You will see that all choices facing you are ETHICAL ISSUES DEMANDING YOUR UNDIVIDED ATTENTION, and while it will no longer be possible to offer your help and services to those on the opposite side of the globe, you will receive the BEST OF PRACTICE IN SMALL LOCAL COMMUNITIES. The learning curve – in the midst of such close, sudden contact due to emergency – is very steep. You may greatly profit from this unprecedented scenario which will come to pass on your earth.

We watch you moving towards this and we bless all your endeavours. We love you, Seraphin.

Here is the message Seraphin refers to:

**Message 97: OPENING THE FLOOD-GATES OF TRUTH**

Seraphin through Rosie, 29<sup>th</sup> April 2012

Dear Children on Earth who walk in Despondence and Darkness, who continue on your well-trodden path, down-trodden by your fellow travellers, elbowed into unpleasant corners by your “elders”, made to wait at every gate before you are allowed to continue, forced to pay toll at every stretch, subject to scrutiny and search before you are allowed to progress.

DO YOU CALL THIS LIBERTY?

In short, Children of the Earth who know no other way, who follow blindly, who are unable to re-set the buttons of their programming and start anew.

To start again from scratch means to face NOTHINGNESS, BOUNDLESSNESS, THE FREEDOM TO CHOOSE NEW PATHS. Who has seized these freedoms and forced you to accept their plans, their tolls, their taxes, their divisions, their corruptive practices, their degenerate behaviour? The ones who have seized these freedoms of choice – who are well aware of their inherent power (AS YOU ARE NOT) - have chosen to subject you to their yoke. And you have willingly complied and ceded thereby your own free will.

Dear Children who are Downtrodden: attempt to tread consciously, not in the tracks, ideas, suggestions, concepts, plans, hierarchies of others, but IN STEPS OF COMPLETE PURITY, KNOWING EVERY SECOND WILL COUNT, KNOWING THAT EVERY PACE IS A POINT FOR DIVINITY OR FOR THE “DEVIL”.

Yes, you Children love to surmise about heaven and hell; about battles between “God” and the “devil”, as if these are forces OUTSIDE OF YOURSELF, and thus OUTSIDE OF YOUR CONTROL. But we say THEY ARE INSIDE YOU. YOU ARE THE ULTIMATE CONTROLLERS OF YOUR FATE.

You may be concentrating on walking forward (and of course you are urged continuously to do this through repeated stress on the importance of GROWTH, PROFIT AND EXPANSION ABOVE ALL ELSE), and you may be putting one foot with determination and solid honest intention in front of the other, earning applause from the sidelines for unswerving steadfastness and increasing pace, but we warn you in no uncertain terms that THIS NARROWNESS OF PATH AND VISION WILL LEAD TO YOUR DOWNFALL.

Dear Children of Earth: stop for one moment and consider THAT THIS MAY BE THE WRONG DIRECTION: that your concerted and often brilliant and dedicated effort may have been used to promulgate a deadly weapon, a useless product, an unnecessary wastage, a desecration of resources, a pollution of beauty, a flattering of ego, a contribution to conflict, a pandering to power, a squandering of earth’s riches, a support of corruption, an upholding of lies.

In your mind’s eye, imagine that you are walking down your familiar road, your regular path of life, looking always at the ground instead of connecting to the surroundings, to the sidelines where a completely different story or HISTORY may be taking place.

Imagine that – as you look onto the road – you see a small trickle of water. You may think to yourself “Oh: a small trickle of water. I don’t know where it is coming from but I am sure it is nothing to worry about”.

Imagine that as you walk, you see a small crack in the tarmac. Similarly, you may say to yourself “Oh. I wonder how that got there, but I am sure there will be a good explanation.

Imagine that you see a smear of blood on the ground. Here also you may say to yourself “Oh. Someone has been hurt, but I am sure that someone will be looking after them now”.

Our question is: HOW CAN YOU BE SURE? Know that this is ignorance, not certitude. Know that those who do not look up will sooner rather than later be confronted by the consequences of their non-investigation and will be presented with the truth: that the trickle of water comes from a large dam, about to burst its banks; that the tiny crack in the ground is the start of huge earth changes already long initiated; that the blood belongs to one of millions who have suffered in these centuries of carnage which have taken place on this “free-will” planet.

You have not been stopped in your carnage so far. Your free-will choices have been allowed to continue because it has been deemed necessary to find out just how far you will go. But know that you will be stopped in your tracks – regardless of

whether you wish to raise your eyes or not – and forced to see the wider perspective and larger consequences of your one-sided behaviour and ultimately of your INACTION.

