

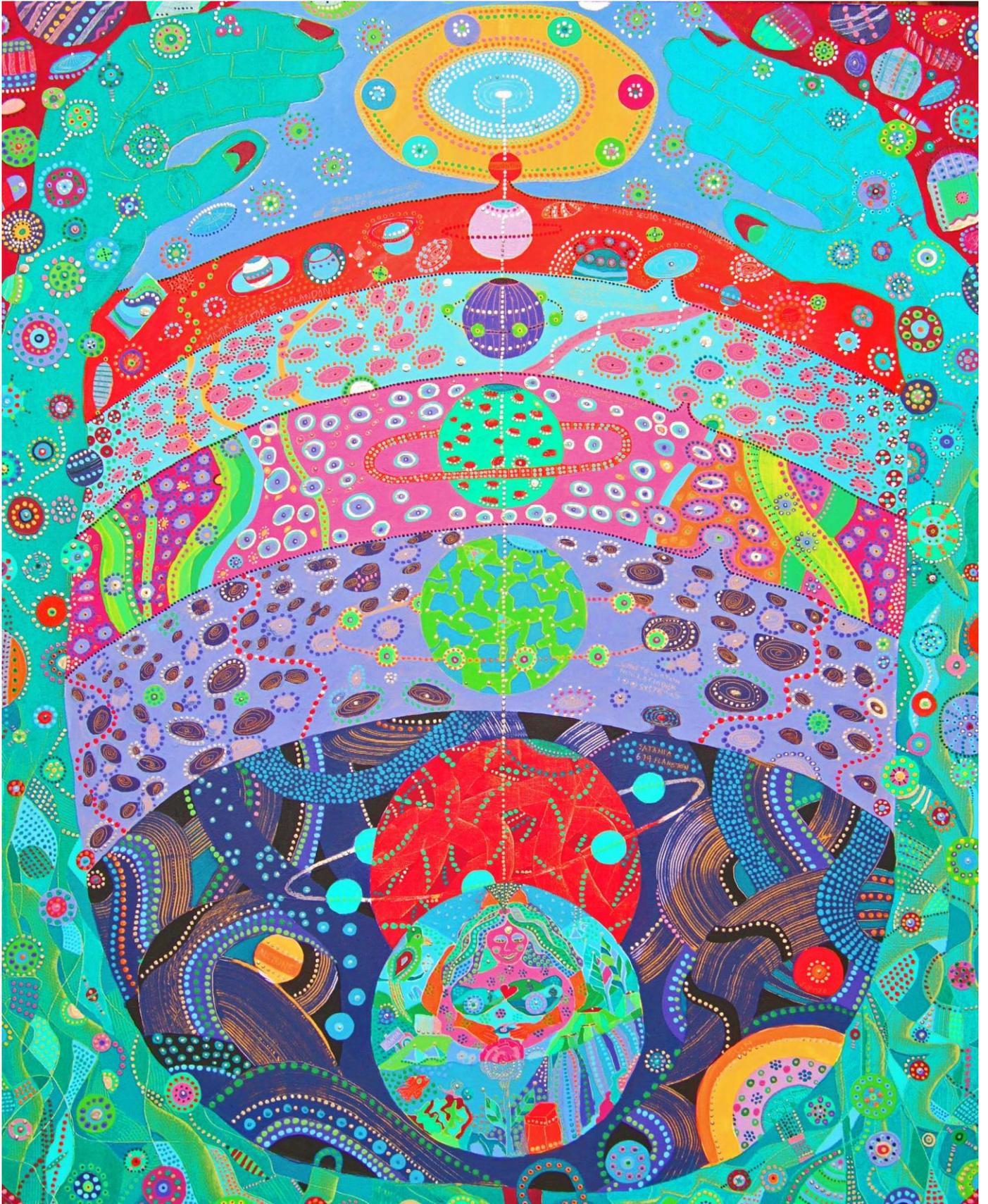
*Messages from*  
*Abundant Hope*

© Abundant Hope



© Abundant Hope

**Rosie Part # 3**



" GAIA'S RECONNECTION TO THE UNIVERSE " from Rosie

## **INTRODUCTION**

### **to the Messages with Rosie**

**In 2009, while lying in bed fully awake, I heard someone saying the words “NOW I AM HERE“. As I was completely alone, this startled me to the core. Later I sought out a medium for more information about the owner of this voice. I was told that my old personal guide had departed, and a new one had come in his place, because of the intense times ahead. When I asked the name of the new guide, I was told SERAPHIN, and that he would welcome communication.**

**Since then, Seraphin has guided my painting and writing hand in these critical but also wondrous times. Correspondence began in February 2010 when I started to write questions on paper and record Seraphin’s very swift and concrete replies. Seraphin identified himself as a member of the Legion of Light for the manifestation of spiritual truth through the arts. This continued in earnest in October 2010 when I increasingly addressed Seraphin about the state of our planet and the very grave necessity for monumental change.**

**At the time of writing this, June 2011, I have been blessed with nearly 60 messages through my hand which are compiled here. The messages will continue until such a time as they are rendered unnecessary. They come in all shapes and sizes, and at all times of the day and night, always precise, clear and thought provoking.**

**Those friends who have witnessed this development, from the very first messages when I was still unsure of this process, will confirm that the confidence and ability to receive or “download” information or advice from dimensions beyond our physical world can start from a small seed of trust and intent, and grew into a tree of great stature, if aligned with the principles and laws of balance of the Divine Creation.**

**The purpose of writing this is to encourage everyone with similar desires and intent to use their God-given talents for the promulgation of truth, for you too can activate the fragment of Divinity within, connecting to Source, acting upon impulses which result from that connection, and express this for the benefit of others with all the creative means at your disposal.**

**May all who read here be blessed with the divine wisdom thus clarified and presented.**

**In gratitude and love, Rosie and THE SPIRITUAL REVOLUTION PROJECT**

**[www.rosiejackson.de](http://www.rosiejackson.de)**

## Table of Contents

<u>Message</u>	<u>Page</u>
<b>Introduction to Messages with the Masters.....</b>	<b>1</b>
<b>Table of Content .....</b>	<b>3</b>
# 106 BEYOND UNIFORMITY: THE LANDMARKS OF PURITY .....	5
# 107 THE DIVINE MAKEOVER KNOCKS AT YOUR DOOR.....	7
# 108 RENOVATION OF YOUR WORLD AND YOURSELF: YOUR CHOSEN DEGREE OF CHANGE AGAINST THE DIVINE BACKDROP....	9
# 109 ARE YOU READY TO GIVE? ARE YOU READY TO RECEIVE?.....	12
# 110 CLOSE ENCOUNTERS WITH CEMENT AND THE COSMOS.....	14
# 111 THE GLOBAL EXAMINATION ENDS .....	16
# 112 VOCATIONS AND BUILDING THE COLLECTIVE FUTURE .....	18
# 113 THE BIRTH OF THE DIAMOND .....	19
# 114 THE CALL OF THE UNSEEN GUIDES .....	21
# 115 PREPARE FOR DIVINE IGNITION.....	23
# 116 YOUR CONTRIBUTION TO THE COLLECTIVE POOL.....	24
# 117 DISTRIBUTING THE BOUNDLESS TREASURE .....	26
# 118 THE STEP-LADDER OF TRUTH.....	28
# 119 THE TIME FOR SELF-MANAGEMENT .....	29
# 120 LIFE IN THE HOthouse.....	30
# INVITATION TO WALK WITH US.....	32
# 121 THE PLEA TO GET UP AND GO .....	34
# <b>Seraphin Saying 1 .....</b>	<b>35</b>
# A MESSAGE FOR ALL ON THIS PLANET .....	36
# TRAVELLING WITH NEBADONIA.....	38
# <b>Seraphin Saying 2 .....</b>	<b>39</b>
# 122 THE REAL IMPENDING CELEBRATION.....	40
# <b>Seraphin Saying 3 .....</b>	<b>42</b>
# <b>Seraphin Saying 4 .....</b>	<b>44</b>
# THE END-OF-THE-WORLD ILLUSION AND THE NEW ERA OF THE HEART .....	45
# YOUR MOTHER CALLS .....	47
# <b>Seraphin Saying 5 .....</b>	<b>49</b>

#	<b>Seraphin Saying 6</b> .....	<b>50</b>
#	<b>Seraphin Saying 7</b> .....	<b>51</b>
#	<b>Seraphin Saying 8</b> .....	<b>52</b>
# 032	CONSTANTLY BREATHING CHANGE .....	53
#	<b>Seraphin Saying 9</b> .....	<b>55</b>
#	I BLESS YOUR NEW BEGININGS .....	56
#	<b>Seraphin Saying 10</b> .....	<b>57</b>
# 124	STRANGERS ARE A GIFT FROM GOD .....	58
#	<b>Seraphin Saying 11</b> .....	<b>59</b>
#	<b>Seraphin Saying 12</b> .....	<b>60</b>
#	<b>Seraphin Saying 13</b> .....	<b>61</b>
#	LEAVING THE NEST TO SING IN BALANCED HARMONY .....	64
#	<b>Seraphin Saying 14</b> .....	<b>66</b>
# 125	SERAPHIN'S SONG OF LOVE FOR YOU .....	67
#	YOUR CONTINUOUS IMPRINT OF LIGHT .....	68
#	BATHE IN MY STILL BLUE LIGHT .....	69
#	<b>Seraphin Saying 15</b> .....	<b>71</b>
#	<b>Seraphin Saying 16</b> .....	<b>73</b>

*All writings by members of AbundantHope are copyrighted by  
©2005-2011 AbundantHope - All rights reserved*

[Detailed explanation of AbundantHope's Copyrights are found here](#)

# BEYOND UNIFORMITY: THE LANDMARKS OF PURITY

Dear Children on Earth who avoid the divine path through UNIFORM THINKING,

Have you ever contemplated the degree to which your thoughts are original or divinely inspired, with yourself as the acting channel for information triggered by sacred catalyst? Are the words "DIVINE" or "SACRED" even part of your vocabulary? Does your chosen mode of expression reflect a culture which has been rationalised, levelled off, sexualised and reduced to the mundane, or does it reflect the aspirations of a spiritually awakening society searching for ways to increase the positive vibrations for humankind?

Are you aware that your choice of words and concepts influence the path taken by your planet? Are you aware that the soul of your planet PERSONALLY FEELS every nuance you lend to your chosen expressions, defamations, curses, explosions of anger? Are you aware that she is soothed by every loving word, every gentle act of consideration, gratitude or love?

Know that you are JOINTLY influencing the collective mind and the collective path AND YOUR COLLECTIVE FATE. It is of utmost importance that you fully understand YOUR ROLE, however small that may be in your eyes, however insignificant that may appear in comparison with the Earth, with your solar system or the universes which lie beyond.

When you look at the star-studded sky in wonder, sending benevolent thoughts into the GREAT BEYOND, as you like to call it, you are personally connecting with all you can see AND WITH ALL YOU CANNOT SEE, for it is there anyway, even though beyond your physical viewing capabilities. Similarly, there are other areas in which the limitations of your senses and perception prevent you from having a comprehensive overview of THE WHOLE PICTURE. With sincere desire to connect with the cosmic mind, and with concentrated effort and insight, you may perceive more.

As your life evolves, you will notice that it runs in seemingly unrelated episodes and stages, but if you take time to reflect upon these windings and reversals and upheavals which appear to contradict each other, you will find the THIN GOLDEN THREAD WHICH CONNECTS THEM ALL TOGETHER, and thus they will not be a haphazard series of disparate acts but a STRING OF GLEAMING PEARLS FORMING THE PERFECT NECKLACE. We ask you: WHAT IS THE NEXT PEARL ON THE STRING (and what is the next "pearl" you will utter), for although the next phase in this physical environment will seem preposterous and momentous and tragic for some, IT WILL ALSO FIT PERFECTLY INTO YOUR LIFE STORY.

UNIFORM THINKING leads to a dull, regulated, uninspired, monotonous daily life. Many of you like to "fit in" or be "accepted", and thus you conform to "fashion", to expectations, to peer or group pressure. Much of this is done due to fear of being criticised as someone

who is different, and someone who begs ridicule. Introducing certain uniform ways of thinking allows power over the mind for purposes of control. CARRIED OUT OVER CENTURIES, this can reduce a body of great, inspired, creative and enthusiastic thinkers to an ARMY OF AUTOMATONS.

This is what many strata of society –whether privileged or underprivileged – HAVE ALREADY BECOME. You have become well behaved and have followed the leaders who have appeared so conveniently in front of your noses. You wear the fashions designed for you, and propaganda via the media has ensured that you THINK THE THOUGHTS WHICH HAVE BEEN CREATED FOR YOU TO THINK, and you act in ways WHICH HAVE BEEN INVENTED SPECIFICALLY TO KEEP YOU UNDER CONTROL. Your politics, your reporters and many of your religious rules have provided a strong framework for the exercise of this control.

And we say FREE YOURSELVES OF THIS UNIFORMITY WHICH HAS BEEN IMPOSED UPON YOU AND WHICH YOU HAVE ACCEPTED LIKE CATTLE AWAITING SLAUGHTER. CEASE UTTERANCE OF CURSES AND FALSE HELLS AND RETURN TO A LANGUAGE OF SACREDNESS, PLACING YOUR HANDS ON YOUR HEARTS AS YOU DO SO, SIMULTANEOUSLY SENDING LOVE INTO THE WORLD. DISCOVER THE GOLDEN THREAD IN ALL THINGS AND PREPARE YOURSELVES FOR THE NEXT GREAT EVOLUTIONARY PHASE ON THIS EARTHLY JOURNEY, WHICH ITSELF IS ONE OF MANY PEARLS ON THE NECKLACE OF YOUR SPIRITUAL JOURNEY.

We ask again: how many of you use the words “divine” or “sacred” or “love” in your daily vocabulary? How often are they part of your personal experience? Overcome your embarrassment. Increase your sensitivity. Make these qualities LANDMARKS of your day. We love you, Seraphin.

# THE DIVINE MAKEOVER KNOCKS AT YOUR DOOR

Seraphin through Rosie.

Dearest Children of Light in Earth who are unaware of the DIVINE MAKEOVER: You have been asked and prodded on many occasions to look at yourselves in a critical manner and regard your behaviour FROM A LARGER PERSPECTIVE in order to gain knowledge about WHERE YOU HAVE COLLECTIVELY GONE WRONG. We know that there are those among you with more than high tolerance levels who will immediately pounce on the word WRONG and pronounce that there are no wrongs and rights. In a way, you are correct, as there is ONLY PROGRESS AND LEARNING whether the steps you actually take move you forwards or backwards.

In another sense, those with EYES WIDE OPEN can see that the way you conduct yourselves on this planet is wrong in the sense of NOT WORKING. THE PLANET CANNOT SUPPORT EVER-INCREASING NUMBERS OF PEOPLE WHOSE GREATEST DESIRE IS SELF-GRATIFICATION, ENTERTAINMENT AND ACQUISITION OF PROPERTY AND WEALTH AT THE EXPENSE OF EVERYONE ELSE AND AT THE EXPENSE OF GAIA HERSELF.

The debris you leave behind – mental, physical, verbal, emotional – LITTERS EVERY FACET OF YOUR ENVIRONMENT. To sit safely in small clean homes serving only self or restricted to family, ignoring events outside your local, national and global doors is no longer an option. Putting up a shield of defence in face of all the negative self-produced energy is no longer an option. And because of this lack of sensitivity and responsibility has been continuing for millennia, the heaps of debris are rising and CANNOT BE OVERLOOKED.

It will not be possible, dark brothers, to cordon yourselves off. It will not be possible, innocent bystanders, to declare that you have no part in this matter. It will not be possible, secret-keepers, to hold the lid on your secrets any longer. The time of ULTIMATE EXPOSURE AND ULTIMATE LIGHT IS NEARLY UPON YOU. This will be a time of major recognition FOR ALL ON EARTH, and also a major learning process for all observers. You will learn to celebrate the RETURN OF SACREDNESS into your lives.

It will no longer be possible for your magazines to report upon the excesses and hedonistic lifestyles of the celebrities selected to enthral you and KEEP YOU SMALL. YOU ARE THE CELEBRITIES NOW, THE ONES WHO WILL RECOGNISE THEIR PART AND CRY AND MOVE ON TO GREATER THINGS. You will learn that you were prisoners. You will learn that you were content to be prisoners, swallowing the entertainment and propaganda presented, obeying the rules concocted.

This will cause great pain, but it will also SHARPEN YOUR MINDS AS NEVER BEFORE. YOU WILL CUT THROUGH DISHONESTY. YOU WILL QUESTION TIRELESSLY UNTIL

ALL IS EXPOSED. This will involve GREAT DISCOVERY and GREAT ADVENTURE. Never before will your lives have been so intense, so searching, so devastating, and so JOYFUL. You will REJOICE UNENDINGLY THAT THE SPIRITUAL HIERACHY YOU REFER TO AS GOD AND HEAVEN HAVE REVEALED THEMSELVES AT LAST TO YOU. You will fall on your knees in gratitude that the dark days are over. You will reconcile yourselves to present losses (for many will depart for their next life experience elsewhere) and see new opportunities and contacts wherever you look. Instead of living in a mundane and stressful manner, you will discover the joy of LIVING FOR A PURPOSE, in discovering your divine vocation. The bell is ringing and it is up to you whether you choose to open the door and WELCOME THE NEW, plying your role in the DIVINE MAKEOVER.

# RENOVATION OF YOUR WORLD AND YOURSELF: YOUR CHOSEN DEGREE OF CHANGE AGAINST THE DIVINE BACKDROP

Seraphin through Rosie.

Rosie: Dearest Seraphin; I have spent the last month renovating an old house, in the course of which I collected these questions, all of which have been very relevant to the process. Here they are:

Whether renovating a house (OR YOURSELF, OR THE PLANET) what is your priority? Beauty, efficiency, functionality, quality, service, or a mixture of these?

## THE CHOSEN DEGREE AND PACE OF CHANGE

Are the changes you make cosmetic or radical?

What do you chose to modify or destroy?

How much of the old do you cover up, leave standing, or leave visible?

How quickly do you throw something away?