This, like all others, is a learning process. Those who do not learn must repeat their lesson. KNOW THAT THE FLOOD-GATES OF TRUTH WILL OPEN, THAT THE SMALL TRICKLE OF WATER WILL TURN INTO A RAGING TORRENT, TAKING EVERYTHING IN ITS PATH. ALL WILL BE CLEANSED BY THIS BODY OF WATER. IT WILL DESTROY ALL BROKEN, ARTIFICIAL AND CORRUPT STRUCTURES. PREPARE TO BE AMAZED. PREPARE TO TAKE ON A NEW REALITY. PREPARE TO HAVE YOUR BLINKERED VISION REPLACED BY A COSMIC PERSPECTIVE.

As your famous poet Shakespeare said: your little lives are made of the stuff of dreams. Now is the time to rise from the dream, appreciate the dream for the learning experience it has afforded you, and leap into a new world, a new paradigm, a world of colour as opposed to black and white, a world of many dimensions as opposed to the purely physical: a world where there is no need to punish, control, jail or tax anyone BECAUSE ALL EARTH INHABITANTS INTEND GOOD ALONE, INTEND TO DEDICATE THEIR ENERGY TO EACH OTHER'S HEALTH AND THE HEALTH OF THE PLANET.

Hold this dream so close to your hearts, Beloved Children, that it becomes reality. NEVER LET IT GO. Ensure that this planet never again sinks to the low levels of depravity, corruption and decimation which you have collectively allowed. Earth will follow this path to health and purity and beauty whether you choose to accompany her or not. Be aware that you have a choice and exercise your choices.

There will be those who read this far and who choose to say THIS IS GROSS EXAGGERATION! THIS IS FEAR-MONGERING! THESE ARE NEGATIVE VIBES! Again, this is your choice how to react. While it makes us sad to see you walking into your own demise, despondency and destruction, we know we must let you continue walking so that you are confronted by your next learning experience elsewhere.

There will also be those who are uncertain of what is meant here. To those we say: root out the underlying causes of the problems in your world – not the causes offered by scientists, experts, opinion polls, the media, the banking community or the pharmaceutical companies. Root out the story behind the story. Do not accept the first explanation which is pushed so easily and reassuringly towards your fingertips, do not sigh simultaneously with relief that THINGS ARE ACTUALLY NOT AS BAD AS YOU THOUGHT.

As always, Beloveds, we have your interests at heart. It distresses us to see HOW GREATLY YOU HAVE DELUDED YOURSELVES, HOW EASILY YOU PUT ASIDE THE GREATEST OF CRIMES AND SCANDALS, AND HOW EASILY YOU ARE LED BY THOSE WHOSE DELIBERATE INTENTION IS TO MISLEAD.

Imagine what it would be like to see BEAUTY, HONESTY, RESPONSIBLE BEHAVIOUR AND LOVE IN EVERY DIRECTION YOU LOOK. This is our vision for your world. Love Seraphin

## **Message 154: THE COMING ERA: A NEW DREAM**

Seraphin through Rosie, 7<sup>th</sup> October 2013

You have been living in a DREAM, beloved inhabitants on earth, and soon, when you open your eyes, the full and populated scenes of your dream-world, in which you play the MAIN PROTAGONIST, will fall away to reveal open vistas as far as the eye can see.

Here there are no walls, fences or divisions, no buildings in which one can hide, no trees to climb for cover, no holes to escape to. The sun is very bright and unrelenting. It lights up EVERYTHING and BESTOWS ITSELF UPON EVERYTHING. Indeed, the sun is to be your new example to follow.

Your aim will be to spread light, irrespective of your position, irrespective of your disposition, and irrespective of your effect. This is otherwise known as UNCONDITIONAL LOVE, providing nurturing and enabling GROWTH OF MIND, with the emphasis moving away from your own actions and comfort and successes to THOSE OF YOUR FELLOWS. This is the shift from MAIN PROTAGONIST TO PROTECTOR OF ALL.

How will you react in this sudden awakening from your dream? How will you deal with the empty spaces? How will you deal with the collapse of your ego? How will you deal with your exposure to piercing eyes? To regret the waking is no solution, for it cannot be retrieved. You are in UNSTOPPABLE FORWARD MOMENTUM WHICH PUSHES THE PAST INTO THE FAR DISTANCE.

You will face major reorientation. You will find yourselves in a new and vast and open playground with new rules. The old ones will no longer apply. You may fall in fright at such responsibilities. You may not know how to utilise your new freedoms

or the time which you suddenly have on your hands.