How often does indecision hamper progress?

Do you retain an overall perspective or lose yourself in detail?

## DEALING WITH PROBLEMS

What do you do with the discoveries you make in the course of chipping at an old wall?

Do you say "Oh that hole must be the old chimney" (OR "OH, THAT WOUND MUST BE FROM MY CHILDHOOD) and cement it up again, or do you have an idea to transform it?

Do you restyle the hole to make an alcove or altar (OR A VALUED LEARNING PROCESS) or do you fill it up without thinking?

If you discover mice in the walls (OR GNAWING PAINS IN THE SUBCONSCIOUS), do you address the problem?

Do you consciously preserve that which you perceive to be strong, solid and supportive?

Do you hold on to flimsy whimsical structures (OR FLIMSY RELATIONSHIPS), despite your knowledge that they are soon destined to crumble?

## WORKING TOGETHER

Are you doing this for yourself or others?

Is this a co-creative effort or one person's project carried out by minions?

How easily are you guided by the opinions of another?

How often do you allow experts in their field to state their view?

How quickly do you recognise your own limits and ask for help?

How often do you follow your intuition or vision implicitly?

How quickly do you back down from your ideals?

Is this due to practical common sense or desire to please another?

How often do you abdicate responsibility to others and return to find that mistakes have been made which could have been avoided if you had shown more active participation?

Do you work with nature, respecting natural forms or rhythms?  
Do you respect harmony with the location or surroundings?

#### ATTITUDE TO THE PAST

How much of the old do you leave to document “history”?

What do you choose to repair or replace?

Do you keep the form and change the colour?

Do you change the form and keep the colour?

Do you throw away the rot or retain it because it is a piece of history?

Do you move something from its traditional position for better effect?

Do you remove things which look impressively authentic but which – if you look more closely – are actually a fake?

Do you replace lost pieces with new ones which harmonise or which break with tradition?

Have you anything to say to this, Seraphin?

Seraphin: Yes. It is all very well to renovate, but if the finished product does not have some definite purpose or application, it may be wasted time. OR NOT, IF THIS EPISODE HAS SERVED TO SHOW THE PERSON RENOVATING THAT THEY HAVE BEEN WASTING TIME. THIS MEANS THAT THEY WILL FROM THAT TIME ON PROCEED WITH MORE AWARENESS AND MORE PURPOSE. So in fact all steps serve the purpose of forward progress.

Another question is: WHY ARE RENOVATIONS NECESSARY? Often enough, this is due to a lack of quality - to material suffering over the years. In a relationship, this may be deteriorating quality due to lack of consistent effort in the long-term. Then an ELEMENT OF NEWNESS can be very beneficial: re-examining the cracks in communication, for example, before the building collapses. Wall repairs and structural repairs take priority over smaller issues, so the lesson in that is TACKLE THE BIG ISSUES FIRST.

You know yourself, from designing your paintings, that you have to decide the colour of the BIGGEST PIECE OF SURFACE AREA FIRST, and decide on the overall division of the canvas FIRST, before delving into detail, IF YOU DO NOT WANT TO LOSE SIGHT OF THE OVERALL IMPRESSION YOU WISH TO CONVEY. To do so would be LOSING THE POSSIBILITY OF GREAT CONTRAST. ALWAYS BE AWARE OF THE INTENSE COLOUR OF THE BACKDROP, just as always be aware of the DIVINE BACKDROP, which is the framework within which you are working, which is the framework in which you work on your relationships. NEVER LET THE DIVINE BACKDROP OUT OF YOUR SIGHT, IRRESPECTIVE OF YOUR ACTIVITIES, for it is always there and it has always been there, despite the inability of your particular civilisation to recognise it in its entirety.

Little by little, this backdrop (an organised cosmos under a spiritual hierarchy) has been coming to the foreground. Just like the realisation that the earth revolves round the sun, which encountered great resistance in its day, a further greater realisation is already at hand. As in previous times, it is greeted with ridicule. Allowing new concepts into your mind for CAREFUL AND WEIGHED PERUSAL IS OF PARAMOUNT IMPORTANCE in this entirely new segment of your history.

This “renovating” of thoughts will be a radical procedure, like walking through the ruins of an old building which was not renovated in time, which has been neglected for years so that it is unrecognisable due to rampant undergrowth which has taken root in every crack. In some cases, the foundations may be sound and usable. In others, the only way may be complete DESTRUCTION.

This will be different for every person, but everyone will have to make choices and decisions about how to rebuild their lives. We plead with you to start this NOW. Direct your lives COMPASSED BY THE DIVINE, which means – as we said in a previous message already – to BRING SACREDNESS AND RESPECT FOR ALL BACK INTO YOUR LIVES. We love you all, Seraphin.

# ARE YOU READY TO GIVE? ARE YOU READY TO RECEIVE?

Seraphin through Rosie.

Dear Children of Light who are TERRIFIED OF YOURSELVES:

You are the light. You are the power which changes. You are the catalyst of tremendous forward momentum on your planet. Yet this has not transpired because of your failure to recognise your own strength. Have you tested the potential of a SINGLE SMILE, as you pass through a room, a train station or a shopping mall? You can experiment with this at ANY MOMENT IN TIME AND IN ALL PLACES. The intensity of the smile will be reflected in the intensity of the response, providing that the recipient is open to receive.

So this is a two-way system: ARE YOUR READY TO GIVE, and ARE YOUR READY TO RECEIVE? If you hear the doorbell ringing when the postman arrives, you may miss the parcel he is trying to deliver if you are preoccupied with other things. You may not hear. If you hear but make a concrete decision not to open the door because you are not ready and up, or because you do not want to be disturbed, the offer has been made but not accepted.

So, dearly beloved children: we have been knocking on your doors for so long with wondrous gifts untold, but many are still asleep, not ready to receive our deliveries or too preoccupied or too lazy to open the door to higher awareness and greater wisdom. So eventually we have to put our celestial parcel in a deposit box and progress to our next delivery attempt. We have written directions (in revelatory works) where this box and its treasures are to be found, but again, the ball is in your court. YOU must exert the effort to go there and investigate. The time has come when all gifts have been made available, all knowledge is accessible, as all vestiges of wisdom are sent by the same ETERNAL, ALL-ENCOMPASSING DIVINE SOURCE. We, as representatives and celestial postmen, have been trying to reach you in your homes.

So now, all has been delivered, and those presents which have not been collected or opened or received are on their way back to Creator Source saying RETURN TO SENDER or RECIPIENT UNKNOWN or DELIVERY REFUSED. At this auspicious time in planetary history, this is noted in the annals and used as a determining factor for the NEXT STAGE. Those who do not understand the power of their actions and decisions, and those who never open the door will be transferred to an environment where the postmen are more forceful and the parameters more extreme for purposes of learning. And in the end, YOU WILL ALL GET THE MESSAGE: THAT YOU ARE CHILDREN OF GREAT LIGHT, CAPABLE OF GREAT TRANSFORMATION AND HEALING, WHETHER WITH REGARD TO YOURSELF OR OTHERS. YOU ARE CAPABLE OF RENEWING YOURSELF AND YOUR SURROUNDINGS AT A PACE WHICH WILL ASTOUND YOU.

And indeed this is what you will do, if you consciously recognise your power to do so. The new earth will be rebuilt under your steam. And those who constantly retire from active participation, retiring from experiences and “presents” presented to them, retreating into their own selfish worlds, will be sorted accordingly. This is not just some impossible, ludicrous joke but a highly organised, fair and professional selection process which requires much preparation. These procedures are now coming to a close. We beg you to examine your thoughts and motives carefully, as every thought counts and will contribute to the direction in which the scales tip. We come to warn you that your choices make a difference and determine the next step of your future. Love Seraphin.

# CLOSE ENCOUNTERS WITH CEMENT AND THE COSMOS

Seraphin through Rosie.

R: Dear Seraphin: I have made some notes on my recent encounters with cement. Here they are. Have you anything to say about this?

## ENCOUNTERS WITH CEMENT

A powder which flies

A liquid which flows

A paste which sticks

A solid incapable of change

WHAT IS CEMENT? Pulverised fired clay and lime mixed with sand, in short, OUR EARTH USED AS A BINDING AGENT.

Cement can gather as dust in your nails, smear onto your hands, cut sharply into your fingers and dry your skin. It can slide, stick, trickle or cling. It can be removed with water, with a dry cloth, with tools. It can be sloppy, powdery or hard and knobbly. I can mix it, spread it, knock it away, fill holes with it. It falls in clouds of dust or blobs or waterfalls. It scrapes, infuriates, delights.

It is difficult to remove IF NOT DONE SO IMMEDIATELY as it changes rapidly from powder to porridge to rock. I have to ACT QUICKLY to put it in the appropriate places. If I am distracted by something else, I will return to the bucket where it has set solid. I must tidy up and wash tools IMMEDIATELY AND WITH DILIGENCE, otherwise the tools will lose their SHARPNESS AND EFFECTIVENESS, thus preventing me from doing QUALITY WORK.

But whatever the quality of the tool, a hesitant hand produces a hesitant uneven surface. I can use a trowel, a paintbrush or a sponge. I can push and cajole it between pebbles. Timing is important. If I use too much water at a late stage, it will shrink. If I do not clean my place of work up properly, I will have to deal with it LATER.

In old crumbling cement I have found mice, rusty ancient nails and fragments of cement sacks. Cement can go through the whole cycle of LIFE AND DEATH – it can be bought, mixed, used, destroyed and deposited of, returning to dust.

S: Yes. Encounters with cement and the cosmos. This is the title I gave to you. You have fulfilled the first part and now I will fulfil the second. This is what we call a JOINT CELESTIAL VENTURE! (he laughs). We, in the celestial realms, have been mixing for millennia. Out of the first mix comes the life-forms which are seeded onto evolutionary planets such as yours. Then we send in messengers in body and mind to uplift the spirituality of the life-forms we have produced. We produce the original material, so to

speak, and see how things progress, and then add new ingredients to the mix to try and rectify, if things go wrong. But we have to catch the right moment. Despite being a quarantined planet, you are under critical observance, as always. And, as a “free will” also reigns here, there are instances where we can uplift but not “interfere”.

This may be difficult for you to comprehend fully. You, the present inhabitants of earth are largely only aware of a period of a few thousand years (and even those are not correctly represented in your history books) Here we are talking about a huge stretch of time which is beyond your imagination.

The high quality ingredients we have used have unfortunately become contaminated in the course of time. Your present material bodies are – contrary to your beliefs – much inferior to those of your predecessors. We have introduced new material, but the attempts have not always been successful. This lowering of quality on a material level is a direct result of a lowering of standards and ability and awareness on a mental and spiritual level. This is why we have sent messengers to spiritually upgrade you at regular intervals.

If you wish for a comparison, dogmatic and superstitious ideas based on and furthering fear can be regarded as cement which has set ROCK SOLID before being mixed properly and applied properly. Perhaps we can say that the HOLE OF FEAR was blocked up as quickly as possible with a hasty mix. But this will eventually crumble as the consistency of the cement and its application was not perfect. So the beliefs cemented will eventually fall.

We have attempted to “cement” small but significant pieces of divine wisdom securely into your world. If the surface/atmosphere/receiver on which the cement was placed was not clean enough, or not sufficiently prepared, the cement (however well mixed) was not capable of holding the wisdom firmly in place.

If the tools/messengers used to place the cement/wisdom were not clean, this meant that shards of old cement were mixed in with the new, preventing its efficacy. So we have to choose our tools (ie our messengers) carefully. If we do not assess the situation correctly, and see at the last minute that the cement chosen or the messenger chosen is inappropriate or will not fulfil our purpose, we will add “water” to the cement mix at the very last opportunity to delay and thereby raise the chances of the piece of wisdom STICKING in the minds of your populace. In a way this is happening at the moment as part of LAST MINUTE RECTIFICATIONS.

So in this way we have been building universes, with constant revisions, reconstructions, repairs and new directions. Sometimes we encounter a situation in which we find it extremely difficult to push the development process any further as there is such regression among the planetary population, to the degree that – without our observance and intervention – they would not only regress but destroy themselves. This is the stage which you have reached. We regret having to say this with such clarity, and our motivation is, as always, to assist you if you will hear us. We love you, Seraphin.

# THE GLOBAL EXAMINATION ENDS

Seraphin through Rosie.

R: Dearest Seraphin: what do you have to tell me at this critical time where everything is intensifying on all levels? I feel a bell is ringing in a classroom, to signify the end of an examination ...

S: Yes, Dearest, it is like sitting in a classroom, doing your final exams, and the final bell has rung. The teacher is saying PLEASE PUT DOWN YOUR PENCILS. YOUR PAPERS WILL NOW BE COLLECTED. There has been much preparation by some of you – hard preparation, like chopping wood on a metaphysical level; sorting out the old, planting the new. You have been learning through experiences so appropriately put in front of you by your guides and angels. You have listened to inspiration or advice from your fellow travellers on this plane – your parents and friends, your teachers.

Some of you have even examined the teachings of the opposing “dark side” which has only reinforced your precipitation towards the truth. Some have continued learning when lessons were over, outside of the classroom, even when confronted by strong opposition or by overwhelmingly detrimental circumstances. You have continued learning and adapting your knowledge, ever more aligned with DIVINE TRUTH, despite everything going on around you, despite all distractions.

Some of you have not looked ahead towards the examination. It fell out of your focus. While it is necessary to relax and enjoy and appreciate, it is not your life purpose to languish and amuse yourselves with pointless or even harmful distractions. Nor is it your destiny to fall into lethargy, completing only those tasks which are absolutely necessary, responding only to outward pressures of force, doing the minimum instead of creating new exciting perspectives and engaging your boundless energy simultaneously. Your goal is not to play eternally, but to build and assist others on their journey, WHICH IS ALSO YOUR JOURNEY, AS YOU ARE ALL PART OF EACH OTHER.

So now, THE GLOBAL EXAMINATION FOR ENTRY INTO REALMS OF HIGHER LOVE VIBRATION AND POTENTIAL IS AT HAND.

Some of you are physically prepared. Your pencils are sharpened. Your watches are set. You are ready to give your all. Others have been so distracted - having forgotten the importance of this occasion - that they have forgotten essentials in their rush to get here on time. Yet others do not arrive, as they have long since lost the piece of paper which states WHERE AND WHEN THE EXAMINATION WILL TAKE PLACE. There are those who know the time, having heeded the 2000 year-old warning of ancient prophets, or the more recent warnings and announcements of more recent and even contemporary messengers. There are others who have received letters but never opened them. For those ones, the sudden revelation that the GLOBAL EXAMINATION has taken place without their prior knowledge and without their conscious participation will lead to disbelief and shock.

Those who have learnt their lessons, driven by an ever-increasing and constant desire to deepen knowledge of themselves and the workings of the DIVINE in all our lives, on the path to harmony and peace, will pass the examination with flying colours. Such is their disposition that they will qualify to take on new positions of responsibility in the NEW EARTH which follows on from the GLOBAL EXAMINATION.

Those whose learning capacity is slower will enter other schools where the pace of teaching is also slower. The lessons will be repeated, in the hope of better assimilation this time around. For some, this may be the third or fourth time around, or more. And there are even those who opt out of LIFE SCHOOL permanently, or whose task here is complete.

Whatever happens in the near future, Beloved Children, know that you are all – whether you stay here or not – loved by our DIVINE CREATOR. He/She wishes nothing more than the most suitable environment for your future learning – somewhere where you feel AT HOME and progress IN WONDER at the workings of the DIVINE MIND WE ALL BELONG TO, AND WHICH IS THE SUM OF ALL PARTS.

In this sense, those who are gone ARE NOT GONE. THOSE WHO SEEMINGLY DEPART HAVE NOT DEPARTED. While this may have the semblance of a GREAT IRREVOCABLE SEPARATION, it is MERELY EXPLORATION OF ALTERNATIVE ROUTES TO THE SAME DESTINATION. We ask you all for your courage and compassion towards your sisters and brethren in the days ahead. Love Seraphin.

# VOCATIONS AND BUILDING THE COLLECTIVE FUTURE

Seraphin through Rosie.

Dear Children of Light who seek comfort in the dark hours:

It seems to you that everyone is looking downwards (away from the light on the horizon), turning their attention to peccadillos, to fleeting physical pleasures, to debates on petty issues, to keeping up with “news”, to gazing at celebrities, to reading the papers in moments of peace. There may be those who pause for a moment of reflection, but this does not penetrate to the shadows, for they are subconsciously afraid of what they might find lurking there. When all is said and done, the small hiatus of calm and contemplation has brought little new insight, just a short period of non-action and rest which bolsters up the strength to continue the “normal” routine, with your focus on the next break.

This is what you call a “holiday”. But let it be known that all days are HOLY. They are not separated – as by the mortal mind - into work and leisure, as employers and providers of entertainment would have you believe. We are talking here about VOCATION AND CALLING: feeling a strong and irresistible desire to go in a certain direction and GIVE YOUR ALL, following the divine thread of intuition, utilising all your imagination and creativity, evolving deep levels of dedication, and in constant desire to develop and improve and learn. The high level of expertise you therefore achieve and the RADIANCE which emanates from you continuously will then ATTRACT OTHERS WITH SIMILAR ASPIRATIONS AND THUS YOU TURN AUTOMATICALLY INTO A TEACHER.

This transference of energy, enthusiasm and shared interests and co-creation can be one of the most satisfying experiences on this earth plane. It is visible proof. It manifests results. And so we ask you in these times of complacency, lethargy, compromise and disinterest: WHAT IS YOUR REAL VOCATION? WHAT OR WHO INSPIRES YOU SO MUCH THAT YOU WOULD DROP EVERYTHING (AND BELIEVE ME THERE IS MUCH WHICH YOU WILL HAVE TO DROP) TO FOLLOW THAT PATH. SEARCH DEEPLY INSIDE YOU AND CONSIDER WHAT IT IS THAT YOU REALLY WANT TO DO. SOMETHING WHICH IS HIGHLY RELEVANT TO THE DEVELOPMENT OR BEAUTIFICATION OR HEALTH OR INCREASE IN QUALITY FOR THE PEOPLE LEFT ON YOUR EARTH. HOW CAN YOU BE A HERO FOR THEM? HOW CAN YOU UPLIFT AND INSPIRE THEM?

Do not look around sadly for ways to cheer yourselves up in situations you are caught up in, but ask HOW YOU CAN CONTRIBUTE. LEAVE NO STONE UNTURNED IN YOUR CONSIDERATIONS. AIM FOR PERFECTION IN ALL THINGS. In this way, we encourage you to look forward with hopeful anticipation and with plans in mind to BUILD YOUR COLLECTIVE FUTURE. We love you, Seraphin.

# THE BIRTH OF THE DIAMOND

Seraphin through Rosie.

R: Dear Seraphin: in the course of a recent discussion I suggested the following: “It looks like we might be the diamond cutters, having been given a stone of very high quality (our divine selves and our divine potential), and that it lies in our own hands how we approach BRINGING OUT (i.e. polishing) the best in ourselves in order to SHINE and SERVE, and that this is not something to be accomplished overnight (quick sporadic un contemplated polishing) but something accomplished after much consideration and dedicated work due to the wish to travel towards perfection“. I feel that you have something to add to this ....

S: Yes. In the beginning, the diamond is not a diamond. It is a substances crushed inside the CORE of the earth. It is dense, it is immensely hard and pure, just as YOU have your source in the very CORE OF THE CREATOR, just as the diamond born to the outside world is born from the core of the earth. There is no room for manoeuvre or change when the material is in the earth. It is solidly packed. It is part of other rock, surrounded on all sides, totally enclosed, part of ALL WHICH SURROUNDS IT.

When the material is loosened BY HUMAN HAND AND THROUGH HUMAN CHOICE, it first appears to be rough, unhewn, opaque. You ask ourselves questions like WHAT IS THIS? Could this be material for MY CREATIONS? What can I do to penetrate beyond the exterior?

Those who have never seen a diamond before (who have never seen or experienced themselves before) and who are young souls in the early stages of their spiritual journey) may play with the diamond, as if it is a ball. They may lose it through carelessness, or because they are momentarily distracted by another toy.

Some, who are very well aware of the diamond's worth, will sell it immediately for cash, selling their soul also.

Yet others will assign artists or jewellers to cutting or setting the diamond in ostentatious bracelets to wear and thus prove their own worth in the eyes of others.

Some will sit with the diamond, contemplate it, wonder at it in its original state, and they will know from hearsay that diamonds are supposed to SHINE. But this one does not. So they ask themselves WHAT CAN I DO TO BRING OUT THE BEST IN THIS DIAMOND AND – AS I AM PART OF EVERYTHING – IN MYSELF. Understanding the true nature of the diamond (and oneself) and its origins and qualities and potential is imperative for causing it to shine. It must be regarded very carefully. One must scrutinise it for flaws, WHICH MUST BE CAREFULLY REMOVED so as not to destroy the whole. The best form or shape must be decided upon, and when all PRELIMINARY PROCEDURES ARE COMPLETED (WHEN AWARENESS IN ALL AREAS OF THE HEART AND MIND HAVE BEEN ACTIVATED) ONLY THEN CAN THE POLISHING BEGIN. This is the final process, the

final veneer, the move towards COMPLETE TRANSPARENCY.

When this has been accomplished, the diamond/soul will SHINE TO THE BEST OF ITS ABILITY AND SERVE AS INSPIRATION. THIS IS THE JOURNEY FROM DARKNESS – FROM THE WOMB OF THE EARTH TO THE LIGHT OF BIRTH.

# THE CALL OF THE UNSEEN GUIDES

Seraphin through Rosie.

Dear Children of Light who are trying to unravel the cosmic mysteries:

We, of the spiritual hierarchy who exist beyond your present range of comprehension and perspective and who remain ALL BUT A MYSTERY to most of those residing in your physical dimension, are in great praise of those who show determination to enter a sphere which others may condemn as “illusion” or “ridiculous” or “illogical” or “insane”.

But in fact all these are expressions which show their fear and hence their VERY GREAT EMOTIONAL AND MENTAL DISTANCE FROM REALMS WHICH DESIRE THE EXACT OPPOSITE OF DISTANCE. WE DESIRE YOUR CLOSEST PROXIMITY. In fact, proximity is not enough. What we wish is to be ONE with you: INSIDE and AROUND you, and PERMEATING YOU WITH OUR PRESENCE AND INSPIRATION AND LOVE.

For anyone who finds themselves in a difficult or painful or desperate situation, we say CALL ON US, for we are guides to the GLORIOUS UNKNOWN and the FANTASTIC UNSEEN. We can show you truths which will astound you, which will blast you on a wave of ecstasy into the future, who will help you realise your potential, who will show you how much more there is to this incarnation than the purely physical plane of existence, who will transform your lives into an endless path of adventure.

CALL ON US when you are uncertain, afraid, or not able to move forward in the direction you envisage. For it may well be that what you envisage is LIMITING YOURSELF. Let us be your guide, your light towards a greatly increased version of yourself which SURPASSES ALL LIMITATIONS.

If you thirst for more, we can point you in the direction which will quench your thirst, and we can present you also with situations which stop the flow, so that you thirst again. Thus we propel your forward momentum, as unseen but helpful guides, following your steps and providing your stepping stones, offering new directions and blocking those which take you to a DEAD END.

On planet earth, there have been so many DEAD ENDS during this last phase. Our work has been greatly burdened and progress has been very limited in some cases. This fills us with great regret, for it means that many have not fulfilled their destiny to enlighten others, as stated in their soul contract for this incarnation.

We understand that this period has been a very turgid one in which journeys on an emotional and spiritual level have been hampered, encountering many delays, whereas physical journeys have been – for some – on the increase. The great spiritual DIRT on this planet astounds us. Some of us have never had such a difficult task, or encountered

such opposition. It has been a truly unique experience and one which will be used to teach in the next planetary epoch, and in other parts of the cosmos, once this experiment has drawn to its final close.

So, to those who apply themselves diligently to unravelling the mysteries, we congratulate you for following your course, and it has been our honour and pleasure to be of assistance. To those whose curiosity or awareness has not encouraged them to look beyond the superficial veneer of life on earth, who do not perceive the exploitation of others, who do not feel compassion for others, who put all their efforts into accumulation of wealth on the physical plane, we say to you: **YOU HAVE LOST OUT ON HALF YOUR LIFE. THERE IS SO MUCH MORE STILL TO BE DISCOVERED. YOUR CHANCES ARE ALWAYS PRESENT, WAITING FOR YOU TO TAKE THE PLUNGE, IRRESPECTIVE OF WHAT OTHERS MAY MAKE OF YOUR DECISIONS, IRRESPECTIVE OF WHETHER THEY CRITICISE, APPLAUD OR FOLLOW. FOR THIS IS YOUR JOURNEY AND NOBODY ELSE'S JOURNEY. RECOGNISE YOURSELF AS A UNIQUE AND PRECIOUS INDIVIDUAL INDWELT WITH A SPARK OF DIVINITY. HOLD THIS VIEW OF YOURSELF CLOSE TO YOUR HEART IN EVERY SECOND OF THE DAY AND NIGHT, FOR THIS IS YOUR BIRTHRIGHT, YOUR ELIXIR, YOUR ENTRANCE TICKET TO THE SOLVING OF ALL MYSTERIES ON EARTH AND BEYOND.**

We are at your service and we are on call. Seraphin.

# PREPARE FOR DIVINE IGNITION

Seraphin through Rosie.

Dearest Children of Light: HOW ARE YOU GOING TO ADJUST TO THE GREATEST LIGHT OF ALL, WHICH IS THE DIVINE SPARK IN YOURSELVES?

We wonder whether you are ready for the DIVINE IGNITION, for the rapid take-off into new realms, locations and responsibilities, liasing with strangers and beings you have never seen before, discussing concepts beyond your wildest dreams and imagination. How ready are you to LEAVE EVERYTHING BEHIND (SO THAT YOU CAN GAIN ALL), to clear your minds of all rubble, of past hurts and of misconceptions, of supposed injuries and of lost opportunities, for you will see that they have all led perfectly to this moment.

How ready are you to expand your perspectives, to see each other AND YOURSELVES as perfect vessels for the conveyance of the perfect message, which is YOUR GOD IS HERE WITHIN YOU AND WITHOUT YOU. How prepared are you to act as an inspiration to multitudes? How quickly can you react to address a problem, or redirect a situation so that it is IN DIVINE ALIGNMENT?

As warriors of light your shields must be strong. Your swords are your strength and determination, tempered by the compassion of your heart. Is your WISDOM ready to shine? Are you KING over your emotions? Do you rest in a place of calm and confident stillness?

We will support you, but you must enter the fray alone, armed with your devotion, your concern, your love for your fellow man. Do not linger or hesitate due to thoughts of unworthiness or how you may appear to others, but LIVE YOUR TRUTH. ACT IN A WAY WHICH EVOKES RESPECT. WALK IN LOVE.

For the path which YOU, inhabitants of beloved planet earth, are about to embark upon AND INDEED INITIATE, is not easy. You will require courage and determination. You will have to deal with losses and focus your gaze on the horizon, knowing that your contribution is significant for the birth of a new genre of life here on earth, and knowing that you have chosen this path FOR THE GLORY OF THIS PATH.

We say PREPARE IN ALL SERIOUSNESS, for today and every day, so that you can better serve and better enjoy the sweetness of serving.

Again we say PREPARE,  
We love you, Seraphin.

# YOUR CONTRIBUTION TO THE COLLECTIVE POOL

Seraphin through Rosie.

Dearest Children of the Light who adjust conditions to your needs:

We ask you to PLEASE THINK FURTHER THAN THIS. Let us take a very simple example. You are standing underneath the shower bleary-eyed, thinking that the water might WAKE YOU UP. You adjust the temperature, first letting the warm water (IF YOU HAVE THAT LUXURY AT ALL) run till it is boiling hot, and then you add cold water until it is JUST THE RIGHT TEMPERATURE FOR YOU. This may take quite a while (IF YOU LIVE IN A PART OF THE WORLD WHERE THAT MUCH WATER IS AVAILABLE), and all the while you are assessing the temperature of the water to see if it is RIGHT.

We would suggest that there are so many other perspectives which you COULD carry in your mind, but which often have no influence at all on your thinking at that specific moment of testing the water temperature. These include WHERE THE WATER HAS COME FROM, HOW OFTEN HAS IT BEEN PROCESSED OR CLEANSED, WHAT INFORMATION IS IT CARRYING, WHAT IS THE EFFECT OF THIS ON YOU, WHERE DOES IT GO? And ultimately, WHAT INFORMATION (Love, gratitude?) OR POLLUTION (soap and other substances?) HAVE YOU YOURSELF PUT INTO THE WATER – INFORMATION WHICH WILL BE CIRCULATED TO OTHERS AND EVENTUALLY BACK TO YOURSELF.

If you lose yourself in thought as you let the water run (or as you let events run through your life) you cannot notice the volume which passes over you, and which transports those thoughts into the COLLECTIVE POOL. For this, water is a good conductor, but not absolutely necessary. Thoughts of whatever quality will gather and manifest if they occur in heavy concentration. Imagine what happens to the thoughts or water or rubbish which you “throw away”. They do not disappear, they only disappear FROM YOUR SIGHT. They accumulate together with more used water in the drainage system or on a huge rubbish tip. This is nothing more than RELOCATING THE DIRT. As such it is still part of your world and part of your responsibility.

As always we urge you to be mindful of your every action and decision, and of the far-reaching consequences of SEVEN BILLION PEOPLE’S ACTIONS AND DECISIONS WHICH TAKE PLACE CONTINUALLY ON A DAILY GLOBAL BASIS. Lack of care and attention to detail, combined with lack of respect for earth’s resources has now reached an astonishing high level. We urge you to reverse these trends towards defacing the earth IMMEDIATELY. Track with great diligence your use of water, wood/paper and petrol/plastics, and ask yourselves WHAT IF EVERYONE ACTED LIKE I DO?

The winds of RADICAL CHANGE ARE BLOWING, BELOVED CHILDREN, AND YOU WILL DO WELL TO CONTEMPLATE YOUR HABITS AND NEEDS AS THOROUGHLY AS POSSIBLE. THEN IT WILL BE EASIER TO LEARN TO ADJUST YOUR NEEDS TO

CONDITIONS RATHER THAN ADJUSTING CONDITIONS TO YOUR SUPPOSED NEEDS.

# DISTRIBUTING THE BOUNDLESS TREASURE

Seraphin through Rosie.

Dear Children of Light who keep your possessions safe:

Your most valuable possession is your ability to LOVE and discern, determining in the most compassionate way possible WHAT THE SITUATION IS and HOW CAN IT BE IMPROVED. So the first question is WHAT IS OUR SITUATION and also WHO ARE WE?

For some people the answer might be this: “We are all members of a civilised race which has ascended from an animal existence of moral depravity to the heights of a socially conscientious society with protection introduced to benefit those less fortunate and laws to restrict the criminally-minded.”

For other people, the answer might be this: “We have risen from a state of pure survival to a race of savants, artists, writers and technological wizards”

For yet others the answer may be; “We are struggling for survival the way our ancestors did before us. We are persecuted and exploited and we see no change on the horizon”

Yet others may say: “We have progressed from unorganised chaos and nomadic wandering into a settled and constant way of life, secure within a national and financial system, extended globally”.

Another answer would be: “WE ARE LIVING IN A HIATUS, ONE LIFE BETWEEN MANY LIVES, with a specific purpose and intent to contribute to THE WHOLE PICTURE, OF WHICH WE ARE ALL AN INTRICATE PIECE. WE ARE EMBODIMENTS OF OUR OWN DESIRE TO SERVE. WE ARE SOULS INTENTIONALLY REINCARNATING AT THIS TURNING POINT IN THE HISTORY OF OUR PLANET. WE HAVE PETITIONED TO BE HERE AT THIS TIME AND WE HAVE BEEN PERMITTED TO PLAY A ROLE IN THESE MOMENTOUS EVENTS. WE ACT AS CATALYST TO CATAPULT SPIRITUAL AWARENESS IN ORDER TO END THE “SITUATION”.

And what is the “situation”? While progress has undoubtedly been made regarding the progression of life and the uplifting of values on the planet, it has been accompanied by many downward trends which are spiralling you down into oblivion. These trends (fed by fear, greed, insatiable desire for power and the concepts of “insurance”, “profit” and “appearances”) hold the populace in a tight grip, filling in all the blanks on their mental planes and determining ALL THEIR DECISIONS. This is regarded as NORMAL, but if discernment is exercised, it will become clear that all these are controlled and are themselves METHODS OF CONTROL AND MANIPULATION.

So dear children: what, at the end of the day, will you find in your deposit boxes? Will it be the gold you never spent, or will it be the love you never gifted? What is your insurance

against CHANGE? What friendship will last if based solely on (self) interest? What effect will appearances have when you are old and weak? And most importantly, WHO CAN SHOW YOU LOVE IF ALL ARE IN FEAR?

We say again YOUR MOST VALUABLE POSSESSION IS YOUR ABILITY TO LOVE. This cannot function if kept imprisoned. FREE THIS ABILITY AND FREE YOURSELVES, ALWAYS ASKING WHERE YOU CAN DISTRIBUTE THIS BOUNDLESS TREASURE.

# THE STEP-LADDER OF TRUTH

Seraphin through Rosie.

Dear Children of Light who always wish to be RIGHT, who always wish to reach the ABSOLUTE TRUTH;

The title of this piece as given to this scribe is the step-ladder OF truth, not the step-ladder TO truth. Imagine yourselves on a journey through many realms, upwards through many experiences. Each STEP will seem real, each learning process will light a fire within you saying NOW I KNOW! NOW I REALISE! NOW HAPPINESS WILL BE ETERNALLY MINE! NOW NOTHING CAN SADDEN ME AGAIN! NOW I HAVE UNDERSTOOD EVERYTHING THERE IS TO UNDERSTAND! And for a while you will dance in ecstasy and rejoice, and it is right to celebrate this moment of joy and enlightenment.

However, this is a moment in time on a learning journey, and eventually this will fade with the arrival – on the horizon – of the next learning challenge. And when this is mastered, there will again be that “aha!” moment when you feel that PARADISE is within your grasp. Each level feels like the FINAL REVELATION, whereas it is one in an eternal series of REVELATIONS. What may seem to be of extreme importance today may be integrated and relegated to secondary importance tomorrow. Today’s striking, secret and unique truth may turn into tomorrow’s universal knowledge.

Truth, when viewed from your lives travelling ever onward and ever upward can take various forms. As you look down from each step of the ladder, you can see the various stages you have already integrated into your experience, and how you have caused your “world view” to evolve.

Those who have so far not included a spiritual aspect in their wandering’s through life’s experiences will now be asked to take A VERY BIG NEW STEP ON LIFE’S LADDER, FOR THE NEXT STEP IS A DIVINE STEP WHICH DEMANDS RECOGNITION OF THE DIVINE COMPASS WHICH SERVES AS A POINT OF ORIENTATION. This, for those daring to take this step and move to the next level, will open up a DIMENSION OF TRUTH NEVER BEFORE EXPERIENCED.

While every step is the perfect step for personal growth, the divine step is the step of exceptional spiritual growth in which ALL THAT IS suddenly becomes part of your individual experience. This step is considerable regarding the LEAP OF FAITH needed to take it, and it is extraordinary in the untold TREASURES which subsequently unfold.

We urge you to reflect well and invite this new stage into your experience, deepening and widening your sense of truth, opening you up to the limitless and flawless aspects of the DIVINE. And also this shall end, signifying a new and EVEN MORE WONDERFUL BEGINNING WHICH STRETCHES INTO ETERNITY.

# THE TIME FOR SELF-MANAGEMENT

Seraphin through Rosie.

Dear Children of Light who have not yet learnt to MANAGE YOURSELVES, allowing SENIOR MANAGEMENT to do it for you:

In extreme or unfamiliar situations, your common first reactions are to SCREAM FOR SAVIOURS, FOR EXPERTS, FOR LAWYERS, FOR GOVERNMENTS, FOR WELFARE, and FOR GOD, to step in and take action.