What will be your aims now that you are in an era of NO PERMISSION, in the sense that you are freed from dogma and useless rules which have cramped your small and unspectacular lives. Who will you ask for permission in a world where the leaders and overlords are overturned? Who will be your authority when you understand that those you have revered are corrupt and violent and deranged? Who will you trust when you realise that those who have so far enjoyed your trust have actually abused and exploited you?

In all these issues you will be THROWN BACK TO YOURSELF; you will make decisions ACCORDING TO YOUR INTUITION, OTHERWISE KNOWN AS THE LOVE IMPULSE, OR THE GUT FEELING, OR THE SPARK OF DIVINITY, OR THE UNIVERSAL CONSCIOUSNESS AS YOU.

There will be others of greater awareness to guide you, AND YET THEY WILL ALSO ALWAYS REFER YOU BACK TO YOURSELVES AS AUTONOMOUS AGENTS OF DIVINITY EXPERIENCING AN INDIVIDUAL LIFE AS PART OF ALL.

Whereas your purposes, in your dream world, were various and conflicting, YOU WILL NOW ALL BE UNITED UNDER THE SAME DIVINE BANNER, PROMOTING THE UPLIFTMENT OF ALL EARTH'S INHABITANTS AS ONE.

Can there be such unity, dear Earthlings? Can this be YOUR NEW DREAM? The destruction of your old paradigms IS NECESSARY SO THAT THIS NEW MOVEMENT CAN BE BORN. LEAVE EVERYTHING BEHIND FOR THIS. DROP EVERYTHING FOR THIS. SACRIFICE EVERYTHING FOR THIS. PLACE ALL YOUR ENERGY IN THIS, AND THEN YOU WILL ALL ENTER THE LEGENDARY "KINGDOM OF HEAVEN", A STATE OF MIND AND OF CONSTANT DIVINE CONNECTION WHICH WILL BE MIRRORED IN THE HEAVEN ESTABLISHED IN ALL REALITY ON YOUR EARTH.

We are here to motivate you in this astonishing journey of ascension. Seraphin.

## **Message 155: REVERSE THE POLICY OF WASTE**

Seraphin through Rosie, 14<sup>th</sup> October 2013

Dear Children on Earth: how often do you use wood, paper or water – and all other materials generously provided by your Mother Earth – only to discard it AFTER ONE USAGE? We are talking here about the very obvious widespread wastage (throwing away a paper cup after drinking ONE coffee, for example). We would ask you to consider EVERY SMALL WASTAGE (as well as EVERY LARGE WASTAGE) which you commit (and yes, it is a "crime" though it may seem to you to be a peccadillo) against your mother and benefactress and living organism, YOUR EARTH. Imagine the energy, the construction, the transportation of the cup and then – following that ONE COFFEE-DRINKING MOMENT, the transport and "recycling" which follows this and which follows the MILLIONS of cups discarded in this fashion.

Think of the millions of ironed shirts which crumple the moment they are put on. Think of the multiple rivers which have been redirected or dammed and which now must be RE-NATURALISED. Think of the decimated forests and polluted land worldwide which now need RE-PLANTING and RE-HABILITATION. Think of your poisoned bodies which need DE-TOXIFICATION. Think of all your self-created imbalances in nature which now require your UNDIVIDED ATTENTION. See how anything which has deviated too far from nature's perfect story WILL RESULT IN DEVASTATION WHICH REQUIRES INTENSE EFFORT ON YOUR PART TO PULL BACK INTO THAT DIVINE PATTERN. To pull away from the divine rhythms and settings is to walk a desolate and lonely path, surrounded by decay and stagnant waters. AND HERE YOU STAND, Beloveds, on the brink of disaster.

Take a step backwards, dear ones, and look at the earth from a great distance through the eyes of a visitor. You will see the swirling clouds, you will understand the delicate systems which perpetuate your living conditions, you will perceive earth as a beautiful and glowing globe. If you then descend to observe the activities of humans, you will cry BUT WHAT ARE THEY DOING, ALTERING THE COURSES OF RIVERS, ALTERING THE COMPONENTS OF THE AIR THEY BREATHE, CONCOCTING CHEMICALS TO INJECT, MANIPULATING WEATHER SYSTEMS TO CAUSE BARRENNESS OR STORMS, TRANSPORTING HUGE AMOUNTS OF TOXIC WASTE FROM ONE END OF THE PLANET TO THE OTHER.

From a distance, you would consider this MADNESS. It would be so obvious to you that there is a POLICY OF WASTE, a deliberate attempt to sabotage health and natural beauty. And it would be obvious to you that the waste, wherever it goes, IS STILL ON THE PLANET. We plead with you yet again at this very late hour to open your eyes and realise that YOU ARE IN THE THICK OF A NIGHTMARE OF SQUANDERING, in a sea of expendable plastic one-time-one-usage products which swamp you. WHAT COULD YOU COLLECTIVELY DO WITH ALL THE ENERGY INVESTED IN PRODUCING LITTLE USED PRODUCTS AND RECTIFYING YOUR WASTE AND RECTIFYING YOUR MISTAKES?

To us, as we review your massive projects to avoid flooding, to control rivers, to make lakes, to create islands or huge tower blocks, to dig for gold, to search for fossil fuels, to experiment with nuclear bombs, WHEN THERE ARE CLEARLY OTHER ALTERNATIVES AND SOLUTIONS, we see the insanity which is the hallmark of your world. Yes, we will use harsh words, for your LACK OF RESPECT, CARELESSNESS, PASSIVITY, LUST FOR POWER OVER EACH OTHER AND YOUR WILLINGNESS TO KILL – ALL COMBINED – have reached an unprecedented level of depravity. You have ALL taken part in this. You will all realise this. You will all feel the pain of the knowledge that you have inflicted this. And, having learnt from your mistakes, from your great deviation from nature's principles and laws, you will take ALL THE ENERGY PRESENTLY FUELLING YOUR DOWNFALL INTO MOVING CAREFULLY BUT WITH DETERMINATION ALONG A COMPLETELY NEW CONSTRUCTIVE PATH WHICH LEADS TO A FRUGAL, AWARE AND GLORIOUSLY CONTENT WAY OF LIFE.

We love you, Seraphin

## **Message 156: ON THE EVE OF CHANGE**

Seraphin through Rosie, 17<sup>th</sup> October 2013

Have you noticed, Beloveds, that the clouds are dispersing to allow brief moments of clarity? Have you noticed the increase in clarion calls for help, in outbursts of rage, in helpless fumbling to find the key which answers an unanswerable question? Have you raised your VOICE as well as your awareness in these times of great change, IN WHICH YOU YOURSELVES ARE THE GREAT CHANGE, PIERCING THE CLOUDS OF DOUBT, ANSWERING THE CALLS, PROVIDING ANSWERS WHICH ENSUE NOT FROM LOGICAL THINKING BUT WHICH ARE THE RESULT OF SURRENDER TO DIVINE INSPIRATION?

This is a short message for the road – THE ROAD YOU ARE TREADING AND CREATING SIMULTANEOUSLY. Walk in wonder. Expect miracles. Walk in gratitude that you have been able to learn in the best of teaching circumstances. Walk ahead of others to show them the way. Walk with others so that they may be encouraged by your serenity and confidence. Walk behind others to show your support for their chosen path.

For soon, ALL WILL BE MOVEMENT, AND THE CLOUDS WILL DISPERSE FULLY, INDICATING TO YOU HOW HIGH THE MOUNTAIN IS THAT YOU HAVE BEEN CLIMBING, AND HOW NEAR THE TOP YOU ARE. The culmination approaches. This is to encourage and fortify you during your final steps. Seraphin.

## **Seraphin Message 157: RETURN TO THE FULL PANORAMIC VIEW**

Seraphin through Rosie: 18<sup>th</sup> October 2013

Dear Inhabitants of Earth: the FULL PANORAMIC VIEW will be presented to you shortly, when the pinnacle of the highest peak is reached. This view includes ALL HIGHS AND ALL LOWS – the FULL GLORY to which you have risen and the PLUMMETING DEPTHS to which you have fallen.

Let us focus first on the depths - the full range of inhuman activities from which “everyday” and “normal” citizens are presently shielded. Even now, when presented with solid facts and indisputable proof of abuse, torture, victimisation and exploitation on a massive scale, THEY WILL FIND IT DIFFICULT TO BELIEVE. They will have to ask themselves WHERE WAS I IN ALL OF THIS? WHAT WAS I DOING? WHY DID I NOT NOTICE? And they will be encouraged to think more deeply so that they recognise the signs and incidents which they DID actually perceive, but to which they did not react for fear of reprisals, or due to “pre-occupation with more important things”, or due to resignation to fate, or due to PURE LETHARGY.

There is also the fatal thought structure which follows this path: the thought which says HOW DREADFUL, BUT IT WON'T HAPPEN TO ME. This is widescale naivety, AS YOU ARE ALL LIVING ON THE SAME PLANET AND ALL AFFECTS ALL. It also demonstrates the failure of humans to be “human”, as opposed to a machine without emotion – the failure to EMPATHISE FULLY WITH THOSE WHO SUFFER, AND TO PUT YOURSELVES EXACTLY IN THE SHOES OF THOSE LESS FORTUNATE. This DEPTH OF COMPASSION IS REQUIRED. Seeing the DEPTHS to which you have sunk, this compassion will now be triggered on a huge scale. Thus do GREAT DEPTHS intrinsically hold the seeds for rising to GREAT HEIGHTS.