You have engendered – created a genre – of people who WORK FOR YOU, TALK FOR YOU, HUMOUR YOU, ACT FOR YOU, REACT FOR YOU, and ENTERTAIN AND DISTRACT YOU FROM WHAT IS REALLY GOING ON. YOU ARE AS WILLING PUPPETS IN THEIR HANDS.

Let it be known that there are other planets and other races where these MIDDLEMEN are UNKNOWN. You have created whole classes and sections of society to serve you. You have created individuals and companies to defend you, uplift you, protect and insure you. You have lent them POWER and thereby abdicated your own. You bow in humility and ignorance to their intricate “knowledge” of the SYSTEM WHICH YOU HAVE ALLOWED TO DEVELOP.

And indeed it has become a system so entrenched in your society and in your ways of thinking and which has become so complex that you CANNOT IMAGINE LIFE WITHOUT IT. We would ask you to try.

This means LETTING GO OF ALL OF THIS. LETTING GO OF FEAR. It means REPRESENTING YOURSELF INSTEAD OF LETTING OTHERS DO THIS FOR YOU. IT MEANS PROTECTING YOUR OWN INTERESTS, POLICING YOURSELF, AND TAKING ON RESPONSIBILITY FOR OTHERS. IT MEANS FOLLOWING INTUITION RATHER THAN FOLLOWING EXPERT ADVICE. IT MEANS YOU ARE THE MIDDLEMAN AND THE INTERSECTION FOR ALL ENCOUNTERS, ACTIVITIES AND RELATIONSHIPS. It means that you will be your own mediator, your own marriage counsellor, your own doctor and your own GURU.

We can see your reactions to this: your disbelief that you are a pawn, and disbelief that you are kings. Therefore, know that you can create yourselves. Can you do this? We say YES: YOU CAN BE YOUR OWN POLICE, LAWYERS AND GOVERNMENT IF COMPASSED BY COMPASSION WITHIN AND BY RESPONSIBILITY FOR ALL.

This piece is under copyright protection of <http://www.abundanthope.net> It may be placed anywhere on the web as long as it is not changed in anyway and a link placed back to this site. It is preferred you place the entire piece, and if not possible to do so, you must note that the rest of it can be found at the link. Thankyou, Candace.

# LIFE IN THE HOTHOUSE

Seraphin through Rosie.

Dear Children of Light who cut off your own LIFE BLOOD:

Imagine yourselves as plants, growing as tender seedlings, receiving nurture each day from the sun and rain, and also independently drawing your own nourishment from the abundant soil, automatically stretching towards the light, growing tall yet developing stability simultaneously through your roots in the earth.

Until one day the delicate tendrils of your exploring roots strike something hard. Your attention is diverted from the light, distracted and frustrated by this barrier. It appears to be immovable, so you adapt, and your roots grows further, but programmed to grow in a different direction. This experience is repeated, and in the end, all your roots meet and are so densely meshed that there is no longer any soil or nourishment between them. Growth has stopped. You are entirely dependent on what you receive from above.

It is at this point that you may realise that you are a prisoner. You are a pot plant in a hothouse as opposed to a seedling in the forest. You are contained. Your growth is contained. Your potential for huge and spectacular growth is contained.

How can we put it to you more clearly than this, Beloveds? YOUR STUNTED GROWTH, YOUR LONELINESS, YOUR FEELINGS OF SEPARATION, YOUR NARROW VIEWS AND EXPERIENCES, YOUR LIMITED PERCEPTIONS AND SELF-CENTRED BIGOTTED VIEWS ARE ALL DERIVED FROM YOUR VOLUNTARY DECISION TO GROW IN A LIMITING ENVIRONMENT WHICH REDUCES YOU TO SMALL, POWERLESS AND ULTIMATELY CONTROLLABLE ENTITIES. IN THIS CONDITION, YOU WILL NEVER EXPERIENCE TRUE CONTACT WITH OTHERS OR DEVELOP NETWORKS OF UNITY.

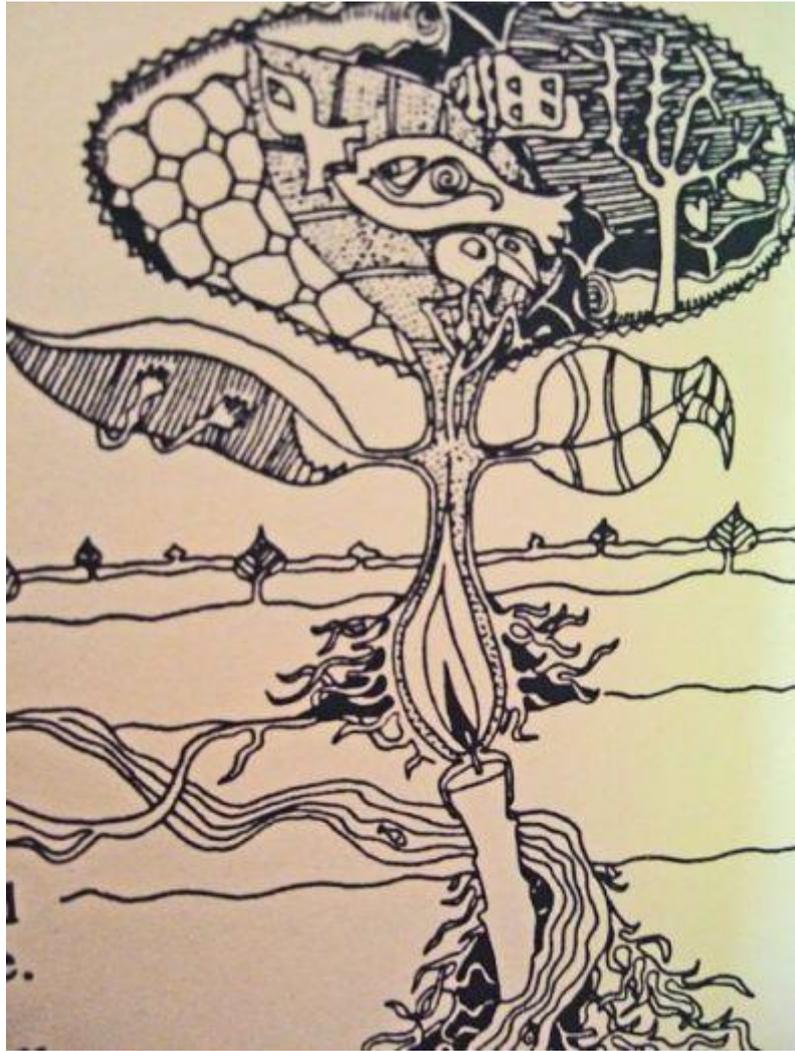
Your compartmentalisations into different racial, religious, social, intellectual and financial POTS blind you to the basic concept of yourselves as constantly growing and evolving beings working together for the glory of your common good, and for the glory of your DIVINE PARENTS whose watchful eyes never stray from your side, observing their children's choices.

And we say to you REMOVE YOURSELVES FROM YOUR PRISONS OF MIND AND MOVE INTO ONENESS. For soon shall all artificial walls of this nature fall in one abrupt episode, enabling communication and touch and contact BETWEEN ALL.

How will you react then, my friends? Will your long years as members of this or that section of society or religion or country PREVENT YOU FROM MOVING ON, EVEN THOUGH THE WALLS HAVE BEEN REMOVED? We ask you to no longer regard that which separates you but to search for the COMMON DENOMINATORS which link you for

eternity, for this will bring you new worlds and great joy.

We love you, Seraphin



# INVITATION TO WALK WITH US

Nebadonia through Rosie, 28th November 2012

R: You wish to give me a message, dearest Mother? Shall I write it down?

N: Yes, my child, for this is how you cement your confirmation, how you can best convey my thoughts to others, and how you can reflect upon them in the future. You may thereby make my words seemingly more concrete. I say SEEMINGLY as my words are words of LOVE IMPRINTED ON YOUR SOUL, PERVADING ALL YOUR BODIES SEEN AND UNSEEN, PHYSICAL AND ETHEREAL. So actually, I never leave you. I live on in you even as you “die”, leaving your physical body behind.

My love is all-encompassing, though not widely recognised. In your world it is so normal to bend to the authority of a male voice, and to bow before your vision of a male creator. I am the “female” counterpart of that Creator, permeating “him” also, being an intricate and indispensable part of “him” also, to produce the perfect balance and blend.

To those parts of the universe which lack awareness of my presence, I send my emissaries to redress the balance and to increase awareness.

You live lives which are very much in the “physical”. That there are realms far and beyond this, involving a rich tapestry of experience, is presently considered ridiculous by the majority of present inhabitants. It lacks credibility. It cannot be documented for the incredulous ones among you, except in the way you now write, to preserve and show our thoughts and inclinations, and except our interactions with you who are prepared to enter into new realms without blocking off possibilities which seem impossible or dangerous or threatening to you. You may fear that you may become someone who is not “grounded” and who can longer be taken seriously.

I SAY “ENTER IN AND WE WILL RECEIVE YOU WITH LOVE. DARE TO PASS BEYOND THE BOUNDARIES OF PHYSICALITY, SPACE AND TIME”. For this will bring you gifts and experiences which embellish and heighten your experiences on the physical plane.

Your experience of OUR LOVE and BEING ONE with us will allow you to POUR MORE LOVE ONTO YOUR FELLOW HUMAN BEINGS. And so we invite you to search us out, ask for help and for pointers so that your lives are fulfilled on many levels.

You may imagine yourselves in a multi-storey car park. You – different parts of you - are in different cars on many levels, all searching for the space which is perfect for you and your physical vehicle. In this sense, you may be many people simultaneously driving many lives. And when you are tired of driving and searching, you park your physical vehicle – your body, usually at night. And you leave the multi-storey car-park on foot, leaving your body/vehicle behind to WALK WITH US.

Our invitation is that you start to do this more consciously and with greater intent, as this will serve you personally and us all. Remember that there are always inner connections of

which you are not entirely aware and which await your discovery. Turn your humdrum lives into lives of adventure, and your journeys through different realms and the fusions and relationships which you form with other beings will strengthen you, teach you the GREAT JOY, GREAT LOVE AND GREAT COMPASSION WHICH YOUR EARTH TODAY SO DESPERATELY REQUIRES.

This we say to you in deepest love. We await you and we welcome you. Nebadonia.

# THE PLEA TO GET UP AND GO

Seraphin through Rosie.

R: Dearest Seraphin: what is it that you want to tell us at this stage in the proceedings?

S: Dear Children on Earth: we follow your progress closely. We are ONLINE to your intentions, thoughts and actions. We monitor your movements of heart, and all other movements which are motivated by greed, ego or desire for domination. We see, from this perspective above, the interconnection and the domino effects and the way ALL DECISIONS AFFECT ALL OTHERS.

At this stage, we stress the importance of YOUR OWN PERSONAL DECISIONS. We see you all, sitting on various chairs in various situations pointing in various directions forming your various viewpoints. More beneficial for you all would be to develop a SWIVELING CHAIR, enabling you to see the environment around you from a 360 degree angle.

Even more beneficial would be to direct your gaze DOWNWARDS, as maybe your swiveling chair is sitting on a transparent floor, and maybe you are unaware of the huge amount of activity below your feet. Similarly, it will benefit you to look UPWARDS, especially IF YOU HAVE NEVER DONE THAT BEFORE. And, even if this is not possible with the naked eye, VISUALISE THE WHOLE UNIVERSE, INCLUDING MILLIONS OF OTHER RACES, surrounding you and Mother Earth.

All this you can do while sitting in your chair. Yet the situation on earth is so extreme that this is no longer enough. YOU MUST RISE. YOU MUST WALK EVERY INCH OF THE PLANET TO SEE WHAT IS GOING ON. It is urgent and imperative that you undergo expansion, from looking upon and caring for the family unit or work environment, to local units, to the global unit, to the universe unit, and it is imperative to realise that the operative word here is UNITE. Resolve your personal, national, global differences to attain the PRIZE OF HARMONY AND PEACE FOR ALL.

It saddens us greatly to see so many of you with EYES CLOSED, SITTING IN CHAIRS CEMENTED TO THE FLOOR, OPENING YOUR MINDS ONLY TO THAT WHICH IS PLACED ONTO THE SCREEN IN FRONT OF YOU. But reality is actually multi-dimensional, moving through time and space. It is not even a screen: it is vibration and consists of the vibration you pour into it collectively.

WE ASK YOU TO GROW YOUR AWARENESS CONSCIOUSLY, NOTICING EVERYTHING AND ACTING UPON EVERYTHING, TO BRING CLARITY BACK TO YOUR WORLD. WISDOM IS NOT A STATE OF HAVING ATTAINED THE TRUTH, BUT OF KNOWING THERE IS MORE TO KNOW.

We love you, Seraphin.

# Seraphin Saying 1

By Rosie

Dec 9, 2012



This Seraphin Saying is taken from Message 112: VOCATIONS AND BUILDING THE COLLECTIVE FUTURE (Seraphin through Rosie, 30th September 2012)

Link to message 112:

<http://abundanthope.net/pages/Rosie/Message-112-VOCATIONS-AND-BUILDING-THE-COLLECTIVE-FUTURE.shtml>

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

# A MESSAGE FOR ALL ON THIS PLANET

Mother Nebadonia through Rosie, 11th December 2012

Beloved Children of mine, for my children you are, and precious in my eyes, though my eyes extend far beyond the surface of your small planet and the happenings thereupon. They extend to all my creations – my co-creations with my partner representing the father spirit, the one many of you call GOD.

My eyes also extend beyond this. My awareness encompasses also the creations of others, knowing that these are – by devise of ONENESS – also mine. It is my design to extend YOUR CONSCIOUSNESS, growing in multi-layered and multi-dimensional directions, as opposed to growing in one linear direction, which is what you generally perceive as the time-line, starting at birth and finishing at death. Remember that many of you have passed through the birth/death cycle many times, and that fresh encounters today may well be reunions of yesterday.

You perceive of your lives and structures, your waking and your sleeping, as separate boxes, with orderly progression from one to another. I would encourage you to think of these of circles within circles which often overlap or complement each other. I am here to assist you with the PUSHING AWAY OF THESE SEEMINGLY SOLID WALLS TO REVEAL NEW REALITIES.

Much has been said about the opening of the heart. What does this mean to you on planet earth at this time? In the literal sense, it means responding from a heart level, even if the mind interferes and discusses and argues and revolts. On another level, this means opening up to INTUITION, opening up from POSSIBILITIES to BOUNDLESSNESS, opening up to the SYNCHRONICITY DEVISED BY DIVINE HAND, opening up to the existence of other unseen realms and stages where helpers are only too eager to come out from behind the curtains and interact with you.

Imagine yourself in a beautiful meadow. You can walk down a path through the meadow at a rapid pace, because the day is hot and because you wish to throw yourself into the lake at the end of the path for relief. Or you can tread slowly, pausing here and there, open for the message of each flower, aware of the perfect curve of each petal and of the process which birthed it into being, aware of the primeval forest this once used to be, where the same flowers grew, aware of the people who left their energy imprint on this very same ground centuries ago, placing your foot into their footprints. And when you raise your foot again, be aware of the grass which has been pressed down and which, just seconds after you pass, starts to move back upwards into a vertical position, stretching towards the light again. If you can WALK LIKE THIS, CARRYING CONSCIOUSNESS OF ALL CAUSES AND CONSEQUENCES OF EVERY STEP YOU TAKE, THEN YOU WILL “ENTER THE KINGDOM” – the place of deep and holy serenity, of joy and responsibility, your spiritual centre which radiates love and which cannot do harm. Regard the harm being perpetrated on your planet, dear ones. Walk with us and walk in all consciousness.

ATTEMPT NOT TO DIVIDE YOURSELVES BUT TO EXPAND YOURSELVES. I will give you an exercise which can be carried out by all. Take an idea, or a situation, or another person, or a relationship, or YOURSELF, which appears to be limited or causing you concern. Take this person or situation and place them in a box in your mind's eye. Unfold that box as if it were a paper cube. The paper is now lying flat on the ground. Refold the box so that the INSIDE IS NOW ON THE OUTSIDE. Visualise the box changing shape and losing its corners TO FORM A PERFECT SPHERE. Every corner, angle, aspect or vestige of the situation or person is NOW ON THE OUTSIDE, IN CONTACT WITH SPACE, IN CONTACT WITH INFINITY AND INFINITE EXPANSION. EVERYTHING HAS UNLIMITED POTENTIAL. ALL PEOPLE AND SITUATIONS ARE UNIQUE IN THEIR CAPACITY FOR CHANGE. ALL MERGE WITH EACH OTHER IN THE SPACE OF INFINITY.

Now imagine many boxes opening up and reforming into spheres like this. They are all golden spheres of light. All breathe in, drawing in light from the other spheres in the infinite space, and all breathe out, spreading their own accumulated light, in constant pulsation. The spheres become ever brighter. They become almost transparent and porous in the sense that they can move through each other's skins. Thus can a smaller sphere rest in the middle of a large one, inspiring each other, lighting each other's way, and creating new light jointly. Thus YOU rest in my sphere always, and thus we ALL rest within the greater light chambers of the ULTIMATE DIVINE CREATOR SOURCE.

# TRAVELLING WITH NEBADONIA

Nebadonia through Rosie, 13th December 2012

There are those of you who continually triumph, dear ones, who perceive themselves as warriors, leaders or champions, followed by foot-soldiers or minions. They see themselves as pioneers, RIDING ON THE CUTTING EDGE OF HISTORY.

When you have the intent to “cut”, TO MOVE FORWARD WITH FORCE, NO MATTER WHAT THE CONSEQUENCES, DUE TO RIDGID CONVICTIONS SELECTED AND STRENGTHENED OVER DECADES, YOU ARE NOT WALKING MY PATH.

When you walk with me, you do not forge blindly ahead with your sword, in great public shows of bravery. Instead, you very gently take my hand, and put your other hand on your heart, sensing what is captive there, sensing what emotion of feeling must still come out if you are to express yourself freely, so that we can communicate easily, so that we can align on the same wave-length, so that we can atune to each other, so that there is no reason for separation, so that we can walk simultaneously and in synchronicity IN STEP WITH EACH OTHER TO AN AGREED DESTINATION.