The FULL PANORAMA of your weaknesses will be mapped out before you with crystal clarity. And in this BRIGHTEST OF SHINING LIGHT which exposes everything, the OPPOSITE will also be very clearly defined – the TORCH BEARERS, the BRINGERS OF TRUTH, those who sacrificed their lives in their attempts to challenge the ruling iron fist cudgelling all people of all nations into obedience. You will see the REAL HEROES AND HEROINES who pierced the lies and tried to warn you. You will see the real COMPASSIONATE WORKERS who already caught a glimpse of the panorama, and who tried to direct your gaze towards it.

You will see SUPPOSED HEROS relegated to the position of true villains, and you will see “true villains” rehabilitated to the status of brave and concerned citizens.

In the PANORAMA you will be taken through the WHOLE SPECTRUM OF EMOTIONS, and those who are unused to expressing themselves authentically will fare “worse” than those who routinely voice their needs and opinions and feelings. Thus there will be a million instances of despair, followed almost instantaneously by a million instances of joy, followed by a million instances of self-loathing, followed by a million instances of confidence, followed by a million instances of lament and condemnation, followed by a million instances of PRAISE, followed by a million instances of VICTIMHOOD, culminating in a million GODS AND GODDESSES RISING TO CREATE A NEW WORLD. I am using the word MILLION to convey the intensity of the period awaiting you.

The panoramic view includes seeing all ranges of feeling in yourself and in others. It includes having a 360 degree view of all horizons and seeing yourself as a central pivot connected to all. Nothing can be hidden or overlooked, such as the gross deception maintaining that there is NOTHING AND NO-ONE living beyond the boundaries of your earthly horizon, both in the physical sense (the existence of myriad worlds within and beyond the viewing capabilities of your telescopes and microscopes) and the views beyond the physical dimensions of your own bodies. You are so much more than these external bodily trappings, Beloveds. Your journeys within and the answers and experiences you can find there will TURN YOUR PRESENT CONCEPTION OF THE WORLD INSIDE OUT. Completely new vistas will open up to you.

How will you approach these new landscapes? You may, for a while, rely on “old” constructs and methods and crutches, but after a while you will REALISE THAT THEY ARE REDUNDANT AND THAT CONTACT TO ONE’S INNER DIVINITY CAN BE IMMEDIATE AND ABSOLUTE without requiring extra ceremonies or middlemen or specific wording for access.

Coming into the PANORAMIC VIEW will eventually turn you into PANORAMIC HUMANKIND, seeing, hearing and knowing everything. You will burst out of century-old shackles holding you in bondage, to emerge as a NEW SPECIES. You will extend ONLY LOVE to all. You will GIVE THANKS continuously. You will praise the day you lost everything to gain everything\*.

Before this panorama opens up to you, hair-thin cracks will turn into chasms, white lies will turn into court cases, careless remarks will break longstanding friendships, and a fleeting rain shower may cause the disintegration of a dam. All forgotten flaws WILL RISE TO THE SURFACE. Simultaneously, all gestures of friendship and generosity, all carefully watered seeds of truth WILL RISE TO THE SURFACE TO BE SEEN AND BE COUNTED.

This is where you find yourselves now – looking down on a landscape which is changing rapidly in front of your very eyes, and where everything will soon be IN COMPLETELY SHARP FOCUS. The blurred, confused, uncertain, suspect, fluctuating contours of the past will transform into THE FULL CLEAR DETAILED PICTURE which will enable you to move confidently towards constructing a new future for humankind.

## **Message 158: TOTAL RECALL**

Seraphin through Rosie, 25<sup>th</sup> October 2013

Dear Inhabitants of Earth, soon to be presented not only with an all-encompassing PANORAMIC VIEW but with TOTAL RECALL of the path on which you were originally travelling. This is the path of purity, on which you embarked as a small, unsullied, curious, innocent and contented CHILD, recently emerged from the womb, a fusion of two consciousnesses in a loving moment (in the best of cases) infused with the spark of the DIVINE. Those not conceived in love start at a lower level of spiritual development, yet all follow the same path with the same goal.

The path may begin smoothly but with time it is typically littered with obstacles, difficulties, blockades which cause you to stop, divert and choose alternative routes. (These blockages are subconsciously invited by YOURSELVES in order to practice RETURNING TO THE ORIGINAL PATH). Some even leave the path FOR EVER and camp out at far-away outposts, and their memory of the path has faded into the distant past. The blink of an eye or the sparkle of the sun on water or the gleam of a star at night may briefly remind them of that distant memory, but otherwise it remains in obscurity.

This scribe has had an interesting experience which I will relate here to elucidate this situation. In a train full of people she observed a woman wearing black from head to foot. Only her eyes could be seen, so this was what my scribe focussed on. The lady’s eyes were perceived to be blinking very frequently. My scribe felt that this was very unusual and almost abnormal and strangely surreal – it was the only light and the only movement in a mass of dark clothing. And when this woman left the train, my scribe was immediately inspired to observe the blinking patterns of the other passengers. To her surprise, THEY ALL BLINKED THE SAME WAY, WITH THE SAME SPARKLE AND FREQUENCY, yet it was so easy to overlook, if distracted by the surrounding colours, movements and sounds.

What do we wish to convey through this? Please attempt to shut out the distractions and disparities to return to inner purity, to the true shining path which is your destiny and your delight. The joy of being on this road of LOVE, SIMPLICITY, HEALTH, CREATIVITY and CONTINUOUS BUBBLING AND INFECTIOUS JOY WHICH SPREADS AUTOMATICALLY TO ALL WHO ENTER INTO YOUR PRESENCE will return to you. The memory will be reactivated and RE-LIVED.

So that you who are distracted may be pointed in this direction, so that your perception is increased, so that your desire to see the light is heightened, THE SHROUD OF DARKNESS SHALL FALL. The pin-point of light (like the blinking eyes) you discover in these shadows will shine all the brighter, and when daylight returns you will see the light shining in EVERYONE as a result of this experience, just as my scribe saw the eyes of EVERYONE after her experience of viewing the slits in the black clothing.

REMEMBER the potential of all others to shine in this way. We bless you in this, one of the hardest but also one of the most effective learning processes you will ever undergo, bringing everyone who wishes to do so back to the SAME TRACK OF PURITY AND DIVINE INTENT. We love you as always, Seraphin

## **Seraphin Message 159: METAMORPHOSIS**

Through Rosie, 13<sup>th</sup> November 2013

For those with the ability to reflect on their thought processes and patterns of behaviour and who recognise that they proceed from one learning task to the next: YOU WILL NOW BE INTENSELY AWARE OF THE FACT THAT YOU ARE PULLING LIKE-MINDED SOULS INTO YOUR PERSONAL ARENA. This means much outer and inner movement which is the result of ever polarising views. Those who are stuck are even more stuck – wedged into corners at the end of one-way streets – and those who are continuously on the move and flexible in their views will FLY. This is the very nature of this time of separation and clarification.

It may evoke a whole range of emotions; the feeling that you are hitting your head against a brick wall to no avail; the feeling that you are irretrievably losing loved ones; the feeling that you are suddenly seeing people in a completely new light; you will feel the pain of unexplained departures and the joy of unexpected reunions. It is as if a mass of particles wandering around in a given space are gravitating and grouping according to frequency, whereas previously, most were simply strolling vaguely or “mindlessly” in a comparatively chaotic manner.

We see those on earth falling into extreme reactions, and we see these stormy seas as a great challenge for all who have set their course. This great surge is also a search for clarity – to discover exactly WHO YOU ARE IN THE FACE OF CHAOS. You will be forced inward in a state of great self-questioning. The sounds and influences of the outer world will be CUT OFF so that this experience is all the more intense. Like the caterpillar which retreats and cocoons itself off through white padding from its surroundings, so will you also hunker down in stillness to REDISCOVER YOUR SACRED ROOTS AND DIVINE POTENTIAL. Thus will you rise a new creature in a new world. We bless you on this path of metamorphosis. Seraphin.

## **Seraphin Message 160: THE POLICY OF DISTURBANCE**

Through Rosie, 18<sup>th</sup> November 2013

How often, Beloved Children, do you say to each other “Oh, I must run” or “Oh, I just have to answer the phone” or “I’m sorry, time seems to have run out”. Check your daily utterance of such phrases, and how often they are said to you, and then you may develop sensitivity for the fact that the flow of your thoughts, actions, desires, feelings and plans are CONSTANTLY INTERRUPTED.