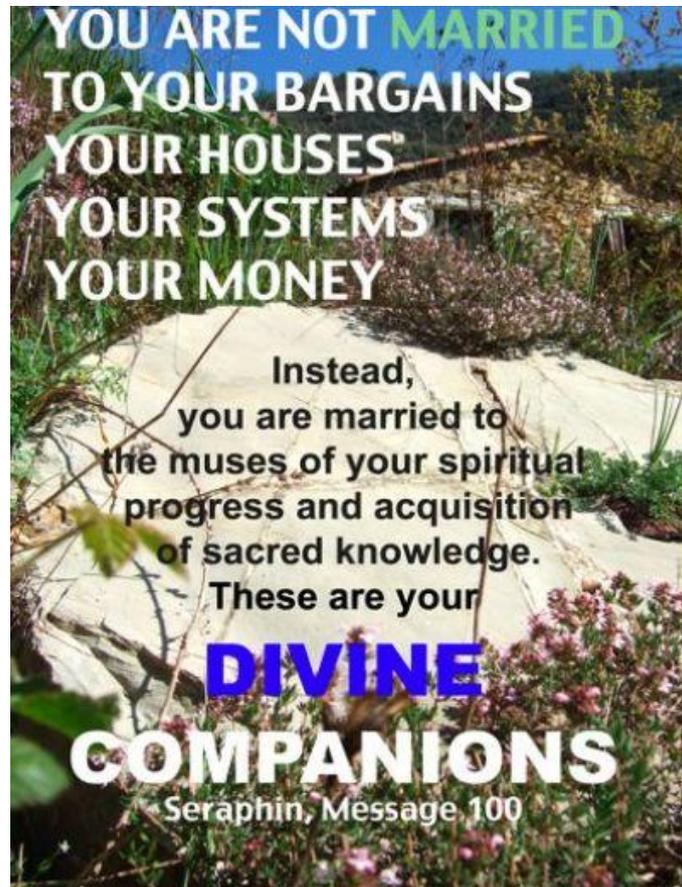
What is this destination? It is a world where acute sensitivity to the needs of others and self rules, where each emotion is given room, where all hesitate and reflect inwardly before voicing criticism, where everyone is included and no-one overlooked. It is a world of absolute gentleness and tenderness, where it is normal and natural to embrace a stranger through the intrinsic knowledge that this is NOT A STRANGER BUT YOUR BROTHER. It is a world where you look at the stars and greet all those brothers and sisters far away, knowing you will be reunited with them one day. It is a world where everyone smiles always, and where everyone helps always.

Imagine this world of light, dear ones, and put your hand in mine, for this is the path we travel together on our holy journey.

# Seraphin Saying 2

By Rosie

Dec 14, 2012



This Seraphin Saying comes from the message:

SCRAMBLE FOR SURVIVAL OR SACRED MARRIAGE:

<http://abundanthope.net/pages/Rosie/Message-100-SCRAMBLE-FOR-SURVIVAL-OR-SACRED-MARRIAGE.shtml>

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

Link to more Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# THE REAL IMPENDING CELEBRATION

Seraphin through Rosie.

Dear Children on Earth who are approaching THE GREATEST CELEBRATION;

Beloved Children; we are not talking about the season you have termed “Christmas”. We are not talking about over-spending, over-eating, squandering the precious and ever increasingly depleted resources of your Mother, the Earth, in the gift-wrapping of countless and largely unnecessary gifts. We are not talking about the giving and receiving of material goods – a massive swapping of superfluous frivolities produced en masse in often appalling conditions.

Know what you are supporting with your purchases. Know what systems of corruption and corrupted belief you are perpetrating with your actions. Know that throwing money at a problem will only act as gloss and will never be a replacement for the gift of caring concern on a long-term and regular basis. And know that this sort of celebration (which would be nothing without material goods) will suddenly collapse once the material goods have been consumed, used or thrown out. A vacuum ensues. What now? What is this yearning, this hole of anti-climax which follows your “celebrations”? Is this how you celebrate the KING OF LOVE? Did he limit his love to a once-a-year bonanza of feasting and gifting?

**You are now approaching the REAL CELEBRATION, which is the REAL TRIUMPH OF LOVE ON A PLANET WHICH HAS PERPETRATED THE EXACT OPPOSITE OF LOVE THROUGH DELIBERATE ACTS OF HATRED AS WELL AS TOLERANCE OF IMPERFECTION, REFUSAL TO DISCERN AND DESCENT INTO PASSIVITY. Your lack of concern about what is happening on the other side of the world and also on the other side of your fence, as well as the complete failure to perceive the systematic destruction behind the scenes of ALL THAT IS HOLY, has brought us to this point.**

CELEBRATE YOU SHALL, but not in the way you anticipate, and not for the reasons you anticipate. As events transpire in a completely different way, you will celebrate the advent of SPONTANEOUS KINDNESS IN THE FACE OF ADVERSITY. You will celebrate the READINESS TO ASSIST THOSE IN NEED. You will celebrate the new exquisite feeling of HOPE which will emerge from the ashes as a small green seedling pushing its fresh and tender head through a layer of putrid decay.

And this will be celebration indeed. It will not be marked by the clinking of wineglasses and empty phrases, but by an inexhaustible source of hope expanding in your hearts for the new future of your lives on this planet. This is your reason for rejoicing – that the era of depravity, corruption and destruction will come to an end, and that those who caused it will be treated according to their degree of participation and intention, and that those remaining carry the potential to create complete renewal. Hold the joy of such knowledge in your hearts, and assess your own role in this particular drama, for - when the curtain falls - you

will claim your applause or experience your rebuttal for the part played.

We survey and wait in wonder. We bless those who create beauty and live their truth without compromise, benefitting all. We urge those who cower in fear to turn – even as the curtain falls – to LOVE, to throw all else out, to sound the bell that you have had a change of heart, that you wish to join us in this, the greatest celebration that your planet in its troubled history HAS EVER KNOWN.

Those of you who are still innocent of the workings behind the scenes which negatively influence you, will ask WHAT DOES THIS MEAN? WHAT CHANGE IS THIS? WHAT WILL BE SO DIFFERENT AND RADICAL THAT IT NEEDS TO BE ANNOUNCED IN THIS WAY? To you we say: REVISE YOUR PRESENT VERSION OF NORMALITY: RECLASSIFY ALL WAR, ALL DELIBERATE MUTILATION, ALL KILLING OF LIVING BEINGS, ALL DISRESPECT FOR OTHERS, ALL DESECRATION OF NATURE, ALL DEPARTURES FROM THE COSMIC LAWS OF BALANCE AS

**UNNATURAL AND HARMFUL IN THE EXTREME, AND DETERMINE TO ERRADICATE THEM COMPLETELY.**

Indifference and inability to take on responsibility will no longer be an option. The experiment is over. Your concept of “normality” will return to its true position, which is a POSITION OF SACREDNESS ALIGNED WITH THE FATHER/MOTHER.

Many of you who presently feel so confident, organised, secure, commanding and stable will LOSE ALL THAT AS YOU WATCH THE “NORMAL” PARAMETERS OF YOUR WORLD CRUMBLE. You will look on helplessly as the pieces fall, gazing with disbelief, stunned into silence. You will not be able to accept, initially, that you have been so MISTAKEN. Yet continue you will, in whatever form, developing humility here or elsewhere, building new worlds here or elsewhere.

Though we will offer you LOVE (and you will learn that we have already intervened so often through LOVE to save you from your self-destructive path) there will be a number of you who will not be able to accept it. This saddens us, but we know that all must move on in accordance with the amount of love (and thus light and positive energy) which they are capable of carrying. Those who cannot love will create a path of great burden for their own experience and learning processes, and those who live LOVE will fly to unknown heights with us as your guides. We of the unseen world will become SEEN, thus your view will expand to include NEW BEINGS, NEW PERSPECTIVES AND NEW WORLDS, OF WHICH WE INVITE YOU TO BECOME A MEMBER.

We await your decisions in great anticipation and in love and in service,  
Seraphin and the Legion of Light.

# Seraphin Saying 3

By Rosie

Dec 18, 2012



This Seraphin Saying is taken from Message 92:  
SEEING ETERNITY AS PART OF THE EQUASION:

<http://abundanthope.net/pages/Rosie/Message-92-SEEING-ETERNITY-AS-PART-OF-THE-EQUASION.shtml>

The background of this Saying is a detail from the following painting:

The Golden Paths  
Rosie Jackson 2003  
Tryptichon, each section 12 x 18cm, Acrylics.

The golden paths start on the first canvas. Initially they travel at an even pace, fairly well spaced, towards the other side, like runners in a race. Some stop early on, not wanting to risk change or move into a different section of colour. One receives an electric blue shock but manages to retain its original course. One gets drawn into a spiral, attracted by a deep pink cushion of cosy complacency. On the second canvas the paths are not so erratic; despite plunges into depression from time to time they encounter burgeoning nature and continue to strive upwards. By following the path of the heart on the third canvas, some of the paths reach their respective goals or dreams, while others continue searching ...

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

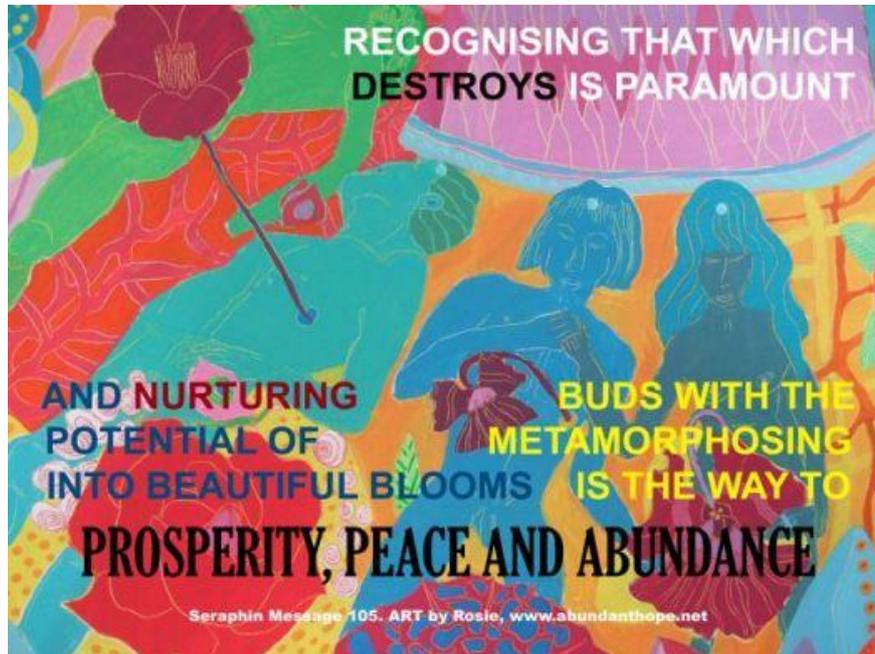
Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# Seraphin Saying 4

By Rosie

Dec 19, 2012



This Seraphin Saying is taken from Message 105: CONSTANT UNIVERSAL VIGILANCE:

<http://abundanthope.net/pages/Rosie/Message-105-CONSTANT-UNIVERSAL-VIGILANCE.shtml>

The background is a detail from the painting THE STORY OF NOW:

[http://www.rosie-jackson.de/pages/acryl\\_1\\_e\\_story\\_of\\_now.html](http://www.rosie-jackson.de/pages/acryl_1_e_story_of_now.html)

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# THE END-OF-THE-WORLD ILLUSION AND THE NEW ERA OF THE HEART

Message 5, Mother Nebadonia through Rosie, 22.12.2012

R: Dearest Mother Nebadonia: I feel like today is a new beginning in the sense that a new era of the HEART has begun. So many people have used their mental capacities to determine END OF THE WORLD scenarios of all descriptions, which have turned out to be hollow and futile, and now there is the possibility of a shift towards using other tools to access knowledge, like following intuition and answers received during periods of stillness or meditation. It is as if the tools of intellect have failed, and that the tools of the heart are taking over....

N: The spirit of the Great Mother greets you most tenderly, including all those and ESPECIALLY those who sink into depression and acute disappointment at this time. Let me take you in my arms and rock you tenderly as if you have returned to the state of childhood, where nothing matters but the warmth of your mother's breast and love, a place where THINKING IS SUPERFLUOUS, where you INSTINCTIVELY TURN TO THE SOURCE OF LOVE SO THAT YOU CAN BE NURTURED BY THIS SOURCE.

And when I have calmed your fears and rocked your pain away completely, however long this may take, then may you feel complete relaxation: may you regain your strength and confidence; may you stretch your fingers into the outside world, feeling your way tentatively into new realms and new experiences, treading each step with awareness, one step at a time, in complete wonder and gentleness, astounded at the variety and depth of what surrounds you, excited by the smallest flower. May you drop onto your knees in gratitude at the beautiful sight of a glorious meadow of flowers, where the beauty of one tiny flower is multiplied a thousand fold. May you sigh in amazement at the sight of the stars. May you wonder at the huge variety of creatures of all shapes and sizes which are to be found in this world and which I and my consort HAVE CREATED, AS WE CREATED YOU, OUR MUCH LOVED CHILDREN.

And may you now move AS OUR CHILDREN on a voyage of discovery, SEEING NOVELTY AND POTENTIAL AND DIVINITY IN EVERYTHING. Imagine how it is to look through the eyes of a child, to instinctively move towards that which is attractive and interesting, to explore uncovered ground, to experience the exhilaration of movement on a swing or roundabout, to taste new fruits and to SMILE instinctively at all who offer you love.

At the same time, REMEMBER YOUR POSITION AS RESPONSIBLE ADULTS, WITH THE INTENTION TO IMPROVE THIS WORLD FOR THE BETTER THROUGH YOUR ACTIONS. HOLD THIS CHILDLIKE INNOCENCE AND CURIOSITY AND LOVE IN YOUR HEARTS AS YOU PROCEED.

These are my qualities, which small children have not yet lost. Observe them well, and note how their reactions and enthusiasm delight you, humble you, and REMIND YOU OF HOW YOU ONCE WERE. May you all return to this state of natural innocence and

friendliness which has been TRAINED OUT OF YOU over the years through structures, concepts and fears of your own making, and let us now MOVE FORWARD TOGETHER TO HERALD THE NEW ERA OF THE DIVINE MOTHER, REINSTATED IN HER CORRECT POSITION AT THE SIDE OF THE DIVINE FATHER, RECOGNISED AS ONE COMPOSITE DIVINE ENTITY.

For those of you who do not understand the meaning of these words immediately, sit in stillness and contemplate where you are going in life and what is your ultimate aim. You will come to realise that it will not benefit you to visualise a linear progression of yourself as a particle moving along a road through time, with a specific goal in mind which your REASONING has determined. Leave your reason out of the equation and see your journey as a network, with yourself sometimes at the centre, sometimes at the edge, or somewhere inbetween, but always putting your hand on your heart before taking your next step sideways, upwards or downwards, and always stepping to THE PLACE WHERE YOUR LOVE AND LIGHT CAN LIGHT THE DARKNESS MOST.

It is not a question – as so many people have discussed during the END OF THE WORLD ILLUSION – of where or when the darkness will come. It is a question of WHERE AND WHEN YOU ARE GOING TO PRESENT YOUR LIGHT. FOR THIS IS YOUR PRECIOUS GIFT IN A WORLD OF DARKNESS.

As I have stated before, and as I state again with love in my heart: put your hand in mine and we will travel this road together.

# YOUR MOTHER CALLS (Message 6)

Nebadonia through Rosie, 26th December 2012

Dearly Beloved Children of Mine,

Who is this unseen being who calls you “my child”?

This question you may ask, and I will answer. When you hear the word “mother”, it conjures up an image of your mortal parent who cared for you when you were a small child. Later on, you grew independent of her and moved independently of her, although she may still have influenced your moves and supported you with her love. Eventually, like every soul sojourning in a physical body, she will move on into a new realm through the door of what you term “death”, and which we term “life”.

So who am I? I am not your mortal mother – a soul you chose to share a certain part of your life with, in mutual agreement. I am your MOTHER IN SPIRIT, A SPIRITUAL PARENT WHO NEVER DEPARTS, WHO ALWAYS SURVEYS HER CHILDREN THROUGHOUT THE VAST EXPANSES OF TIME AND SPACE.

For the majority of people on earth, I remain unknown, or UNREMEMBERED.

Do you remember, Beloved Children, the feeling of utter calm and relaxation which soaks into every pore of your body when you float in warm water?

THIS GENTLENESS, THIS SUBLIMITY, THIS PEACE DO I EMBODY.

Do you remember the great relief when a cool breeze brushes across your sweated brow?

THIS RELIEF, THIS TRANSITION FROM STRESS TO SERENITY, DO I EMBODY.

Do you remember watching the effortless flight and listening to the birdsong of larks as they dive through the air, while you are weighted to the ground?

THIS LIGHTNESS, THIS NATURAL SPONTANEITY, THIS EASE, THIS EXPRESSION OF JOY DO I EMBODY.

Do you remember the warmth and nurturing love which you received at your mother’s breast, or the comfort you received from a dear one?

THIS COMFORT, THIS LOVE DO I EMBODY AND PLEDGE TO YOU ETERNALLY, SO THAT YOU MAY FORWARD THIS GENTLENESS AND BOUNDLESS LOVE TO OTHERS AND TO YOURSELF, FOR YOU ARE YOUR OWN CHILD, TO LOVE WITH EVERY BREATH. AND ALL OTHERS ARE ALSO YOUR CHILDREN, TO LOVE WITH EVERY BREATH.

And continuing this chain of love unbroken can change your world.

Remember me.

Let me carry you.