How often must you “stand to attention” and break off what you are doing and thinking? How often do your questions go unanswered or your intent unexpressed due to a bell or pressures of time? Do you realise that this is a DELIBERATE POLICY INTENDING TO MAKE YOU STALL, INTENDING TO DUMB YOU DOWN, INTENDING TO FRAGMENT YOUR THOUGHT PATTERNS, INTENDING TO REDUCE YOU TO PAWNS WHO HOP FROM SQUARE TO SQUARE IN LIMITATION, RATHER THAN ENCOURAGING YOU TO DEVELOP ALL ASPECTS AND POTENTIAL? Thus your plans remain humble, incomplete, lacking overview, encapsulated, wearing you down if you struggle to expand nevertheless. In the end, there is only RESIGNATION because you stop, or FRUSTRATION because you continue. In the end you are reduced to small, insignificant agents battling against intransparent and dense jungles of activity.

Thus isolated, you cannot join the dots and bring your projects forward. You are trained to be content with small parcels of success and with mediocrity. Ideals are considered too high to even consider, in view of massive turgidity. Even those who may pinpoint ideals with clarity and who give voice to these will be greeted with derision or will be made to feel helpless by the retort YOU CANNOT CHANGE HUMAN NATURE.

But I say YOU CAN AND YOU MUST TO SURVIVE. May you overcome defeatism. May you move forward with the really valuable plans and missions in your lives which are waiting in the wings for your full injection of energy and commitment. This is indeed not for the fainthearted, to focus on that which may seem pointless or which lies stagnant, but know that concentrated effort WILL BRING THESE INTO THE OPEN AND INTO GLOBAL CONSCIOUSNESS WHICH IS RISING AT THIS TIME. AND YOU HAVE THE OPPORTUNITY TO RISE WITH IT IF YOUR MISSIONS ARE IN ALIGNMENT WITH THE COMMON GOOD. RECOGNISE THE POLICY OF DISRUPTION AND INTERRUPTION WHICH HAS HINDERED YOU IN YOUR SUBCONSCIOUS FROM YOUR SCHOOL DAYS.

Here the bell gave you relief, perhaps, but it also gave you constant interruption, preventing journeys into DEPTH, preventing intense lengthy discussion, preventing viewing a situation from EVERY ANGLE, preventing respectful listening to each other, preventing careful consideration of all opinions and all information.

Soon you will have TIME, TIME AND MORE TIME to realise this, to discuss this, to see where you went collectively wrong, and to determine where you are collectively going.

May you grow in stature and may your intent to benefit all intensify during the coming period. We love you, Seraphin

## **Seraphin Message 161: THE OPPOSITE IS TRUE**

Through Rosie, 4<sup>th</sup> December 2013

Dear Inhabitants of Earth: you are approaching grave times indeed when your perceptions will change radically and when you will be forced to leave your familiar comfort zones. That which is familiar will become estranged from you; that which has seemed strange will now become familiar or accepted. Concepts you thought too far beyond your comprehension will now move within your range of vision, and dearly beloved ideas will lose their attraction. THE OPPOSITE WILL BE TRUE.

Survey your sun, those of you experiencing “winter”, and know that this is simply a reflection of the “winter” in your hearts. You scurry to adapt to circumstances of cold and reduced light, but we say YOU ARE THE CAUSE OF THIS LIGHT REDUCTION, AND IF YOUR BEHAVIOUR WAS IN BALANCE WITH THE DIVINE LAWS OF BALANCE, THEN THE WEATHER AND THE TEMPERATURE WOULD BE CONSTANT. To be quite clear, let me state the following: YOUR WORLD WOULD NOT TILT.

Without this insight, you scramble to ADAPT TO COLDER CIRCUMSTANCES, not realising that YOU AND YOUR NEGATIVE THOUGHT-FORMS AND DESTRUCTIVE ACTIONS ARE THE CAUSE OF THESE CIRCUMSTANCES. IN SHORT, YOU ARE EXPERIENCING **YOURSELVES**. Know that you are the initial point from which thought, action, motion ensues. If this is a point CENTRED FIRMLY IN POSITIVE INTENTION, GUIDED BY THE WISDOM OF THE DIVINE (to which you have access through meditation), then all action emanating from yourselves will result in love, harmony and prosperity for all.

So you think we are “idealist”? Of course. May you also always aim for perfection, remembering your true capabilities, fulfilling your true potential, forging ahead towards the perfect vision to enhance your world. To aim for less invites complacency, flaws and a free pass for corruptive influences. They will be all too willing to enter through the holes of your negligence. Take the situation into your own hands and create the OPPOSITE of the imperfection with which you have surrounded yourselves. Look around you. Do you like what you see? Do you wish this to continue? WE will continue to advise you, repeating our words if necessary, until the day when absolute clarity reigns.

We do this out of love for those caught in the web of their own making, Seraphin.

## **Seraphin Message 162: THE RETURN TO WONDER: CREATING A NEW WORLD**

Through Rosie, 10<sup>TH</sup> December 2013

DEARLY BELOVED CHILDREN ON EARTH WHO ARE EITHER PERMANENTLY DISTRACTED BY CHEAP THRILLS, SHORT-LIVED “EXSTACY” WHICH TURNS INTO A NEED FOR REPETITION (CAUSING ADDICTION) OR WHO ARE OTHERWISE DESPONDANT PRECISELY BECAUSE YOU ARE ABLE TO PERCEIVE THE MASS OF ILLUSIONS WHICH ARE PRESENTED TO YOU AS “RIGHT” OR “NORMAL” OR “TRUTH” OR “INEVITABLE”. FOR SOME, YOUR ABILITY TO DISCERN AND AVOID THE PERPETRATION OF LIES AND THE SEA OF WHAT YOU CALL “ENTERTAINMENT” HAS BEEN SADLY IMPAIRED. OTHERS WHO **CAN** DISCERN ARE DEEPLY SADDENED AS THEY NOTE ATROCITIES WHICH THEY CANNOT CONVEY TO THE BLIND AND OBSESSED. HOWEVER, NOTE THAT THERE IS SOME PROGRESS ON THIS PLANE, AND THIS IS GATHERING MOMENTUM UNBEKNOWN TO YOU.

Meanwhile we come to offer you sustenance in the form of YOUR RETURN TO WONDER, as in the state of wonder when you are uplifted and joyous, ready to embark on adventures, ready to leave the familiar behind, ready to be rendered speechless by beauty, ready to sing the song of gratitude, tuned to hearing the birdsong, ready to empathise with fellow travellers, experiencing the full palette of backdrops to your journey, remaining as YOU, with minimal luggage and baggage, the essence of GODLINESS, AS A PURE AGENT OF THE DIVINE.

So what of wonder? We direct your gaze to the stars and the “darkness” beyond, which is only a seeming darkness to your untrained and limited vision. Imagine the many many planets which exist, as do your own, populated with beings much superior in spirituality to yourselves, where peace reigns supreme.

Imagine their buildings of superlative beauty and harmonious uplifting architecture; imagine elements which adapt to your bidding to accommodate your ultimate comfort. Imagine a world so constant and beautiful and of such quality that NOTHING NEEDS REPAIRING, RENOVATING OR REPLACING. IMAGINE THAT THE ACT OF CREATION IS PERFECT, FROM ITS INITIAL DESIGN TO ITS IMPLEMENTATION, TO ITS IMPACT, TO ITS LONGEVITY.

Imagine that overcrowdings, lack of resources or food, lack of suitable disposal avenues ARE NEVER DISCUSSED BECAUSE ALL RISKS AND POTENTIAL HAVE BEEN PRE-CALCULATED PRIOR TO EXECUTION. IMAGINE SUCH WISDOM, Beloveds, since this is the path you are now required to take, not in faulty, unsure steps, but in absolute firm control and with solid determination, holding the ideal in front of you, considering ALL ASPECTS AND REPERCUSSIONS, so that your plans can be completed IN PERFECTION and will last FOR ETERNITY.

And what is this ideal? To ask how any plan CONTRIBUTES POSITIVELY TO THE BENEFIT OF ALL. DO NOT TAKE THINGS LIGHTLY. DO NOT TAKE RISKS. DO NOT KNOWINGLY ABUSE. DO NOT ACCEPT THE LESSER WAY. INSIST ON QUALITY. CO-OPERATE CONSTANTLY. INVESTIGATE THOROUGHLY. DO NOT REGRETFULLY ADMIT THAT THERE WAS SOMETHING YOU FORGOT. DO NOT SACRIFICE INTEGRITY. DO NOT LET EGO INFLUENCE YOUR DECISIONS. BE HONEST AND DIRECT. IF YOU CONSIDER ALL, "MISTAKES" WILL NOT OCCUR. THEY WILL BE RELEGATED TO THE PAST, TO THE "OLD WORLD" WHERE "SURVIVAL OF THE FITTEST" REIGNED. ENSURE THAT CARING CONCERN IN ALL AREAS IS IMPLEMENTED – FOR YOUR EARTH, FOR YOUR GALACTIC NEIGHBOURS AND EACH OTHER – AND THUS YOU TOO WILL CREATE THE VISION OF BEAUTY AND PEACE WHICH ALREADY EXISTS IN REALITY ELSEWHERE, AND WHICH WE HAVE SHOWN YOU TODAY. WE LOVE YOU, SERAPHIN.