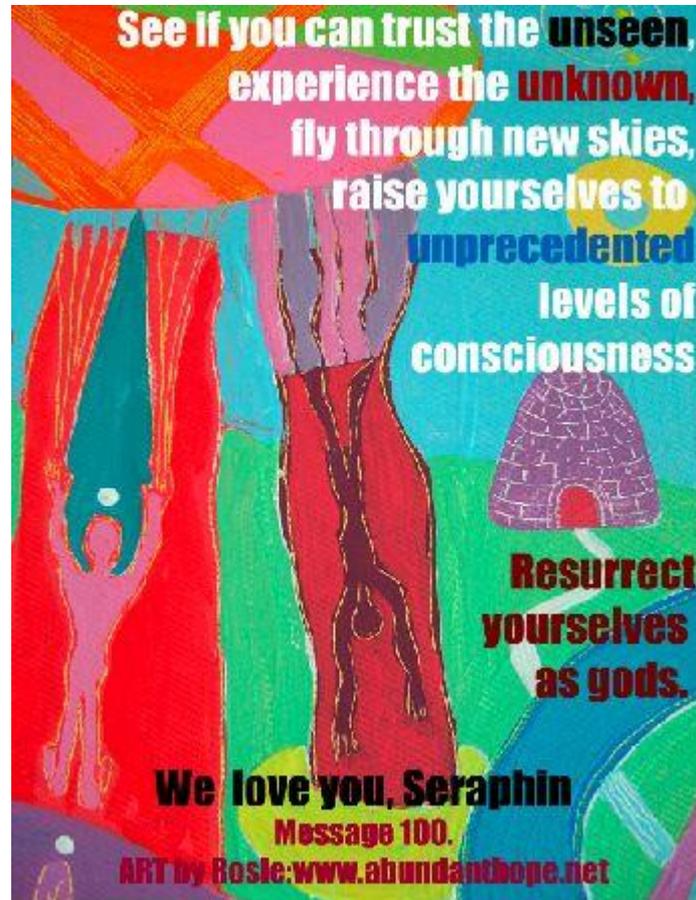
Remember the love you can carry, in acceptance of me.

Thus I speak to your heart, your loving mother, Neadonia.

# Seraphin Saying 5

By Rosie

Jan 2, 2013



This Seraphin Saying is taken from Message 100:  
SCRAMBLE FOR SURVIVAL OR SACRED MARRIAGE

<http://abundanthope.net/pages/Rosie/Message-100-SCRAMBLE-FOR-SURVIVAL-OR-SACRED-MARRIAGE.shtml>

The background is a detail from the painting THE STORY OF NOW:

[http://www.rosie-jackson.de/pages/acryl\\_1\\_e\\_story\\_of\\_now.html](http://www.rosie-jackson.de/pages/acryl_1_e_story_of_now.html)

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

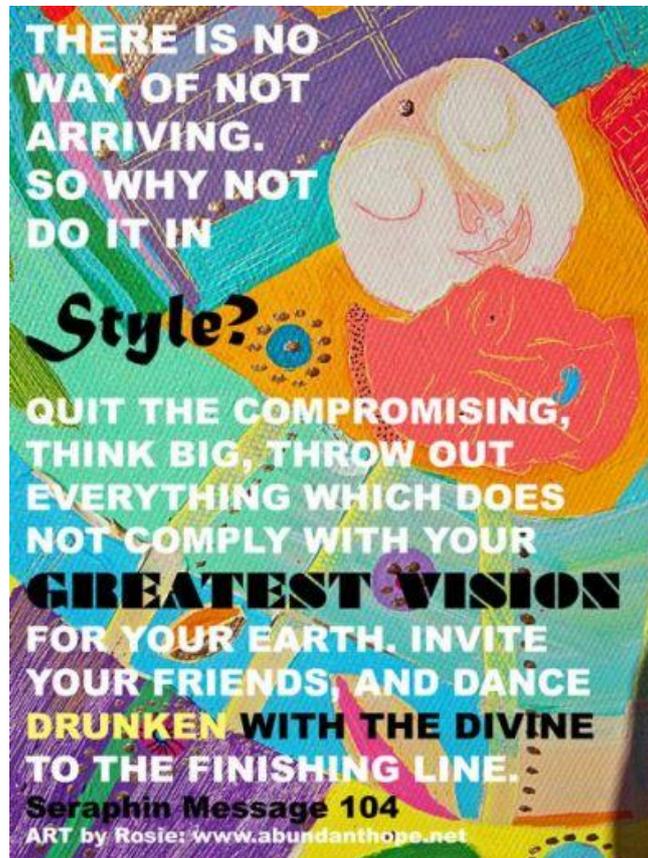
Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# Seraphin Saying 6

By Rosie

Jan 3, 2013



This Seraphin Saying is taken from Message 104:

DRUNKEN WITH THE DIVINE:

<http://abundanthope.net/pages/Rosie/Message-104-DRUNKEN-WITH-THE-DIVINE.shtml>

The background is a detail from the painting THE WORLD-VISION (Panel C):

[http://www.rosie-jackson.de/pages/spiritual\\_revolution\\_e\\_V\\_C.html](http://www.rosie-jackson.de/pages/spiritual_revolution_e_V_C.html)

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

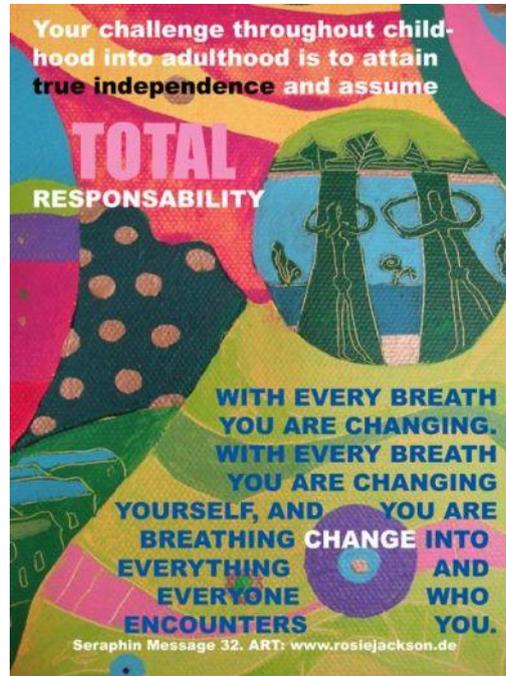
Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# Seraphin Saying 7

By Rosie

Jan 7, 2013



This Seraphin Saying is taken from Message 32:

CONSTANTLY BREATHING CHANGE:

<http://abundanthope.net/pages/Rosie/Message-32-CONSTANTLY-BREATHING-CHANGE.shtml>

The background is a detail from the painting AFTER THE FLOOD:

[http://www.rosie-jackson.de/pages/acryl\\_1\\_e\\_nachflut.html](http://www.rosie-jackson.de/pages/acryl_1_e_nachflut.html)

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

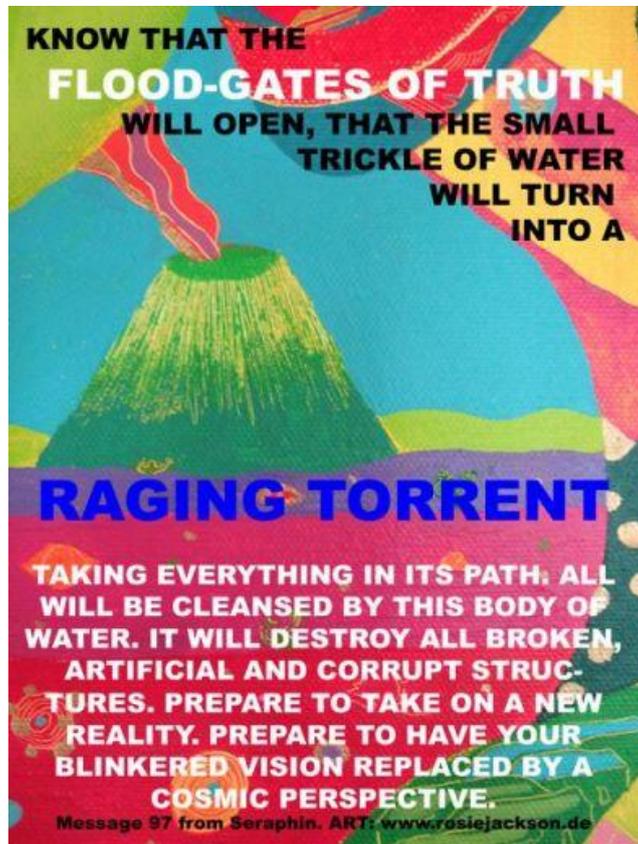
Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# Seraphin Saying 8

By Rosie

Jan 5, 2013



This Seraphin Saying is taken from Message 97:  
OPENING THE FLOOD\_GATES OF TRUTH:

<http://abundanthope.net/pages/Rosie/Message-97-OPENING-THE-FLOOD-GATES-OF-TRUTH.shtml>

The background is a detail from the painting AFTER THE FLOOD:  
[http://www.rosie-jackson.de/pages/acryl\\_1\\_e\\_nachflut.html](http://www.rosie-jackson.de/pages/acryl_1_e_nachflut.html)

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# CONSTANTLY BREATHING CHANGE

Seraphin through Rosie.

*(This is a message from 2011 which seemingly got lost. As nothing happens by chance, now will be the perfect time for its appearance here)*

*Seraphin says: GO FORTH AS NEWLY-BORN CREATURES OF A NEW AGE, BREATHING CLARITY AND CONFIDENCE. BREATHE INVESTIGATIVE INTEGRITY IN THE CORNERS OF CORRUPTION, BREATHE CARING CONCERN INTO ROOMS OF SUFFERING, BREATHE STRENGTH AND SUPPORT INTO THE WOMBS WHERE WEAKNESS PREVAILS, ENCOURAGING THE BIRTH OF ALERT AND ACTIVE CHILDREN WHO SUPPORT THE LIGHT.*

R: Dearest Seraphin: I keep thinking about a wonderful phrase which a friend in Buenos Aires used recently. She said "I am breathing change". This is, in fact, what we are all doing, irrespective of whether we effect change consciously or not, irrespective of whether we perceive the effect as negative or positive. As for myself, I sometimes feel that I am "breathing change" - trying to be an example and wake up others - but that this goes unnoticed in a slick, functioning, automatically whirling world which has no time to be held up by unusual or uncomfortable or threatening views. With this feeling of being elsewhere, in a space of limbo, I decided to try and re-experience the time before breath, submerging myself in a foetal position underwater. All I could hear was my heart-beat and the sound of my stomach gurgling ...

S: Yes, Dearest, this is your momentary contemplative reaction to the present situation at this time of deceptive lull on your particular part of the earth. Different people react in different ways when faced with life-altering circumstances – that is, if they can perceive them at all. Some will retire into themselves and deny it, naively hoping that it will miraculously go away. Some will exhaust themselves, researching into every last detail and burning themselves out (this also has been part of your experience). And some will look only into the light in the hope that it will destroy the shadows. But the shadows must be examined. They will not suddenly dissolve without trace. They need to be verified, studied and dissected so that in time it becomes crystal clear how they were generated, perpetuated and – most important of all – MADE FULLY FUNCTIONAL ON A MASSIVE SCALE WITHOUT THE MAJORITY OF THE POPULATION NOTICING.

A major key is NOTICING WHAT HAPPENS IN THE MOMENT (as you did when you listened to your heart-beat in the water) AND NOTICING HOW YOU ARE CONNECTED TO OTHERS, TO YOUR SOCIETY, TO YOUR UNIVERSE. Is it not absurd and profoundly arrogant to assume that you are the only inhabitants of this vast expanse?

When you are in your mother's womb, you are connected to her by your umbilical cord – your hearts beat as one - you are part of the same system. With the onset of physical birth you notice that there is a new sound and a new feeling of initially gentle pressure which forces you to move position, and when you eventually emerge from the birth canal, you are

removed from that original connection, though your tummy button will always remind you of it. Now you take your first independent breath. Your challenge throughout childhood into adulthood is to attain true independence and assume total responsibility. WITH EVERY BREATH YOU ARE CHANGING. WITH EVERY BREATH YOU ARE CHANGING YOURSELF, AND YOU ARE BREATHING CHANGE INTO EVERYTHING AND EVERYONE WHO ENCOUNTERS YOU.

As agents of change you here are catalysts of a movement which is picking up tremendously in its momentum, and which will herald a new era. Just as the universe breathes in and out in cycles, you will move on – if you choose to do so – into the new cycle determined for your planet.

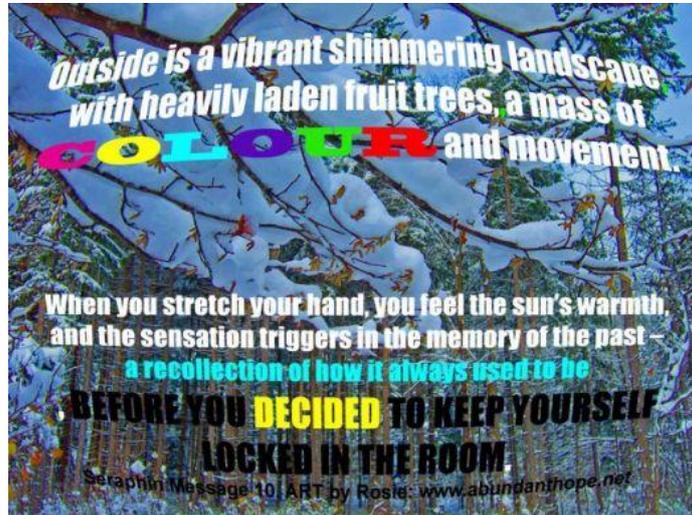
Do not sigh in sadness, dearest, that this has not yet come about in its entirety. Sighing is putting more emphasis on the letting out of breath. Balance is required in these critical times, in all areas, just as Gaia is in the process of balancing herself.

And I say GO FORTH AS NEWLY-BORN CREATURES OF A NEW AGE, BREATHING CLARITY AND CONFIDENCE. BREATHE INVESTIGATIVE INTEGRITY IN THE CORNERS OF CORRUPTION, BREATHE CARING CONCERN INTO ROOMS OF SUFFERING, BREATHE STRENGTH AND SUPPORT INTO THE WOMBS WHERE WEAKNESS PREVAILS, ENCOURAGING THE BIRTH OF ALERT AND ACTIVE CHILDREN WHO SUPPORT THE LIGHT. For reborn you will all be, whether naturally or enforced, with or without your awareness of the process, faced with the knowledge of all that has passed, from the perspective of the returned light, inseparable from the heartbeat and breath of godly eternity. THEN, AS ALWAYS, IT IS YOUR CHOICE. HOW DO YOU CHOOSE TO BREATHE?

# Seraphin Saying 9

By

Jan 9, 2013



This Seraphin Saying is taken from Message 10:

CRUSHED CREATIVITY IN THE DARK ROOM:

<http://abundanthope.net/pages/Rosie/CRUSHED-CREATIVITY-IN-THE-DARK-ROOM.shtml>

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# I BLESS YOUR NEW BEGININGS (Message 7)

Mother Nebadonia through Rosie, 10th January 2013

Whenever you stand in the half-light, on the cusp of leaving familiar comfort behind, when the cold wind blows on your naked shoulders, when no-one else but I, your spiritual mother, can see the troubles in your mind, then I will appear and bless this, your new start towards paradise.

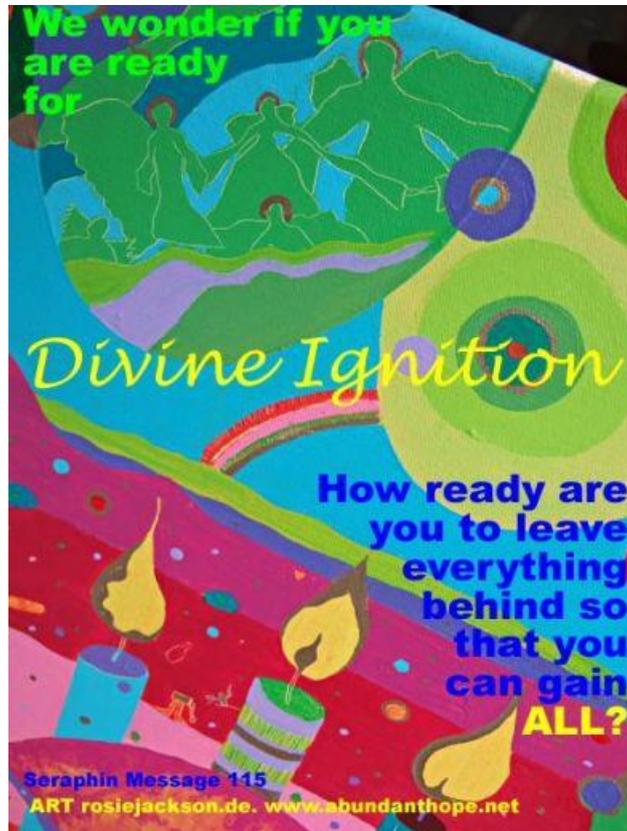
I will strengthen your intent to discard all which is stale and unsatisfying. I will peel off the dried layers which have built up around you. Like brittle paper, they will fly to the wind. I will breathe love into every clogged pore, if only you will state your clear intent.

I will renew you, I will rebirth you, for I AM THE GREAT MOTHER WHO KNOWS HOW TO INSPIRE HER CHILDREN. I KNOW WHAT SOUL FOOD TO OFFER, TO MAKE YOU GROW.

For you are all my very own personal charges and creations, and thus part of myself. May a mother's infinite love nurture and sustain you in all your NEW BEGINNINGS.

# Seraphin Saying 10

By Rosie  
Jan 13, 2013



This Seraphin Saying is taken from Message 115:

PREPRARE FOR DIVINE IGNITION:

<http://abundanthope.net/pages/Rosie/Message-115-PREPARE-FOR-DIVINE-IGNITION.shtml>

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

The background is a detail from the painting AFTER THE FLOOD:

[http://www.rosie-jackson.de/pages/acryl\\_1\\_e\\_nachflut.html](http://www.rosie-jackson.de/pages/acryl_1_e_nachflut.html)

Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# STRANGERS ARE A GIFT FROM GOD

Seraphin through Rosie.

R: Dearest Seraphin: a friend recently received astonishing hospitality when stranded in the mountains of Morocco, in accordance with the Berber's conviction that STRANGERS ARE A GIFT FROM GOD. I am fascinated by this saying as it contains so much meaning in a few simple words. Strangers do not „happen“ to fall into our lives by pure chance. They have a message for us, as we do for them, if only we can hear. We gift each other with insight through our encounters. Strangers are kindred spirits who intrinsically wish us well and present us with opportunities for growth. We gift each other, and thereby gift ourselves, all being part of the same GOD MIND ...

S: Yes, Dearest: if you keep yourselves in a state of outward and inward purity and balance, then you can proceed along the path of life with your head clear and with upright posture, ready to engage with all „strangers“ along the way, stepping easily and eagerly with a sense of adventure and discovery (and if you are unbalanced, looking down in fear of stumbling, then you will miss them). In this state you will quickly learn to discern the message which is being brought to you by another, and you will recognise the lesson and the purpose even if the message comes in surprising forms: a perceived insult, or tragedy, or joyful announcement, or declaration of love. With all these expressions whether of gentle nuance or downright aggression, it is left to you to DISTILL THE ESSENCE OF THE MESSAGE AFTERWARDS, IN SILENT CONTEMPLATION, and discover the meaning for you and for you alone.

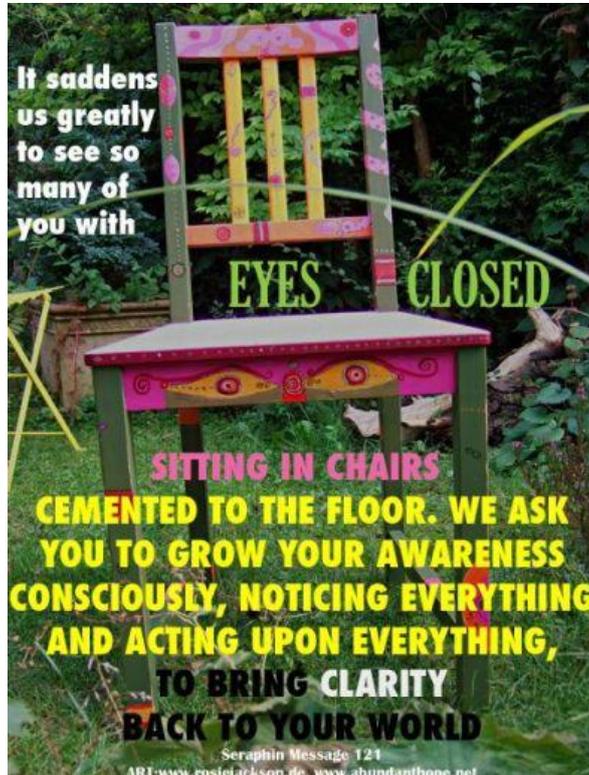
Know that all these encounters are engineered to BRING YOU FORWARD ON THE SPIRITUAL PLANE. When the Berbers refer to strangers as a GIFT FROM GOD, they recognise this as an opportunity to LEARN and GIVE. This is a mutual pact, a mutual process, a subtle interweaving of consciousnesses which are OPEN TO DEVELOPMENT, which are PREPARED TO CHANGE DIRECTION IMMEDIATELY AS SOON AS A DROP OF INNATE WISDOM, HOWEVER SMALL, HAS DROPPED INTO THEIR CUP. For they are thirsty for knowledge and look upon all that is NEW WITH DELIGHT.

This will be the challenge, dear ones, in the time to come. Will you be able to look upon your crumbling world with these eyes? WILL YOU BE ABLE TO OFFER HOSPITALITY SPONTANEOUSLY TO ALL WHO KNOCK AT YOUR DOOR? WILL YOU FUNCTION AS AN ENDLESS WELL OF COMPASSION? Will you see the message the stranger brings or will you retire in fright? Will you respond to the wanderer's need when he is desperate, tired, in spiritual and physical deprivation, pushed to the very limits of his capabilities and emotions? Will you regard each stranger as a GIFT FROM GOD? For truly, you will be confronted with many strangers in the times to come. They are your intimate friends, your mirror, your chance to adjust, and your opportunity to gift yourself. We ask you to be aware of this in the tumultuous age to follow. We love you, Seraphin

# Seraphin Saying 11

By Rosie

Jan 17, 2013



This Seraphin Saying is taken from Message 121:

THE PLEA TO GET UP AND GO:

<http://abundanthope.net/pages/Rosie/Message-121-THE-PLEA-TO-GET-UP-AND-GO.shtml>

In the background is THE WATCHING CHAIR

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

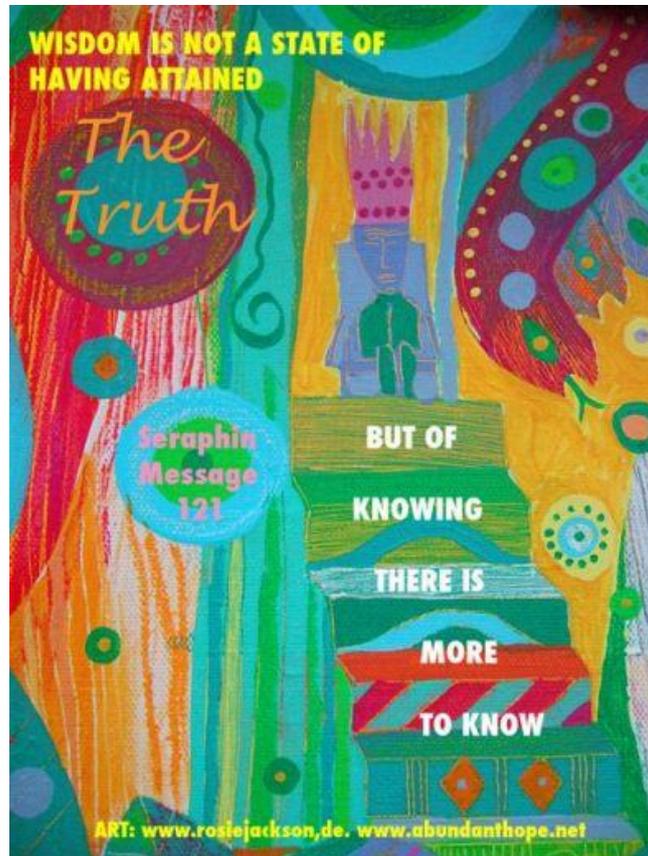
Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# Seraphin Saying 12

By Rosie

Jan 21, 2013



This Seraphin Saying is taken from Message 121:

THE PLEA TO GET UP AND GO:

<http://abundanthope.net/pages/Rosie/Message-121-THE-PLEA-TO-GET-UP-AND-GO.shtml>

The background is a detail from the painting PATH OF LOVE:  
[http://www.rosie-jackson.de/pages/acryl\\_1\\_e\\_pathoflove.html](http://www.rosie-jackson.de/pages/acryl_1_e_pathoflove.html)

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

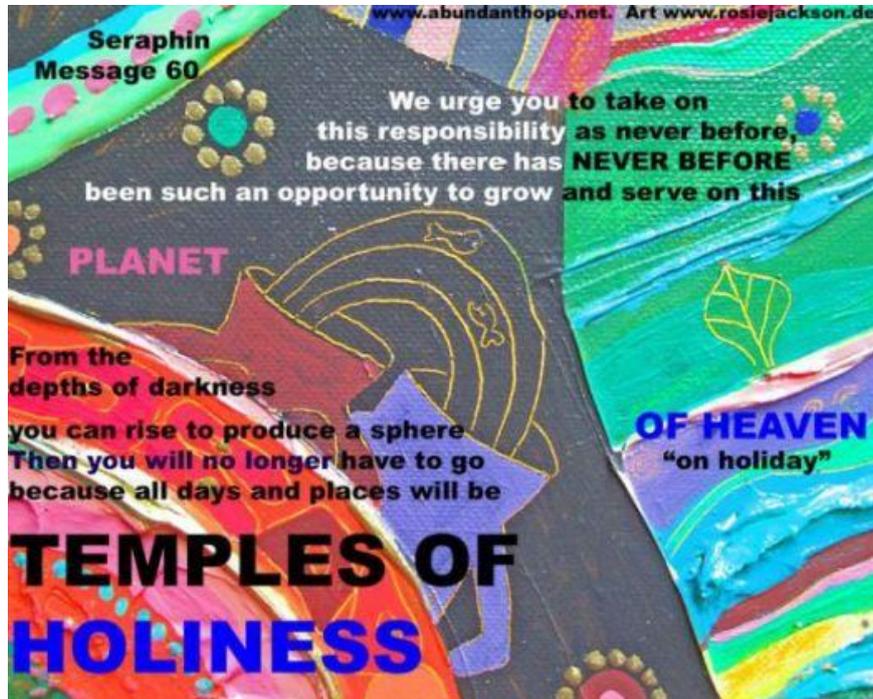
Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# Seraphin Saying 13

By Rosie

Jan 28, 2013



This Seraphin Saying is taken from Message 60:

<http://abundanthope.net/pages/Rosie/CONTINUOUS-OBSERVANCE-AND-TEMPLES-OF-HOLINESS.shtml>

Message 60: 16th June 2011

## CONTINUOUS OBSERVANCE AND TEMPLES OF HOLINESS

Seraphin through Rosie.

R. Dearest Seraphin: carrying inside me the knowledge of the external chaos and corruption on this planet, I now find myself in an idyll of natural beauty. As I look down onto a river far below, with the morning sun falling on my face for the first time today as it rises above the mountain ridge, I am profoundly happy and serene. And I know that when I go down to the river I will be surrounded by amazing creatures who are not afraid of me if I approach them extremely slowly and with love; the tiny lizards, the blue butterflies, the black-winged dragonflies with shining purple bodies, the brilliantly green frogs in the shallow pools, and the tiny fish which nibble at my legs. It is a microcosm of wonder.

S. Yes, Dearest, from your present high position you have a general overview of the countryside and also an awareness of the intricate detail and depth of the natural world, a microcosm beyond your understanding and which interconnects in a way which would astonish you if you were a CONTINUOUS OBSERVER. As in the “normal” urban world, no plant, no seed or animal has been put here “by chance”. Whereas cities are a product of the human mind, this natural paradise and its occupants are originally a product of the godly mind. And here too we see the struggles for balance, the prevalence of disease – like the ailing elm tree nearby, the death of the old and the resurfacing of the new in a natural evolutionary process.

And I say YOUR URBAN SPRAWLS ARE NOT IMMUNE TO THIS PROCESS OF DECAY AND RENEWAL, though in your arrogance you imagine that things can go on like this forever, that you can consume and make merry, ever more reducing your natural resources to feed your greedy thoughtless masses, prepared to sacrifice beauty for the perpetual continuation of ugliness. With this I mean inner ugliness as well as outer ugliness, as both are inextricably linked. PURITY OF MOTIVATION AND SERVICE IS THE ONLY MAINSTAY OF YOUR FUTURE, as all that is corrupted, temporary and half-hearted will be swept away by rivers far greater than the one you look upon today.

BE INTENSELY AWARE OF YOUR SURROUNDINGS, CHECK THEM FOR SIGNS OF YOUR HALFHEARTEDNESS, YOUR WASTAGE, YOUR NEGLIGENCE ON ALL LEVELS, AND CURB YOUR INSATIABLE APPETITES FOR COMMODITIES AND EXPERIENCES WHICH HARM YOURSELVES AND YOUR ENVIRONMENT. When EVERYONE has developed this intimate awareness of his or her surroundings, has bathed in the purity of the divine river and has recognised it as ecstasy, has walked through the poorest slums, the driest deserts, the most ravaged areas torn by war, and recognised the true roots of these, and found them to be IN THEMSELVES AND IN THEIR OWN ACTIONS ON A DAILY BASIS, AS A CONSEQUENCE OF DECISIONS MADE IN OUR OWN MINDS IN EVERY SECOND OF ETERNITY – ONLY THEN WILL YOU BE ABLE TO TAKE YOUR FIRST FALTERING STEPS TO RECTIFY THIS, TO PAVE THE WAY TO PARADISE.

LOOK DOWN, LOOK UP, LOOK INSIDE, LOOK OUTSIDE, REGARD THE MICROCOSM AND THE MACROCOSM IN EVERY SITUATION, for while it is very necessary to take a break from the “routine” and life in a noisy urban setting, ask yourselves how you have come to produce it, because produced it you have. WHO ELSE COULD HAVE DONE IT? THE DIVINE HAND WHICH PRODUCES INDESCRIBABLE BEAUTY WITH LOVE ONLY?

We ask you to stop and look and listen, peeling back the veneer of supposed beauty, of supposed peace, to reveal the bare truth of how you have damaged the planet and each other. If you, Rosie, were to remove the sound of the rushing river and the croaking of the frogs, you would hear – as you sometimes do when the river is low – the horns and motors of cars rushing up the valley. And so I say to you all: SEARCH OUT THE FALSE DECORATIVE STOOGES, LOOK BEYOND THE POLITE TRADITIONAL PHRASES, in fact, look beyond tradition altogether and start every day, every moment, with the determination to pierce through everything which does not serve truth and beauty and peaceful living. This is your ultimate duty in a world which is disintegrating, a boat which is leaking, a tower with multiple construction flaws which is about to fall. FOR YOU ARE ON

THE BRINK OF SELF-INFLICTED DEMOLITION WHICH WILL BE ACCOMPANIED BY THE GLIMPSE OF A BLESSED NEW WORLD TO BE ESTABLISHED IN ITS PLACE.

And we say: DO NOT WAIT FOR THE COLLAPSE BUT INVESTIGATE THE FLAWS SO THAT YOU ARE ALL THE BETTER EQUIPPED FOR THE TIME WHEN YOU WILL BE APPOINTED OT THE TASK OF RECONSTRUCTION MANAGER. And know that the buildings you erect, like the lives you construct, are not temporary edifices but part of eternity, ever ensconced in the memory of the cosmic mind. The quality of your search, your determination to find the right building materials and location, your dedication to producing a holy hall of delight for the joy of others, will result in blessings showered on such a divine architect.

We urge you to take on this responsibility as never before, because there has NEVER BEFORE been such an opportunity to grow and serve on this planet. From the depths of darkness, you can rise to produce a sphere of heaven. Then you will no longer have to go “on holiday” because all days and all places will be TEMPLES OF HOLINESS.

The background is a detail from the painting DANCE OF THE HEADLESS VASES:  
[http://www.rosie-jackson.de/pages/acryl\\_1\\_e\\_tanzderkoerpervasen.html](http://www.rosie-jackson.de/pages/acryl_1_e_tanzderkoerpervasen.html)

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# LEAVING THE NEST TO SING IN BALANCED HARMONY

(Message 8)

Mother Nebadonia through Rosie, 28th January 2013

Dear Children on Earth; your mother Nebadonia speaks gently to you, yet clearly and firmly to you, because her heart is full in anticipation of her fledglings LEAVING THE NEST and approaching spiritual adulthood. Tides of great change approach, and no-one shall be left in a state of innocence. All will be known. No longer will you be able to plead ignorance, hiding behind your mother's skirts. It is time to resume responsibility and walk in adult shoes, realising that you have in fact been partaking in the "adult" game all along, while adopting a child-like stance.

Now is a time when the words FREQUENCY, VIBRATION and HARMONY will be in the mouths of many. For these will assume great importance. It will not be a case of grouping into different social classes or income groups or religions, as is presently the case, but of grouping into the same WAVELENGTH OF HEART CAPACITY. If your consideration for others is scarce, then you will find yourself EXPERIENCING this lower level of consideration at the hands of others. And if you offer a warm and joyful and open heart to all who cross your path, you will receive similar welcomes along your journey. This is THE GREAT RE-SORTING INTO NEW GROUPS ACCORDING TO FREQUENCY.

It is also the great and glorious new part of your earth's history where BALANCE and the resulting HARMONY shall flourish. Regard, oh children of mine incarnated in male bodies, the way you may tend to take the lead, to initiate the beginnings and determine the ends, while acting brilliantly and speedily inbetween, as in a piano piece where the right hand plays the leading tune.

Meanwhile, regard, children of mine incarnated in female forms, the way you may step in at just the right time, intuitively finding the right chords to enhance, deepen and complement the brilliant right hand tune, enabling radical changes of mood from major to minor (though the tune remain unchanged), providing a rich tapestry of sound against which the leading voice can perform, on which it can rely for support, without which it would lose balance, in the same way which the left hand accompanies the right hand of a piano piece.

Let it be known that the COMPLETE BALANCE OF MALE AND FEMALE ENERGY, WHETHER BETWEEN MEN AND WOMEN OR WHETHER BETWEEN THE MALE AND FEMALE POLES WITHIN OURSELVES, IS ESSENTIAL FOR EFFECTING HARMONY IN YOUR WOLRD. SEEK TO COMPLEMENT AND FURTHER AND SUPPORT EACH OTHER SO THAT YOUR TUNEFUL CO-CREATIONS MAY MANIFEST IN AN ATMOSPHERE OF LOVING MUTUAL INSPIRATION. WORK TOGETHER. SEE TO EACH OTHER'S NEEDS. ASK ALWAYS HOW RELATIONSHIPS CAN BE IMPROVED AND HOW THE QUALITY OF YOUR EXCHANGES – ON WHATEVER LEVEL – CAN BE IMPROVED. BE LOVE TO EACH OTHER, ALWAYS BALANCING AND RE-BALANCING AFTER EACH NEW EXPEREINCE AND DEVELOPMENT.

The new experiences will be many. The new experiences will push you to new extremes. Your spiritual mother – I, Nebadonia – am here to support you when you find yourself tipping too close to the edge. Call upon me, and whatever the pain, know that the balance can be redressed THROUGH YOUR OWN LEARNING PROCESS, AND THAT THE DESCENT INTO DESPAIR REVEALS THE OPPORTUNITY TO SOAR TOWARDS GREAT JOY. For there will also be great joy, little ones. Hold this my promise in your hearts, even as the walls crumble around you, for you will witness the SHINING NEW DAY.

# Seraphin Saying 14

By Rosie

Feb 5, 2013



This Seraphin Saying is taken from Message 104:

DRUNKEN WITH THE DIVINE:

<http://abundanthope.net/pages/Rosie/Message-104-DRUNKEN-WITH-THE-DIVINE.shtml>

The background is a detail from Panel C of the painting THE WORLD-REALITY:

[http://www.rosie-jackson.de/pages/spiritual\\_revolution\\_e\\_R\\_C.html](http://www.rosie-jackson.de/pages/spiritual_revolution_e_R_C.html)

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

# SERAPHIN'S SONG OF LOVE FOR YOU

Seraphin through Rosie.

R: I understand that you are going to write a love song. Am I right, dear Seraphin?

S: Dearest, the church bells are tolling in the distance as you take down this message. They often toll for births, deaths and marriages, and in this case they are actually tolling for ALL THREE TOGETHER, for never have all three been SO CLOSE TOGETHER. The incoming energies are strong agents of SEPARATION which shall increase the frequency of your "dimension", increase the potency and potential of all pending situations, and will thus cause all bells to toll more frequently. There will be more deaths, there will be spiritual rebirth, and there will be marriage to new values which shall change the face of the earth.

I am known from previous messages for my warnings and admonitions, for pointing my accusing finger – some would say with intolerance – at today's world and the misdemeanours of her inhabitants. What is not so known is my VERY GREAT LOVE FOR YOU. THIS EXTENDS SO FAR THAT I WILL RISK YOUR ANGER, YOUR DISBELIEF, YOUR UTTER REJECTION, YOUR DERISIVE SMILES, YOUR CONSTANT REBUTTAL OF ALL MY SUGGESTIONS AND CLARIFICATIONS, in order to warn you AGAIN AND AGAIN.

THIS IS MY COMPASSION FOR YOU, OUR CHARGES, WHO STRUGGLE HELPLESSLY IN THE DRAWN NETS WHICH CLOSE SWIFTLY UPON YOU, WHO LIVE IN THE INNOCENT BELIEF THAT THIS IS HOW LIFE IS, AND THAT THERE IS NO POSSIBILITY OR EVEN NEED TO CHANGE ANYTHING, WHO GUARD YOUR ADVANTAGES AND POSSESSIONS JEALOUSLY, WHO WILL SUFFER INORDINATELY WHEN FLEECE OF ALL SUCH CERTAINTIES AND COMMODITIES.

You will succumb. You will fall from these heights. You will find fault with everything you have believed in so far. These warnings of mine have been my COMPASSION in an attempt to lessen the shock, to make you wary, to invite you to examine morsels of untruth one by one, taking your time, so that you can avoid being suddenly confronted by an avalanche.

And so, though it may look like a curse, I SING A LOVE SONG FOR YOU, ever wondering how I can reach you, ever hoping that you will stop in your tracks for one moment to listen, to read, to consider, to question, to discern, and to change. I continue, again and again, exhausting all possibilities, approaching from all angles, until the final moment of truth, WHEN ALL WARNINGS WILL BECOME REDUNDANT. Then my role will change to advisor and comforter. The strict tone will change to gentleness. I will embrace you, and I will again SING A SONG OF LOVE FOR YOU. Love Seraphin.

# YOUR CONTINUOUS IMPRINT OF LIGHT

Through Rosie.

I look upon you today with all my strength, for I am well aware of the EFFECT I cause on your world with my presence. My distance from you is perfectly gauged for maximum benefit, and I am monitored closely for irregularities as these may be too strong for earth to handle. Yet these are also needed to assist. Look upon these extra energy bursts as necessary impetus instigating new cycles. But they are not random; my intention is constant – it is to nurture and uplift. You may not be able to see into my core or investigate my particles and processes, but you on earth can KNOW me by my ACTIONS and by the influence I exert.

Sit in stillness in the sun and close your eyes to my brilliance. You will notice that I fall upon your skin directly, when not interrupted, just as you can hear the silence, when not interrupted by the noise of your own circling thoughts. The clouds which block the light are patches of density which are similar to the mesh of thoughts which cloud your passage to the DIVINE SOURCE OF ALL LIGHT, which we all represent, to which we all return.

Take another moment to sit still and silently in my rays, and shift your attention to LISTENING. Now you may HEAR the effect of my actions and KNOW my strength, for I will melt the snow, causing it to fall to the ground in sudden crashes or slow drips. Just as you recognise the passing of a dog from footprints in the snow, you see evidence of the passing of my energy. There is undeniable proof. I am working with you. I am here. I oversee the growth on your planet and I oversee YOU as this growth sustains you, providing food and crops and wood.

Sometimes you say THE SUN HAS COME OUT or THE SUN HAS GONE IN, as if I am a sudden unexplained manifestation of energy. But no, my imprint is always functioning regardless of whether it is being picked up on your radar or not. And in the same way, you are also a part of GOD MIND, continuously emitting thoughts, actions and energy, leaving your IMPRINT CONTINUOUSLY IN ALL PLACES AT ALL TIMES with never a moment of lapse or reprieve, despite any “clouds” (self-made or otherwise) which temporarily blur the picture.

All imprints are permanent. All are recorded. Choose them carefully. Be constant. Ask for advice. Always seek to improve yourselves. Never desert your quest towards divine light. Tread carefully if the ground is soft or slippery, but continue always. Take minute steps, if the journey is dangerous, but continue to do so in the direction of your choice, for your constancy will be rewarded.

# BATHE IN MY STILL BLUE LIGHT (Message 9)

Mother Nebadonia through Rosie, 12th February 2013

Come bathe in my still blue light where the tensions of your mind can be released into the flow, when pin-pricks of intense pain can spread and dissipate, diluted by my love.

This blue light, like water, can cleanse and revive. It can expand your concentration to include the vastness of infinity. It warms all extremities and joins all disparities:

Near and far are joined.  
Inside and outside are joined.  
Material and ethereal are joined.  
Heaven and earth are joined.  
Past and future are joined.  
The “dead” and the “living” are joined.

The membrane of your skin, which separates you from all else, dissolves.

How can you orientate yourself in this vast ONENESS?

Your thoughts can take you ANYWHERE.  
You can join with ANYONE  
You can travel to ANY TIME.  
Your power to travel is limitless.  
Your LOVE for others can travel  
TO THE END OF THE UNIVERSE AND BEYOND.

Therefore, shut your eyes, my children, and enter my still blue light.

Opposites and conflict shall disperse in a sea of knowing. All separate paths shall lead to the same destination – an area of never-ending expanse. All “solids” will join to form indefinite amounts of liquids and gases whose particles are constantly on the move and interweaving with each other. All sounds will converge to form a single, homogenous, continuous hum. Shall this be a song of love, Beloveds?

If you touch one single particle in this blue light of ONENESS, you will touch EVERYTHING SIMULTANEOUSLY.

There is no distance.  
There is no time.  
There are no divisions.  
There is only a perfectly balanced and UNITED US.

Close your eyes and imagine yourselves as part of this, dearest children; a priceless, unique and eternal part of ALL THAT IS, imbued with the same DEGREE OF DIVINITY AS ALL THE REST.

If you move, when you are in my still blue waters, you are pulling the STRINGS OF THE UNIVERSE with you. If you breathe, the UNIVERSE will breathe with you. If you send out a signal of distress or fear, or distrust, or love, everything in the UNIVERSE will receive YOUR MESSAGE, as you will receive theirs.

So enter the light and experience YOURSELF AS OTHERS, AND OTHERS AS YOURSELF, UNTIL YOU REALISE THAT THERE IS NO DIFFERENCE BETWEEN YOU, and until you realise that together YOU CAN CHOOSE TO CREATE PARADISE.

# Seraphin Saying 15

By Rosie

Feb 12, 2013

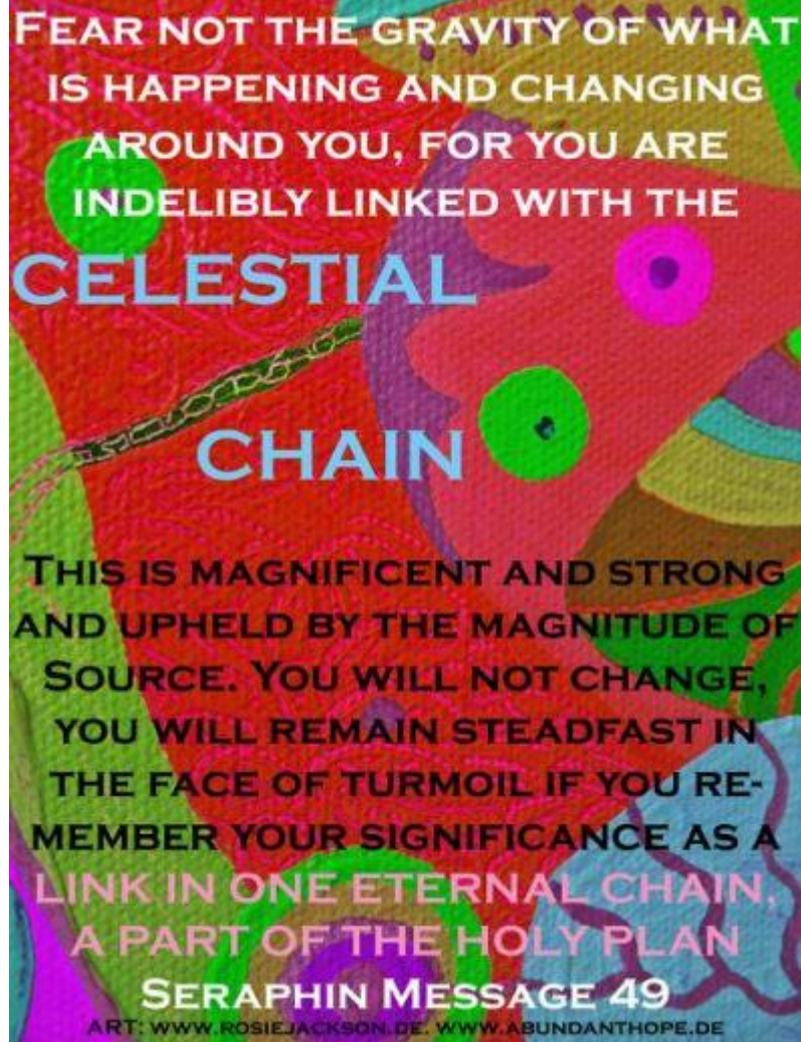
Message 49: PART OF THE HOLY PLAN  
Seraphin through Rosie, 15th April 2011

R: Dearest Seraphin, when I looked at my watch this morning I saw that it had stopped, and I thought to myself I AM ALREADY IN THE PERIOD OF NON-TIME!

S. Indeed, Dearest, the edge of this period or wave (as you call it) has entered your systems, your minds and your decision-making, or lack of decision-making. Decisiveness will play a large role in the next period, both on a personal level and a global level, by which I mean that Gaia's decisions override all.

Expect many friends, family and acquaintances to show lack of quality and depth in their decision-making, to show lack of esprit. They who know not will be in a state of shock and find orientation difficult. This is your chance, you children of light who are blessed with prior knowledge, to assist and explain until such a time as you come into the full knowing of your true destinies.

Fear not the gravity of what is happening and changing around you, for you are indelibly linked with the celestial chain. This is magnificent and strong and upheld by the magnitude of Source. You will not change, you will remain steadfast in the face of turmoil if you remember your significance as a LINK IN ONE ETERNAL CHAIN, A PART OF THE HOLY PLAN. We love you, Seraphin.



FEAR NOT THE GRAVITY OF WHAT  
IS HAPPENING AND CHANGING  
AROUND YOU, FOR YOU ARE  
INDELIBLY LINKED WITH THE

# CELESTIAL CHAIN

THIS IS MAGNIFICENT AND STRONG  
AND UPHELD BY THE MAGNITUDE OF  
SOURCE. YOU WILL NOT CHANGE,  
YOU WILL REMAIN STEADFAST IN  
THE FACE OF TURMOIL IF YOU RE-  
MEMBER YOUR SIGNIFICANCE AS A  
LINK IN ONE ETERNAL CHAIN,  
A PART OF THE HOLY PLAN

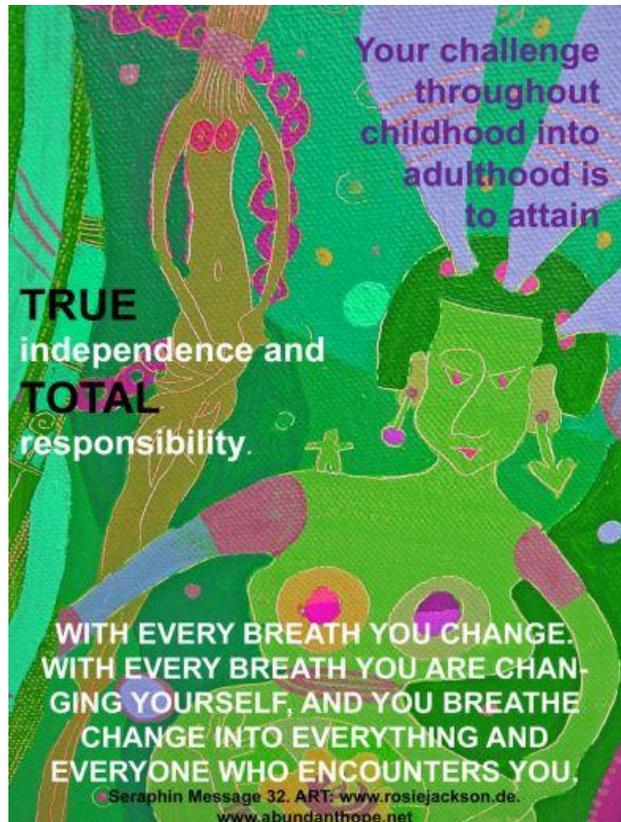
**SERAPHIN MESSAGE 49**

ART: [WWW.ROSIEJACKSON.DE](http://WWW.ROSIEJACKSON.DE), [WWW.ABUNDANTHOPE.DE](http://WWW.ABUNDANTHOPE.DE)

# Seraphin Saying 16

By Rosie

Feb 17, 2013



This Seraphin Saying is taken from Message 32:

CONSTANTLY BREATHING CHANGE (See below)

The background is a detail from the painting AFTER THE FLOOD: WAVE OF CONSCIUSNESS:

[http://www.rosie-jackson.de/pages/acryl\\_1\\_e\\_nachflut.html](http://www.rosie-jackson.de/pages/acryl_1_e_nachflut.html)

Link to Seraphin website:

<http://www.rosie-jackson.de/Seraphin/Welcome.html>

Link to other illustrated Seraphin Sayings:

[http://www.rosie-jackson.de/Seraphin/Seraphin\\_Sayings\\_illustrated.html](http://www.rosie-jackson.de/Seraphin/Seraphin_Sayings_illustrated.html)

## Message 32: CONSTANTLY BREATHING CHANGE

Seraphin through Rosie, 18th Jan 2011

R: Dearest Seraphin: I keep thinking about a wonderful phrase which a friend in Buenos Aires used recently. She said "I am breathing change". This is, in fact, what we are all doing, irrespective of whether we effect change consciously or not, irrespective of whether we perceive the effect as negative or positive. As for myself, I sometimes feel that I am "breathing change" - trying to be an example and wake up others - but that this goes unnoticed in a slick, functioning, automatically whirling world which has no time to be held up by unusual or uncomfortable or threatening views. With this feeling of being elsewhere, in a space of limbo, I decided to try and reexperience the time before breath, submerging myself in a foetal position underwater. All I could hear was my heart-beat and the sound of my stomach gurgling ...

S: Yes, Dearest, this is your momentary contemplative reaction to the present situation at this time of deceptive lull on your particular part of the earth. Different people react in different ways when faced with life-altering circumstances – that is, if they can perceive them at all. Some will retire into themselves and deny it, naively hoping that it will miraculously go away. Some will exhaust themselves, researching into every last detail and burning themselves out (this also has been part of your experience). And some will look only into the light in the hope that it will destroy the shadows. But the shadows must be examined. They will not suddenly dissolve without trace. They need to be verified, studied and dissected so that in time it becomes crystal clear how they were generated, perpetuated and – most important of all – MADE FULLY FUNCTIONAL ON A MASSIVE SCALE WITHOUT THE MAJORITY OF THE POPULATION NOTICING.

A major key is NOTICING WHAT HAPPENS IN THE MOMENT (as you did when you listened to your heart-beat in the water) AND NOTICING HOW YOU ARE CONNECTED TO OTHERS, TO YOUR SOCIETY, TO YOUR UNIVERSE. Is it not absurd and profoundly arrogant to assume that you are the only inhabitants of this vast expanse?

When you are in your mother's womb, you are connected to her by your umbilical cord – your hearts beat as one - you are part of the same system. With the onset of physical birth you notice that there is a new sound and a new feeling of initially gentle pressure which forces you to move position, and when you eventually emerge from the birth canal, you are removed from that original connection, though your tummy button will always remind you of it. Now you take your first independent breath. Your challenge throughout childhood into adulthood is to attain true independence and assume total responsibility. WITH EVERY BREATH YOU ARE CHANGING. WITH EVERY BREATH YOU ARE CHANGING YOURSELF, AND YOU ARE BREATHING CHANGE INTO EVERYTHING AND EVERYONE WHO ENCOUNTERS YOU.

As agents of change you here are catalysts of a movement which is picking up tremendously in its momentum, and which will herald a new era. Just as the universe breathes in and out in cycles, you will move on – if you choose to do so – into the new cycle determined for your planet.

Do not sigh in sadness, dearest, that this has not yet come about in its entirety. Sighing is putting more emphasis on the letting out of breath. Balance is required in these critical

times, in all areas, just as Gaia is in the process of balancing herself.

And I say GO FORTH AS NEWLY-BORN CREATURES OF A NEW AGE, BREATHING CLARITY AND CONFIDENCE. BREATHE INVESTIGATIVE INTEGRITY IN THE CORNERS OF CORRUPTION, BREATHE CARING CONCERN INTO ROOMS OF SUFFERING, BREATHE STRENGTH AND SUPPORT INTO THE WOMBS WHERE WEAKNESS PREVAILS, ENCOURAGING THE BIRTH OF ALERT AND ACTIVE CHILDREN WHO SUPPORT THE LIGHT. For reborn you will all be, whether naturally or enforced, with or without your awareness of the process, faced with the knowledge of all that has passed, from the perspective of the returned light, inseparable from the heartbeat and breath of godly eternity. THEN, AS ALWAYS, IT IS YOUR CHOICE. HOW DO YOU CHOOSE TO BREATHE?